



Interfaith Social Services Backpack Drive - Page 8

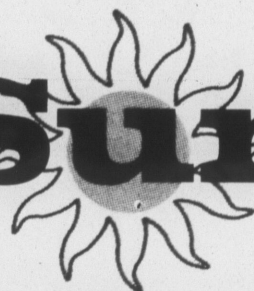
Summer Is For Swimming: Wayne Westcott - Page 2

Senior Athletes Compete One Final Time - Page 18



.....CAR-RT LOT...C-004  
THOMAS CRANE LIBRARY  
40 WASHINGTON ST  
QUINCY, MA 02169-5304  
2

# The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 52 No. 45

Thursday, July 23, 2020

\$1.00



GIRL SCOUTS from Troop 68282 in Quincy have partnered with Interfaith Social Services to maintain and care for Interfaith's vegetable garden. Story on Page 3. Photo Courtesy Donna Yang

## Concern For Proposed Treatment Center

Facility Would Be Located At 165 Washington St.

By SCOTT JACKSON

Three city councillors and several area residents raised concerns about a proposal to open a new facility on Washington Street offering medication-assisted treatment to patients with substance-use disorders, saying the proposed site would not have enough parking.

Habit OPCO is seeking permission from the Zoning Board of Appeals to move into the building at 165 Washington St., which was previously a dentist's office. The ZBA held an initial hearing on the proposal via Zoom on July 14 and will consider the matter again on Aug. 25.

Habit OPCO presently

dispenses medication to its patients from a van on Broad Street each morning. In February 2019, Habit OPCO sought permission from the ZBA to move into the building at 39 Broad St., where it would both dispense medication in the morning and offer counseling to patients throughout

Cont'd On Page 11

## QMC Demo Next Year

By SCOTT JACKSON

With the emergency department at Quincy Medical Center slated to close in the fall, the developer of the site plans to begin demolition of the hospital buildings early next year.

FoxRock Properties, the owner of the 14.97-acre lot at 114 Whitwell St., received permission from the city's Planning Board in December 2019 to construct seven buildings containing a total of 465 apartments on

site. The new development will be named Ashlar Park.

FoxRock, a Quincy-based company owned by Rob Hale of Granite Telecommunications, purchased the hospital site in Decem-

Cont'd On Page 10

## Senate OKs Police Reform Bill

By SCOTT JACKSON

The Senate has approved a police reform bill that would create a new system to certify and decertify officers, set uniform standards statewide for the use of force, including a ban on chokeholds, and aims to clarify qualified immunity for police officers and other public employees.

The Senate approved the bill in a 30-7 vote, with three members voting pres-

ent, shortly after 4 a.m. on July 14 near the end of a 17-hour session. The House is set to take up its own police reform legislation. Gov. Charlie Baker had proposed a police reform bill in June.

Sen. John Keenan, a Quincy Democrat who was among those who supported the Senate bill, said many of the police departments in Massachusetts are among the best in the country. That includes the Quincy Police

Department, he said, which is led by the senator's brother, Paul Keenan.

The senator said, however, that some departments have catching up to do. He noted the U.S. Department of Justice recently concluded an investigation that found reasonable cause to believe the Springfield Police Department's narcotics bureau "engages in a pattern or practice of using excessive force in violation of the

Fourth Amendment."

"I firmly believe we have one of the best police departments in the state and when you take all the police departments in Massachusetts, I think they rank top in the country. I think the Boston Police Department, given what it has to deal with and given its track record, I think is the best big city police department in the country. I really do," Keen-

Cont'd On Page 13

## 3 QPS Employees Test Positive For COVID-19

By SCOTT JACKSON

Three Quincy Public Schools employees, including two summer program staff members, have tested positive for COVID-19.

Kevin Mulvey, the school system's interim superintendent, said staff and families were notified about the cases once school officials were alerted.

"Please know that in all cases, as soon as informa-

tion about presumed or confirmed positive cases of COVID-19 was shared, the notification process began to staff and families, and the custodial staff was notified to give extra attention for cleaning and sanitizing the affected areas," Mulvey said July 17 in a letter to parents and staff.

"At all times, the health and safety of our students,

staff, and their families is of the utmost importance to me and I will continue to share information as it becomes available."

The employees all tested positive last week. Laura Owens, the assistant to the superintendent, on Tuesday said there have been no other confirmed cases.

The positive tests, she added, will not impact the

district's plans to hold high school graduation ceremonies on Friday and Saturday.

On July 11, a member of the summer program staff at North Quincy High School notified school officials of a positive test, Mulvey said. That staff member had been in school from July 6 to July 8.

The other staff member

Cont'd On Page 13



PARKER LOPEZ, 1, has fun on the new splash pad at Kincaide Park in West Quincy that opened last week following a \$6.1 million renovation. More park photos on Page 14 and Page 31. Quincy Sun photo/Tom Gorman



Things That Could Shorten Lifespan - Page 9  
City Opens First Dog Park - Page 14  
HN Restaurant Can Sell Parking Lot - Page 17

More Quincy news:  
**The Quincy Sun.com**



# Summer Is For Swimming

## Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

While swimming is an excellent exercise any time of year, it is especially well-suited for summertime fitness programs.

Unlike land-based activities, swimming essentially eliminates the problems of overheating and dehydrating during your training session. Whether you swim outdoors or indoors, the water provides a cool and fluid environment in which to exercise.

Because the water supports your bodyweight, swimming eliminates the landing forces and shock absorption associated with ambulatory activities such as walking and running. As swimming strokes are performed in a horizontal body position, there is enhanced blood flow to the heart for reduced cardiovascular stress. Even the pressure of the water against the skin increases venous blood return to the heart for improved circulation.

Another feature of aquatic activity is the isokinetic nature of water, which differs considerably from land-based muscle requirements. On land, your muscles work both positively and negatively. For example, when

you lift your body off a chair your hip and thigh muscles produce force and shorten in positive muscle actions. When you lower your body onto a chair, your hip and thigh muscles produce force and lengthen in negative muscle actions. That is, both standing up and sitting down require varying degrees of muscle force production due to gravity.

When exercising in water, the usual effects of gravity that require both positive and negative muscle actions are nullified. Consequently, swimming and other aquatic activities do not involve negative muscle actions. Every movement performed in the water is a positive muscle action.

Activities that use both positive and negative muscle actions, such as hiking, offer certain muscular conditioning advantages. However, one benefit of (only) positive muscle action activities, such as swimming, is reduced likelihood of muscle soreness following your exercise session.

Swimming is also an excellent activity for developing rhythmic breathing patterns as you exercise. For example, when swimming the standard crawl stroke

you typically take a breath every time your right arm (or left arm) comes out of the water. This breathing pattern quickly becomes coordinated with your repeated muscular movements and approximates an almost automatic response throughout your swim.

Another advantage of swimming from an activity perspective is the involvement of many major muscle groups in the upper body, midsection, and legs. For example, the standard crawl stroke uses the muscles of the arms, shoulders, upper back, chest, lower back, abdominals, hips, front thighs, rear thighs and calves. While swimming certainly enhances cardiovascular and muscular endurance, it is not typically an effective a muscle-building activity. Consequently, you should complement your swimming program with regular strength training. This is necessary because strength development is dependent upon high-resistance exercise that fatigues that target muscles in a relatively brief time period (generally less than 90 seconds of high-effort activity).

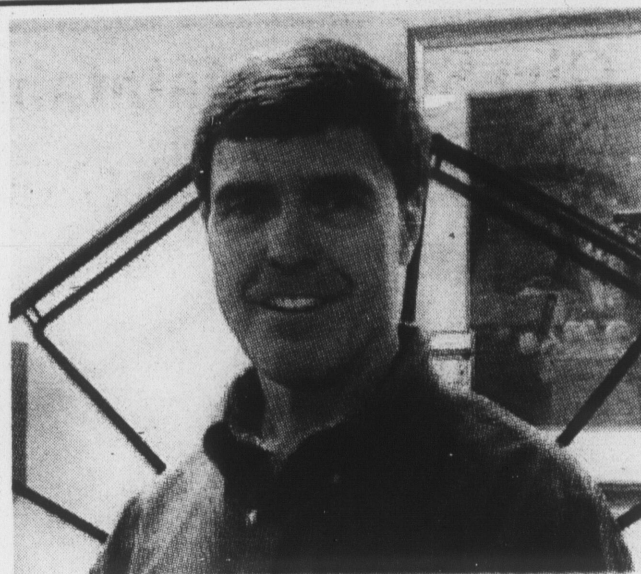
### Starting A Swimming Program

The best approach for beginning a successful swimming program is interval training. Interval training requires you to alternate activity periods with recovery periods throughout your workout.

For example, if you are swimming in a pool, you may start with one-lap swim intervals followed by 30 to 60 second recovery intervals. When you can complete 10 one-lap swim intervals, you may progress to two-lap swim intervals, alternated with 30 to 60 second recovery intervals. When you can complete 10 two-lap swim intervals, you may progress to 10 three-lap swim intervals, and so on, until you are able swim several laps without intermittent rest periods. Once you are capable of swimming 10 or more consecutive laps, you may want to set some distance goals.

For many people, a productive swimming session would be a quarter-mile swim. A quarter mile of swimming is roughly equivalent to a one to two miles of walking/running, depending upon your skill, speed, and fitness level.

Continuing with this analogy, please remember



WAYNE WESTCOTT

to walk before you run. Many people give up on swimming because they try to swim too fast for their present physical condition. Begin with relatively slow arm and leg actions, and progress gradually to faster swimming speeds. Swimming is definitely a vigorous exercise activity that involves many muscle groups. However, as a beginner, you should remain as relaxed as possible, letting the water support your body as you move forward with moderate effort and coordinated upper body and leg actions.

Generally speaking, your total swim time should be between 20 and 30 minutes as in other cardiovascular conditioning activities. If swimming is your only aerobic activity, try to do three sessions a week. If you perform other types of en-

durance exercise (walking, jogging, cycling etc.), I recommend two weekly swimming sessions for purposes of cross training and continuity. Of course, any swimming is better than no swimming, and summer is the best time to enjoy this and other fitness-related aquatic activities. Be sure to swim only in safe environments, and check with your physician if you have any medical conditions or concerns.

Wayne L. Westcott, Ph.D., is Chairperson of the Quincy College Exercise Science Department and Director of the Quincy College Community Fitness Facility. He has written 30 books on physical fitness and strength training. Wayne may be reached at 617-984-1716 or at [wwestcott@quincycollege.edu](mailto:wwestcott@quincycollege.edu).

## Recreational Vehicles' Popularity Soars, AAA Urges Caution

It's the summer of the great American road trip, and more and more people are taking to the highways in camper vans, motor homes, and all types of recreational vehicles. The recreational vehicle market is hot as vacationers seek to control their environment, maintain social distancing, and avoid contact with others on long road trips. Both sales and rentals of recreational vehicles are rising sharply.

But the benefits of traveling in an RV carry a heightened responsibility to practice focused, attentive driving. Recreational vehicles are much larger and heavier than passenger cars, and present a unique set of

driving challenges, such as blind spots and limited maneuverability—especially for those who have little or no experience driving a camper or RV. Unfortunately, crashes involving RVs are all too common.

To ensure a safe RV vacation this summer, AAA offers the following tips:

• **You must be 21 years old to rent an RV, and in some states, you must be 25.** If you're a novice RV driver, read the manual and practice driving before departing for your trip. Most states do not require special training or permits.

• **RVs need significantly greater distance to stop.** Don't tailgate or follow vehicles too closely, and allow plenty of braking distance. The gap between your RV and the car in front of you should be much larger than when driving a passenger car or truck.

• **RVs need greater distance to turn, and right turns can be especially difficult.** Avoid tight, busy intersections and plan your route ahead of time to minimize tight turns in traffic. If the longer route has fewer turns, consider taking it! Check bridge clearance heights in advance as well, as well as any low overhangs along your route.

• **RVs, loaded with people, camping gear, supplies and water, can be unbalanced and more challenging to drive.** An unbalanced RV can make it harder to steer, brake and put uneven wear on the tires. Distribute

weight as evenly as possible when loading up.

• **Share the driving.** It's tempting to push ahead and make good time, especially when you don't have to check into a hotel. But drowsy driving is a real risk during long stretches of driving. Take frequent breaks and switch driving duties to stay refreshed.

• **If you're renting an RV, do a safety check with the rental company and confirm the vehicle has been properly serviced and maintained with extra attention on the tires.**

• **Beware of high winds.** Your vehicle's higher center of gravity can make it vulnerable to rollover.

• **Wear your seat belt:** it cuts your risk of being injured in a crash almost in half.

• **Carry an emergency kit with flares and reflective tape.**

For more information, visit: [www.drivinglaws.aaa.com](http://www.drivinglaws.aaa.com).

WE'RE OFFERING  
**in-store pick up and  
call ahead ordering**  
TO BEST SERVE YOU RIGHT NOW.

Order online at [www.coffeebreakcafe.net](http://www.coffeebreakcafe.net)

THE FLAVOR OF THE  
MONTH IN JULY IS

**S'MORES**

**SEASONALS:  
SNICKERS  
ALMOND JOY**

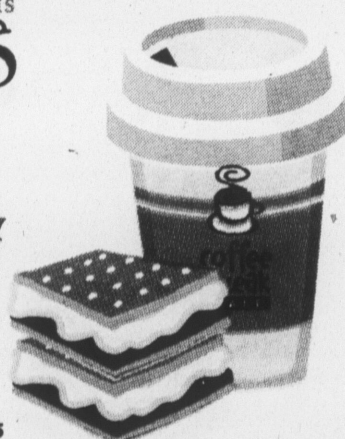
12 Old Colony Avenue  
Quincy: 617-773-9420

24 Central Avenue  
Milton: 617-696-2326

680 Truman Parkway  
Hyde Park: 617-910-9175

Now Open!  
102 Franklin Street  
Quincy: 617-481-5257

Coming soon:  
479 Washington Street  
Quincy



## New Owner For NQ Convenience Store

By SCOTT JACKSON

A convenience store in North Quincy will be getting a new owner, but major changes are not expected.

The Board of License Commissioners on July 14 approved the transfer of the retail all-alcohol license held by Mullaney's, located at 205 West Squantum St., to KH Retail Inc. d/b/a Squantum Market & Liquors. The transfer is subject to approval by state regulators.

The new owner and manager of the store will be Kinjalkumar Patel. Patel has

owned Goodie's Mini Mart, located inside Presidents Place in Quincy Center, for more than a decade, according to his attorney, Ian Hedges, and the store has no violations during that time.

Hedges said no major alterations to the North Quincy store are anticipated.

In other business on July 14, the board approved a change of location for Hancock Market.

The Quincy Center convenience store, which has a retail all-alcohol license, will be moving from 5 Cot-

tage Ave. around the corner to 1500 Hancock St. Attorney John Mooradian said the store would have, "generally the same operations as now, just in a new location."

The board had also been scheduled to hold a public hearing on the request of Fantastic Seafood Restaurant for a common victualler license for the premises at 297 Newport Ave. That public hearing was continued until Aug. 28 at the request of the applicant.

J  
U  
L

2  
3

2  
0  
2  
0



# Girl Scouts Maintain Veggie Garden At Interfaith Social Services

## Help Support Plant.Grow.Share Initiative

Girl Scouts from Troop 68282 in Quincy have partnered with Interfaith Social Services to maintain and care for Interfaith's vegetable garden.

The scouts will grow vegetables, greens and herbs to be donated back to the food pantry. This fresh produce helps support the Plant.Grow.Share initiative, a collaborative effort between Keohane Funeral Home, Interfaith Social Services, the Weymouth Food Pantry and the Milton Community Food Pantry to encourage backyard growers to donate produce to local food pantries.

"We're so thrilled to have help from the Girl Scouts

this year on Interfaith's vegetable garden," said Jennifer Sammons, Interfaith's communications manager. "It's amazing to see all they were able to grow in our small alleyway. It really shows that healthy food can be grown anywhere. We're looking forward to the coming months when the Scouts are able to harvest the produce and package it for our food pantry clients. We hope that it has been a meaningful experience for them to see the project go from seeds to feeding their hungry neighbors."

"We have five Scouts tending to the garden at Interfaith. Maddie, Jenna, Hannah, Joyce and Violet

have a passion for gardening," said Donna Yang, Quincy Girl Scouts troop leader. "Two years ago, they built a pollinator garden at their elementary school and their passion for gardening continues today when they chose the gardening project at Interfaith Social Services for their Silver Award."

The Girl Scout Silver Award is the highest honor for Girl Scouts in grades six through eight. To earn the award, Girl Scouts must fulfill several requirements, including taking on a community project that makes a lasting impact. In the process, girls develop organization and leadership skills that benefit their community.

"It's wonderful to see the Plant.Grow.Share program being embraced by so many in our community," said John Keohane, co-president of Keohane Funeral Home. "We are thankful and inspired by the help and care

the Girl Scouts are providing and we can't wait to see the harvest that is grown and shared with those that need it most."

The Scouts planted seeds at home in March and on May 25 they cleaned up the Interfaith garden and planted the seedlings including tomatoes, kale, lettuce, green beans, watercress, chives, cabbage, strawberries and onions. The Scouts worked together to create a watering schedule and take turns tending to the garden which is flourishing today. They will also be creating a cookbook inspired by the fresh vegetables and ingredients that can be found in the food pantry.

### Join the Plant.Grow.Share Initiative

Produce donations are very important to local food pantries and the Plant.Grow.Share program encourages people to cultivate their gardening skills. For those looking to get involved

without all the dirt, there are options: store-bought produce donations, volunteering at your local food pantry, or monetary donations, go a long way to help those who need it.

Donations of fresh produce from your garden or supermarket for Interfaith Social Services can be dropped off at 105 Adams St. in Quincy from 9 a.m. 3:30 p.m., Monday to Friday, and until 7 p.m. on Tuesdays and Wednesdays.

Donations of fresh produce for the Weymouth Food Pantry are accepted at all three Pop Up Pantry locations or at their warehouse:

- Tuesdays, 10 to 11 a.m. at The First Church at 17 Church St., Weymouth
- Thursdays, 10 to 11 a.m. at Crossroads Worship Center at 241 Broad St., Weymouth
- Saturdays, 10 to 11 a.m. at Old South Union Church at 25 Columbian St., South Weymouth
- Tuesday to Friday, 10

a.m. to 1 p.m. at 40B Reservoir Park Dr., Rockland

Monetary donations can be made by visiting the following websites:

Interfaith Social Services <http://interfaithsocialservices.org/donate/>

Weymouth Food Pantry <https://www.weymouthfoodpantry.org/donation-page>

Milton Community Food Pantry <http://miltonfoodpantry.org/donations/>

For questions or to donate to the Plant.Grow.Share program, contact:

Rick Doane, executive director of Interfaith Social Services, (617) 773-6203

Pam Denholm, executive director of Weymouth Food Pantry, (781) 331-7682

Pai Brawley-Morise, director of Milton Community Food Pantry, (617) 696-0221

Joe Gordon, vice president for Community Development and Advance Planning at Keohane Funeral Home, 1-800-KEOHANE

## Common Market Restaurants New Online Delivery Service

The Common Market Restaurants announce a new online delivery service.

Customers can now go to the restaurant website and order from any of their menus for home delivery.

"This is a game changer for us," said Greg McDonald from the Common Market. "Using brand new technology, we have implemented a secure online system that eliminates the need for third party delivery services."

"In one spot, with just a few clicks, you can get any meal from our six menus delivered right to your door," McDonald added.

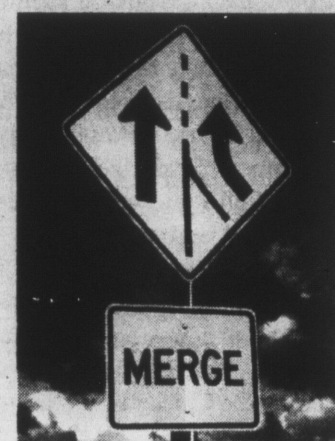
Customers can go the Common Market website and click "Order Online." The website is [www.commonmarketrestaurants.com](http://www.commonmarketrestaurants.com).

The Common Market is open daily from 11 a.m. to 9 p.m. Phone number is 617-472-9464.

## Homeowners with equity:

## Roll all your debt into one new loan

You have a mortgage. And a good amount of equity. You also have other debts you would love to combine into one loan at today's low rates. That's what you get with a 30-Year Consolidation Mortgage from Colonial Federal Savings Bank. Some people like this idea because it makes life simple and streamlined. For others, it's a fresh start and a real weight off their back. Is it right for you? It's easy to find out. Call Angela Blanchard, Vice President/ Retail Lending, at 617-471-0750 or apply online at [colonialfed.com](http://colonialfed.com). (Other loan lengths are available. Please ask!) Colonial Federal, a bank with ideas.



30-YEAR FIXED

3.375% RATE

3.490% APR

NO POINTS!



**COLONIAL FEDERAL SAVINGS BANK**

"Your neighborhood bank!"

QUINCY: 15 Beach Street 617-471-0750

1000 Southern Artery (Residents only) 617-479-1430

HOLBROOK: 819 South Franklin Street 781-767-1776

EAST WEYMOUTH: Middle & Washington Streets 781-331-1776

ONLINE: [colonialfed.com](http://colonialfed.com)

Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 07/08/20 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.42 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS #409557



Member FDIC

Unleash Your Child's Imagination

**Broad Horizons Preschool @Bethany**

**ENROLLING NOW**

Summer Program - 2020-21 School Year

SMALLER CLASS SIZES - ENHANCED SAFETY PROTOCOLS

located at  
Bethany Congregational Church - 18 Spear St. Quincy, MA  
(617)471-0022 - [broadhorizonsbethany.com](http://broadhorizonsbethany.com)

**WOLLASTON DENTAL GROUP**

THE FINE ART OF A BEAUTIFUL SMILE

Exceptional safety for you and our team remains our unwavering standard as we provide comprehensive, preventative, emergency, cosmetic and dental implant services. It is always our privilege to take good care of our patients.

**Welcoming new patients**

628 Hancock Street  
Quincy, MA 02170  
(617) 479-8375  
[info@wollastondentalgroup.com](mailto:info@wollastondentalgroup.com)

Located just two short blocks from the Wollaston T Station.

James McDonough, DDS

[wollastondentalgroup.com](http://wollastondentalgroup.com)



# The Quincy Sun

(USPS 453-060)  
Published Weekly on Thursday by  
The Quincy Sun Publishing Co., Inc.  
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth  
Publisher and Editor

Henry W. Bosworth, Jr.  
Founder  
1968 - 2009

\$1.00 per copy newstand • \$40 per year in Quincy  
\$42 per year by mail outside Quincy • \$50 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

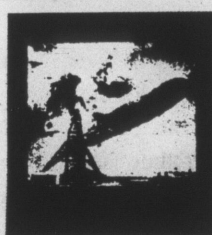
online at: [www.thequincysun.com](http://www.thequincysun.com)

email address: [thequincysun@verizon.net](mailto:thequincysun@verizon.net)

[rbosworth@thequincysun.com](mailto:rbosworth@thequincysun.com)

Periodicals postage paid at Boston, MA  
Postmaster Send address change to:  
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

The Quincy Sun assumes no financial responsibility for typographical errors in advertisements but will reprint that part of an advertisement in which the typographical error occurs.



## Moments in time

THE HISTORY CHANNEL

• On Aug. 7, 1782, Gen. George Washington, the commander in chief of the Continental Army, creates the "Badge for Military Merit," a decoration consisting of a purple, heart-shaped piece of silk. The Purple Heart is awarded to members of the U.S. armed forces who have been killed or wounded in action against an enemy.

• On Aug. 6, 1928, Andy Warhol, one of the most influential artists of the latter part of the 20th century, is born in Pittsburgh. Warhol, a pioneer of the pop art movement, painted comic strips, canned soup and soft drinks because an early art teacher told him to paint things he liked.

• On Aug. 4, 1944, acting on a tip from a Dutch informer, the Nazi Gestapo captures 15-year-old Jewish diarist Anne Frank and her family in a sealed-off area of an Amsterdam warehouse. The Franks had taken shelter there in 1942 out of fear of deportation to a Nazi concentration camp.

• On Aug. 3, 1958, the U.S. nuclear submarine Nautilus accomplishes the first undersea voyage to the geographic North Pole. The world's first nuclear submarine traveled nearly 1,000 miles under the Arctic ice cap to reach the pole.

• On Aug. 5, 1962, movie actress Marilyn Monroe is found dead in her home in Los Angeles of an apparent suicide. Empty bottles of pills, prescribed to treat her depression, were littered around her bedroom.

• On Aug. 9, 1974, Gerald Ford is sworn in as the 38th president of the United States after the resignation of Richard Nixon. In a television address, Ford declared, "My fellow Americans, our long national nightmare is over."

• On Aug. 8, 1988, the Chicago Cubs host the first night game in the history of Wrigley Field when they play the Philadelphia Phillies. The game was called due to rain in the bottom of the fourth inning.

(c) 2020 Hearst Communications, Inc., All Rights Reserved

## Joshua Quinlan Earns Certificate

Joshua Quinlan of Quincy, majoring in Spanish, was awarded a Certificate in Business Fundamentals from College of the Holy

Cross' Carlyse and Arthur A. Ciocca '59 Center for Business, Ethics and Society.

## Phone Photography 101: Post Production July 28

The hardware (and software) many of us carry in our pockets can take absolutely stunning photographs.

Join former Quincy College professor and 45-year Houghs Neck resident Ron Goodman for the third of a four-part introduction to taking great photographs with a smartphone.

At 7 p.m. Tuesday, July 28, Goodman will discuss post production, the editing

and improvement of existing photos. In this class, participants will learn how editing applications work, as well as their cost and how to choose one, download it, and start putting it to use.

Goodman will demonstrate applications with extensive examples. Students will also gain a better understanding of how to manage images "in the cloud" and how to share images with

# Sheriff Jerry McDermott Concerned About Bill That Modifies Qualified Immunity

Op Ed

When Governor Charlie Baker appointed me to the position of Sheriff in 2018, one of my first thoughts was that I would be accountable to all citizens of Norfolk County, to the men and women who work for the department, and to the offenders committed to our care. Being held accountable is a good thing. All staff at the NSO join me in being held accountable every day.

Last week, the Massachusetts Senate passed Bill S2800, an Act to Reform Police Standards. While I agree that the bill will bring about positive changes including enhanced training on racial discrimination, a certification process and civilian oversight, I have significant concerns about the section of the bill that modifies qualified immunity.

One thing that I have prided myself on throughout my career is not rushing to judgment without a deliberate review of the facts and all information that is available. My concern is that the Senate made a hurried attempt to address some valid issues without important input from all stakeholders. In a matter of weeks, they changed a legal doctrine that was first enacted by the US Supreme Court in 1967 and that has been reviewed in a number of cases since then.

The existing doctrine of qualified immunity holds public officials accountable if they knowingly violate a clearly established right. Police officers and correction officers make split-second decisions in extremely stressful circumstances and must rely on their training. It is my opinion that using the Senate's subjective standard of reasonableness could cause unneeded confusion and lead to a hesitation to act. This hesitation could result in paralysis by analysis with officers doubting themselves and not reacting quickly or appropriately to dangerous situations. This hesitation could escalate to a harmful situation that could adversely affect all parties involved.

Since the bill was proposed, I have heard concerns from officers about providing CPR or Narcan to an offender in

our custody. I have been asked about the ramifications should an officer break a rib while performing CPR or if a person is not pleased with the Narcan treatment. I have also been asked what would happen if a van speeding from court to a hospital with a sick offender is involved in an accident. I do not have an answer for the officers when they ask if a jury will think they were being reasonable. Our officers should be secure in the fact that by following their training and past case law, they do not have to fear a civil lawsuit.

As sheriff, I will never tolerate an employee using excessive force or otherwise violating the rights of a person in our facility. I think that the fact that the overwhelming majority of police officers and correction officers are capably and admirably serving their communities and facing dangerous challenges every day is being overlooked. We only need to look back a week to the shooting at the South Shore Plaza. Officers rushed to dangerous situation and assisted the victim while protecting the public. When we call 911, we know that they will be there to answer the call. While correction officers do not work in the public eye, their work is no less important and impactful. I have seen them excel in a difficult environment providing life advice to young offenders and keeping all inside the jail safe every day.

As sheriff, I am intent on being a part of the effort to make our criminal justice system more equitable to all individuals regardless of race, ethnicity or socio-economic status. I believe that this is also the intent of the Senate and I am confident that we can get there collectively as long as the legislature allows input from all stakeholders. It is essential that the police and sheriffs be given a seat at the table when the House of Representatives considers this matter.

Jerry P. McDermott  
Sheriff of Norfolk County

## Warning: Organized Unemployment Insurance Fraud Spreads To N.E.

By ARTHUR ELBTHAL

The Better Business Bureau Serving Eastern Massachusetts, Maine, Rhode Island & Vermont (BBB) is issuing a warning for an unemployment insurance fraud scam that has emerged over the last few months.

Here is how the fraud works. People learn about the fraud when they get a notice from their state unemployment benefits office or their employer about their supposed application for unemployment benefits. If this happens to you, it means someone is misusing your personal information, including your Social Security number and date of birth. Act fast.

The unemployment rate clocked in at 11.1% last month according to the U.S. Bureau of Labor Statistics. You or someone you know may have had their personal

information stolen and used to apply for state unemployment benefits. What you might not know, is that this may have been part of an organized criminal effort targeting U.S. state unemployment systems.

A New York Times article in May 2020 claimed that according to a Secret Service memo, there has been evidence of unemployment insurance fraud emerging in a handful of states, including Massachusetts and Rhode Island. Investigators estimate losses could reach hundreds of millions of dollars and noted that attackers appear to have extensive records of people's personally identifiable information.

"This scam is dangerous because people may not even know that someone is using their personal information for unemployment benefits until they are con-

tacted by their employer or by their state unemployment benefits office," said Paula Fleming, spokesperson for the local BBB. "If they have your personal information to steal unemployment benefits, they can also use that information to do damage in other ways as well."

Since then, states throughout New England including Massachusetts, Maine, Rhode Island and Vermont have all deployed additional identity verification procedures to ensure integrity and prevent paying fraudulent claims.

Kristy dosReis, Public Information Officer with the Office of the Attorney General of Rhode Island commented, "Unemployment benefits fraud has certainly been a significant issue in our state, particularly during these unprecedented times of record unemployment due to the pandemic. Our Office is working closely with the Department of Labor and Training, the Rhode Island State Police and the FBI to identify and investigate these cases and ensure that Rhode Islanders who are in need right now get the benefits they are entitled to."

What you MUST IMMEDIATELY DO if someone files for unemployment with your personal identifiable information:

• Contact the HR Depart-

ment where you work or last worked

• Contact the State Unemployment Office immediately

• Inform your banking institutions

• File a report to your local police department

• Change passwords to sensitive accounts including banking, email and other personal accounts

• Contact the three major credit reporting agencies (Experian, Equifax, TransUnion) to add an alert on your credit file and search for any other fraudulent transactions on your credit report. Visit for FREE, <https://www.annualcreditreport.com>

• If your credit reports are not frozen, BBB strongly recommends you freeze them, it is a free service provided by all three credit reporting agencies. You can always temporarily unfreeze them for free when applying for credit

• Report identity theft to the Federal Trade Commission (FTC) at IdentityTheft.gov

• Keep all documents and records of conversation

Be sure to be vigilant of scams related to employment as well as other scams emerging during the COVID-19 pandemic. You can also report scams to BBB Scam Tracker.

JUL

23

2020



## Scenes From Yesterday



THIS IS AN early 1920s real photo postcard view of Wollaston Beach showing the yacht clubs in the distance. It was a destination for motorcycles even then. Before the first seawall was built, just after this photo, high tides such as the one seen here left little beach to use, and on stormy days the water easily came across the road. Note the on-street parking arrangement. The bathhouses and other buildings in this area were built

on pilings to keep them above the water. The road was built in the early 1900s by the Metropolitan Commission as part of a network of scenic roads around Boston, but also to cap a sewer pipe under it that runs from Squantum to Nut Island at the end of Houghs Neck. In the 1800s, the marshes that were in this area of the shoreline were the site of Josiah Quincy's salt-works. *From the Tom Galvin Postcard Collection*

## Father Bill's & MainSpring: Thank You, Quincy

Thank you, Quincy!

These past few months have tested our community like never before, as we were all faced with profound decisions that would impact the lives and livelihood of our colleagues and neighbors.

For Father Bill's & MainSpring, the COVID-19 pandemic required us to immediately de-populate Father Bill's Place in order to properly social distance and limit spread across the shelter population and, ultimately, within the community. We knew it was a time for swift, decisive action. We also knew we couldn't do it alone and that the significant obstacles we face required strong partnerships from the city and our local partners.

When a matter of days meant the difference between life and death, the South Shore YMCA and the City of Quincy stepped up to provide the lifeline we needed. Within just one week, we were operational with a satellite shelter at the Quincy YMCA fieldhouse. Thanks to these partnerships, 60 individuals, many of whom are elderly, were provided a safe space to shelter.

In the spring, the rate of positive COVID-19 cases among homeless populations in other parts of Massachusetts was about 33%. But in Quincy, thanks to our collective efforts to de-populate our shelter, our positive test rate consistently stayed around 6%. Together,

we served as an example of how a community can work proactively to protect our most vulnerable neighbors.

We'd like to send our heartfelt thanks to South Shore YMCA President and CEO Paul Gorman, Vice President of Operations and Chief Operating Officer Trevor Williams, and Quincy YMCA Senior Executive Director Patrick Murphy for setting the tone from the very beginning that we are all stronger together.

We're grateful to Mayor Koch and the Quincy City Council for their leadership and for dedicating the resources needed to assist our shelter guests. We're thankful to Manet Community Health Center, led by CEO Cynthia Sierra, for regularly testing our guests and playing a major role in keeping our positive test rate relatively low.

We'd be remiss not to mention Joe Finn, executive director of the Massachusetts Housing & Shelter Alliance and a former Quincy

city councillor, whose advocacy for our mission and for shelter providers statewide has helped tremendously during these unprecedented times.

The support in Quincy has been widespread. Throughout this crisis, local restaurants, businesses, volunteer groups, and the Quincy interfaith community have all stepped up to donate prepared meals and PPE for our shelters. We've received countless emails and letters from residents wishing us well and asking how they can help. These acts of kindness continue to inspire us every day.

We appreciate the integral role the local media has played during this crisis. Trusted news outlets like *The Quincy Sun*, *The Patriot Ledger*, and Quincy Access Television have helped relay our organization's challenges and needs to a wider audience, leading to more

donations at this critical time.

Lastly, we want to recognize our compassionate staff at Father Bill's & MainSpring. We have a dedicated team of employees who have put their own health on the line during this crisis in order to provide a helping hand to those in our community who don't have homes of their own. Our staff's work has been heroic.

We have many challenging days ahead, and our neighbors in need are counting on us. If the COVID-19 pandemic has taught us anything it's that our work cannot be done alone; we must work together to ensure the best outcomes. We're blessed to be part of a special community in Quincy.

With sincere appreciation,

John Yazwinski  
President & CEO  
Father Bill's  
& MainSpring

## READERS FORUM

### Bill Would Negatively Affect Policing

(A copy of the following letter was submitted to *The Quincy Sun* for publication.)

Dear City of Quincy Council Members,

I am writing to you on this urgent matter as a QPD police officer with over 27 years of service and a life long resident of this city. I urge each of you to contact State Senator Keenan, Representatives Chan, Ayers and Mariano on behalf of the citizens and police officers of Quincy on opposing this bill. The so-called Police Reform bill will negatively

affect policing in the Commonwealth and in our city. There was a reason the Senate passed their version at 4:30 in the morning and the House just passed their's late last night, on a Sunday! Despite what some legislators are saying there has been virtually NO meaningful input from law enforcement officers and criminal justice administrators. And NO public hearings. This defective legislation is being pushed through at lightning speed without a clear understanding of what the

consequences will be and the quality of life in the near future for the citizens of Quincy, Quincy police officers and their families.

The bill is 129 pages long and for the sake of urgency I will not go into detail of its defects in this email. However, I am available to answer any questions about this issue to the best of my ability.

Thank you for your consideration in the matter.

Respectfully,  
John P. Kelly  
Quincy

## Quincy's Yesterdays

This Week  
1980  
40 Years Ago

### New E-W Connector Would Raze Five Downtown Buildings

Five downtown Quincy buildings housing 12 current or former business establishments would be demolished to make way for the proposed Revere Road Connector.

A public hearing on the route proposed by the State Department of Public Works has been all but assigned after 45 downtown businessmen and others petitioned for it.

The connector is designed to hook up with the Burgin Parkway (Upland Road) Extension which in turn is designed to bring traffic from the South Shore into downtown Quincy. (Editor's note: The road was eventually constructed and named the Mayor Walter J. Hannon Parkway in honor of the city's 27th mayor. The road opened in October, 2011.)

#### CABLE TV IN QUINCY 1 1/2 YEARS AWAY

Cable television in some 50 percent of the homes in Quincy is still at least a year and a half away.

George Riley, chairman of the Mayor's Advisory Committee on Cable Television, told a hearing Monday that his group probably would make its recommendation to Mayor Arthur Tobin around Labor Day. After that, he said, the bidding process, including public hearings, will take more time and then it will be 15 to 18 months for the winning company to construct facilities in the city.

#### QUINCY-ISMS

Robert Leo Eng, commander of Quincy Legion Post, presented American Legion Awards to Central Junior High School students David Marcham and Lori Kelly for exemplifying courage, excellence and scholarship... Michael J. Trifone, son of Mr. and Mrs. Nicholas Trifone of Quincy, recently graduated from Cushing Academy with recognition in varsity football, wrestling, track and baseball... Peter J. Cattaneo, 35 Barry St., West Quincy, was named to the dean's list for the spring semester at Fitchburg State College... Mr. and Mrs. John Munn, 45 Riverside Ave., Adams Shore, celebrated their 50th wedding anniversary at a party given by their four children. The couple were presented with citations from Senator Paul Harold and Mayor Arthur Tobin... Allen Folger and Gerald Gherardi were co-chairmen of a committee planning the 50th anniversary reunion of the Quincy High School classes of February and June 1930... The annual Jerry Lewis Spelling Bee held in Quincy elementary schools raised over \$13,000 to fight muscular dystrophy. The top three student fundraisers were Tammy O'Brien, Snug Harbor School and Victor Papagno and Tad Sheets of the Furnace Brook School... Brian S. Terry, son of Mr. and Mrs. Herbert Terry, 99 Summer St., Quincy Point, received a Juris Doctor degree from Suffolk University Law School... The Canniff Monument Co., 34 Intervale St., South Quincy, was advertising 24" long, 36" high gravestones for \$444... Rabbi David Jacobs of Temple Beth El was scheduled to be the guest speaker at the Sunday, Aug. 3 service at Houghs Neck Congregational Church... Rev. John Stagnaro has been assigned as a parish priest at St. John's Church. He replaces Rev. Joseph Connolly who was reassigned to St. Mary's of the Annunciation parish in Melrose... The Rev. Charles McEachern, First Baptist Church of Wollaston, celebrated his 40th anniversary in the ministry. He has served for 14 years at the church... William F. Walsh, 43, of 282 Franklin St., South Quincy, announced his candidacy for the Democratic nomination for the Governor's Council from the 4th District... Helen and Burton Cook, 87 Ames St., West Quincy, were recently re-elected to the board of directors of the Massachusetts Lupus Foundation. They are the owners of Tags Discount Furniture and Sleep Shop in Quincy... Atty. Peter Eleey, 69 Forbes Hill Rd., Quincy, announced his candidacy for the Democratic nomination for the Governor's Council from the 4th District. Eleey was a former Norfolk County assistant district attorney... David S. O'Hanley, South Central Ave., Wollaston, a recent graduate of Bridgewater State College, has accepted a \$7,500 fellowship from the University of Minnesota, to pursue graduate studies... Burke's Seafood, 61 Billings Rd., North Quincy, was advertising "This Week's Specials," Scallop Dinner for \$2.99... Richard J. Koch, chairman of the 1980 Quincy Cancer Crusade, announced the drive had exceeded its goal of \$26,500 with nearly a month remaining in the drive... Kiwanis captured the American League title in the Quincy Junior Baseball League with a 16-6 record. Mark McDonald pitched and batted Kiwanis to a 7-5 victory over Colonial Federal.

More Letters  
On Page 21



# Ask Rusty – Should My Wife Claim At 62? Will She Get Widow Benefit?

## Social Security Matters

By RUSSELL GLOOR

AMAC Certified Social Security Advisor  
Association Of Mature American Citizens

**Dear Rusty:** I am almost 64 and still working, and I plan to work until about 66 or 67. My wife is 62. Should she go ahead and file for her Social Security? Is it true that she can draw on my SS after I pass away? **Signed: Inquiring Husband**

**Dear Inquiring Husband:** The answer to your first question (should your wife claim at 62) isn't simple, because it depends upon a number of things.

Is your wife working? If so, and she claims before her full retirement age, she'll be subject to Social Security's earnings test, which limits how much she can earn before they take back some of her benefits. If your wife starts collecting at age 62 and exceeds the annual earnings limit (\$18,240 for 2020) SS will take back benefits equal to half of what she exceeded the limit by. This is true until she reaches her full retirement age (66 ½ if she was born in 1957), although the earnings limit goes up by about 2.5 times and the penalty is less in the year she reaches her full retirement age (FRA).

Will your wife be eligible for a spousal benefit from you when you start collecting? If so, and she claims at age 62, her eventual spousal benefit from you will be less than 50% of your full retirement age (FRA) benefit because she took her own benefit early. Whether your wife is eligible for a spousal benefit depends upon whether her own benefit (from her own work record) at her FRA (regardless of when she claims) is smaller than half of your benefit at your FRA (regardless of when you claim). If it's not, she won't get a spousal benefit. If it is, she'll get a spousal boost on top of her own benefit but claiming at age 62 will mean a smaller spousal benefit.

Your wife's age 62 benefit amount will be 27.5% less than her benefit would be at her full retirement age, and that reduction is permanent. And Social Security benefits are taxable if your combined income (married, filing jointly) is more than \$32,000. If your combined income is between \$32,000 and \$44,000 then 50% of your wife's SS benefits will become part of your taxable income, and if more than \$44,000 then up to 85% of your wife's SS benefits will become part of your taxable income. My point is, with you still working, your wife's SS benefits will almost certainly add to your income tax obligation.

I'm not trying to dissuade your wife from applying; rather only making you aware of the potential consequences of her claiming at age 62, or at any time prior to her full retirement age. If she needs the money now and the above points are not a concern, then applying at 62 could be the prudent choice. But you and your wife should consider the above before deciding if she should claim at age 62.

Regarding your second question, if you should predecease your wife, and if the benefit you are receiving at your death is more than your wife is already receiving (or is entitled to receive) on her own, then she will get a survivor benefit from you. If she has already reached her full retirement age when that happens, she'll get 100% of the benefit

you were getting. If she hasn't yet reached her FRA, she can still claim the survivor benefit, but it will be permanently reduced by a fraction of a percent for each month earlier than her FRA. However, if she hasn't yet reached her FRA, she can also delay taking her survivor benefit until she reaches FRA to get 100% of your benefit (instead of her own). Remember, she gets her survivor benefit, or her own benefit, whichever is higher (she doesn't get both).

## Why Won't Social Security Give Me My Widow's Benefit?

I have been a widow since November 2019. I retired under the Federal Civil Service Retirement System. Before my husband died, I made an appointment with Social Security to see if I could receive his Social Security if he passed on. I was told I could. Since he passed, Social Security has adamantly refused to let me have my husband's Social Security. I have had many problems with them. Who is correct here? I have lost \$1400 per month. My social security check is about \$126 per month. **Signed: Frustrated Widow**

**Dear Frustrated Widow:** First, please accept my condolences on the loss of your husband. Unfortunately, I don't have good news for you.

Because of your Federal Civil Service Retirement System (CSRS) pension, you are subject to the "Government Pension Offset" (GPO) provision of Social Security. The GPO reduces the survivor benefit for anyone who also has a pension from an employer which did not participate in Social Security (neither the employer or the employee paid into Social Security), and your Federal CSRS pension falls into this category. GPO reduces any survivor benefit you might otherwise be entitled to by 2/3rds of the amount of

your CSRS pension, which often eliminates the survivor benefit. For clarity, GPO also applies to a Social Security benefit from a living spouse.

As you probably already know, your CSRS pension caused your own Social Security benefit, earned from other work outside of your Federal employment, to be reduced by the Windfall Elimination Provision (WEP). Unfortunately, whoever you previously spoke with at the Social Security Administration prior to your husband's death gave you some incorrect information, because you are also subject to the GPO. And that is why Social Security will not now pay you a survivor benefit from your husband.

I'm afraid you have no recourse on this, as both the GPO and WEP have been the law for decades. The Federal Government has now changed to a "Federal Employee Retirement System" (FERS) which fully participates in Social Security (both employees and the employer contribute to Social Security), so more recent Federal retirees are not subject to the WEP and GPO rules. But there are still many U.S. State and local government employers which, to varying degrees, do not participate in Social Security and whose employees are still impacted by both GPO and WEP.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.*

To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org).

## Teach Your Children To Avoid Money Mistakes

Numerous surveys show that many Americans live paycheck to paycheck, have little saved for retirement, and lack fundamental financial knowledge.

Part of the problem, experts say, is that financial literacy has not been emphasized in American education; only 21 states require high school students to take a personal finance-related class. If parents want their children to learn the value of money and how to avoid financial problems as adults, the education has to start at home, says Steve Kruman, a financial planner and investment advisor at Bryce Wealth Management.

"When they understand

their parents' financial situation and gain an understanding of financial literacy," Kruman says, "they are more likely to appreciate the gifts they are given, or aren't to be given, and why."

Summer is the ideal time to teach financial literacy to children because they can get real hands-on experience. Teaching a child to be financially literate will help them understand that they have to take personal responsibility to be financially secure when mom and dad aren't there to put the food on the table for them."

Kruman offers the following at-home teaching methods to help children learn financial literacy:

- **Gardening and investing.** The parent purchases seeds and other starting materials at a garden supply store and has the children keep track of the spending by item on a notepad. "As you work together in the garden, keep a time log of each family member working," Kruman says. "When it's harvest time, teach them to count up the cost of production. Help them determine the value of their produce by comparing store prices of the same product, minus the cost of production. They will learn that you can start small as an investor, but putting in more effort along the way makes things grow."
- **Working and budgeting.** Kruman says parents can undercut their teaching of financial literacy by handing out spending money whenever their child wants something. "To learn good financial skills," Kruman says, "work needs to be taught. They learn they are rewarded for effort, not just for showing up. With their finite amount of money, they can be taught what they'll have to do as adults – divide it up for bills, spending money, and savings – and that it doesn't grow on trees every month."

- **Saving and staying out of debt.** "A good lesson for your children to learn about debt would be to show them how a loan would work by you being the lender," Kruman says. "Have them think of something that they would like to buy (such as a new bicycle or laptop) but that they don't have enough money saved already. You could offer to help them

make the purchase much earlier than continuing to save for it, but only in exchange for a loan payment that would be made by reducing their chore money. That way, they would learn how debt eats up their earning power. You have to instill in them that savings isn't an option, but rather a necessity, so people don't become slaves to debt."

- **Apple slices and taxes.** "Chances are your kids have already heard you bemoaning taxes," Kruman says. "Get one of those vertical apple slicers, and cut an apple up in sections to represent the approximate portion of your personal tax hit – federal, state, city/township, Social Security, etc. Put those slices next to the remaining part of the apple, and that difference will stick with them."

- **Toys and depreciation.** "Teach them to look at their toys and clothes," Kruman says. "Toys wear out. Children's toys and adults' expensive items, such as cars, need to be purchased to replace old ones, and teaching an understanding of that principle of depreciation is essential to teaching your kids why people need savings. Help them understand depreciation by asking them to compare prices of toys being sold at a yard sale versus a similar toy being sold at a new price online or in a store."

"Children have a lot of years to grow up," Kruman says, "and you can give them years of age-appropriate financial lessons in their own home that will last a lifetime. Start now if you haven't already."

## Remembering President John Quincy Adams On His Birthday



MAYOR THOMAS KOCH places a wreath of remembrance on the tomb of President John Quincy Adams in the crypt at United First Parish Church in honor of the sixth president's birthday July 11th. This year marked the 253rd anniversary of JQA's birth. The tradition of placing red, white and blue flowered wreaths at the final resting places of U.S. presidents on the anniversary of their birth began under President Lyndon Johnson in 1967. Due to the pandemic, the birthday celebration that is usually held at the "Church of the Presidents" was cancelled this year.

Photo Courtesy Lisa Aimola

JUL

23

2020



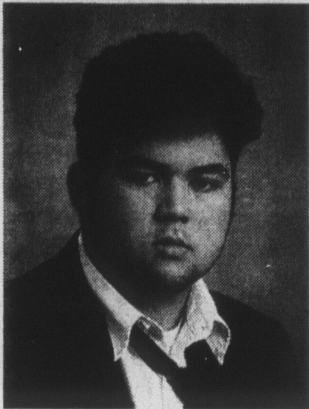
## Social

### Jared Mehtala Graduates Saint Joseph Prep

Jared Mehtala of Quincy recently graduated from Saint Joseph Preparatory High School.

Mehtala will attend Wentworth Institute of Technology.

Saint Joseph Preparatory High School held its eighth Commencement Exercises in the parking lot of its campus on June 25. Diplomas were conferred to 71 members of this graduating class, the Class of 2020, by Co-Heads of School, Kathleen McCarvill and Eugene Ward. The graduates and



JARED MEHTALA

their families were treated earlier in the day via a virtual presentation to speeches from the Salutatorians,

Cecelia Morello and Sanaya Panthaki and from the valedictorian, Terrence Nolan.

Lee Hogan, CSJ, president of the Sisters of St. Joseph of Boston, offered the invocation and Board Chair Dr. Carol Hughes, Senior Associate Dean/Director for the Office of Graduate Student Life at Boston College, extended congratulations to the graduates.

Ms. Nancy Frates, mother of Pete Frates who inspired the "ice bucket challenge," was the commencement speaker.

### High School Graduations Live On QATV

Quincy Access Television will broadcast the Quincy and North Quincy's High School graduation ceremonies live. Viewers can watch the ceremonies on QATV Channel 8, QATV.org, QATV's Facebook page (Facebook.com/QuincyAccessTV), and on Quincy Public Schools Channel 22.

North Quincy High School's graduation will

be held on Friday, July 24 at 6 p.m., and Quincy High School will hold two separate graduations on Saturday, July 25th. Those graduation ceremonies will be held at 10 a.m. and at 4 p.m. in the afternoon.

Graduations will replay on QATV and will be available on demand at QATV.org. Graduates who would like to obtain a copy of their

high school graduation on DVD can call QATV at 617-376-1440 to request a copy.

Quincy Access Television is pleased to offer its viewers multiple options so that all family members can partake in their senior's big day. QATV would like to express its congratulations to all of the students in the Class of 2020.

### Blood Drive At Beth Shalom - Blue Hills

Congregation Beth Shalom of the Blue Hills will again join with the Red Cross to sponsor its Community Mitzvah Program Blood Drive on Sunday, Aug. 16th, from 9 a.m. - 2 p.m.

The need for blood is constant, especially in the warmer weather, and only volunteer donors can fulfill that need for patients in our community.

Beth Shalom-Blue Hills is partnering with the Red Cross to conduct the blood drive at the synagogue at 18 Shoolman Way (off Lodge Street) in Milton. Registration and appointments are required to donate, and the public is invited to participate.

The Red Cross has guaranteed a safe event, and will take the following precautions:

maintaining physical distance; taking temperature; continually wiping and sanitizing beds and equipment; walk-ins will not be accepted - registration required; IDs must be shown to enter the building; all staff, donors and volunteers must wear masks; donations will be tested for COVID-19 antibodies and results shared.

There are two ways to make an appointment: Online by visiting [redcross-blood.org/donating-blood](http://redcross-blood.org/donating-blood), entering the sponsor code SHALOM and choosing a time; or by calling the Red Cross at 1-800-RED-CROSS and selecting option 1 for blood donation, then providing the date and location and your information. Donors are asked to arrive 15 minutes prior to their appointment time. There are only 34 appointment slots available between 9 a.m. and 2 p.m., the

whole process takes about one hour, and refreshments will be available.

As a blood donor, you will be someone's hero - one pint of blood can save up to three lives! You will help ensure blood is on the shelf when needed - most people think they'll never need blood, but many do. And you will be fulfilling the purpose of the Community Mitzvah Program of Beth Shalom of the Blue Hills, which is "doing good deeds for others," an important tenet of Judaism.

For more information about the Blood Drive, the Community Mitzvah Program, or Congregation Beth Shalom of the Blue Hills, call 617-698-3394 or visit [www.BethShalomBlueHills.org](http://www.BethShalomBlueHills.org).

There is parking at the synagogue, with overflow parking on nearby Pleasant Street. Parking is prohibited on Lodge or Maitland Streets.

### Six Quincy Students On Bryant Dean's List

Six students from Quincy have been named to the Dean's List for the spring semester at Bryant University in Smithfield, R.I.

They are:

Mark Anastasi, Class of 2022; Carmen Cheung, Class of 2022; Rachael Higgins, Class of 2023; Alison Keener, Class of 2021; Lauren Lo, Class of 2020; and Nicholas Murray, Class of 2023.

### Ryan Chrisom Graduates U.S. Merchant Marine Academy

Ryan P. Chrisom of Hanover, son of Kathleen and Brian Chrisom, and grandson of the late Peter J. Chrisom, former beloved principal of North Quincy High School, recently graduated from the U.S. Merchant Marine Academy at Kings Point, NY.

Chrisom earned a bachelor of science degree in marine engineering and shipyard management and a commission in the U.S. Armed Forces.

Chrisom also earned a Merchant Marine Officer License, qualifying him to serve as an officer on any ship in the U.S. flag merchant marine. Chrisom was on the USMMA Mariners football team where he was offensive guard. He was recently awarded the Red Wagner Memorial Award presented to the Kings Point Football Player who best exemplifies devotion, spirit, and teamwork.

Chrisom is a 2016 graduate of Boston College High School where he was on the football and track teams.

The U.S. Merchant Marine Academy is a federal service academy that educates and graduates licensed Merchant Marine officers. In addition to the rigorous academic and physical requirements for admission, applicants must be nominated by their congressman



RYAN CHRISOM

or senator. Chrisom was nominated by Cong. William R. Keating (D) MA 9th District.

All USMMA graduates incur an obligation to serve the United States. As part of his four-year education, Chrisom spent one year training as a cadet aboard ocean going vessels in a variety of foreign countries.

Despite the COVID-19 pandemic, the Class of 2020 Midshipmen returned to

USMMA for three weeks in June to prepare for and take their United States Coast Guard license exam, four days of tests which midshipmen must pass in order to graduate. This year due to the pandemic, the graduation was held virtually at the War Memorial Monument where the names of the cadets and graduates who died during WWII are remembered.

### 53 Students On Bridgewater Dean's List

Fifty-three students from Quincy have been named to the Dean's List for the spring semester at Bridgewater State University.

They are:

Eric Billard, Christina Bither, Rebecca Brennan, Lynne Campbell, Marissa Cawley, Jenny Chau, Philomena Chea, Joe Connaughton, Tanya Connor, Bogdan Cormos, Kayla Deady, Abby Ducat, Sarah Ford, Mackenzie Gallagher, Sarah Gibbons, Lauren Golden, Lianne Gough, Robert Gough, Josh Helfrich, Mason Honrado, Ben Howe, Monica Huynh, Meghan Jeannetti, Julianna Kane, Caroline Keenan, Kaylen Kozlowski,

Isabella Lam, Dan Maier, Emiliano Mbrice, Matt McFarlane, Kayla McGaughey, Colin McNelley, Aidan Mordas, Deirdre Mulkerins, Alicia Murphy, Ashley Murphy, Molly Murphy, Jake Murray, Zachary Nestell, Amanda Nilovic, Cullen

O'Connell, Angelo Patino, Conor Pound, Taylor Routhier, Taniya Sprinkle, Madison Synan, Peggy Tam, Alexa Topalli, Andrea Weng, Imani Williams, Weijing Wu, Xiao Zeng and Kerin Ziegler.

**Rogers Jewelry**

1250 Hancock St., Quincy  
www.RogersJewelry.com  
617.773.3636



Rogers Jewelry continuing to serve Quincy for more than 60 years; A full Service Jewelry Store with a Graduate Gemologist on staff. We buy your unwanted jewelry and offer loans as well! We have new inventory daily so be sure to check in frequently.

NEW QUINCY LOCATION! 1250 Hancock St. Quincy, MA 02169

GOLD CHAINS  
LOOSE DIAMONDS  
WATCHES  
ENGAGEMENT RINGS  
ESTATE JEWELRY  
FINE JEWELRY SALES  
GRADUATE GEMOLOGIST  
WE BUY GOLD

**Lots of Lobster!**

Indoor & Outdoor Dining  
Contactless Curbside Pickup - Order Online



LOBSTER ROLL  
with 1/2 pound of our delicious lobster salad!  
**ULTIMATE LOBSTER SALAD ENTRÉE**  
1/2 pound of lobster salad over cucumbers, avocado, greens & more.

**LAZY LOBSTER CASSEROLE**  
Broiled and topped with our seafood stuffing

**LOBSTER MAC 'N CHEESE**  
Claw & knuckle meat with truffle mac 'n cheese

**Hearth 'n Kettle**

RESTAURANTS • Est. 1973  
151 Main St. (Rte 18) • Weymouth • (781) 331-7007  
www.HearthnKettle.com



# Granite City Electric Purchases Baynes Electric Supply

Granite City Electric Supply recently concluded an asset acquisition of Baynes Electric Supply and Baynes and Jones Electric Supply to enhance its position as the leading independent electrical distributor in New England.

The complementary combination of Baynes Electric and Granite City

Electric locations creates a broader service network with greater inventory breadth, and delivery options for New England customers. The combined companies will provide more locations for customers throughout southeastern MA and RI. With the addition of the Baynes' four locations, Granite City Elec-

tric Supply Company now has a current total of 30 locations throughout New England.

Granite City Electric President Steve Helle, and owner Phyllis Papani Godwin extended a warm welcome to the Baynes family and employees. Godwin noted, "this transaction creates future opportunities

for mutual growth, personally and professionally, in our combined efforts to serve all customers. Chris Baynes said he is "looking forward to having our teams combine with the Granite City team to help grow our business throughout the six New England states." Chris Baynes will remain with the company in a senior management role.

Baynes Electric - serving contractors, institutions, national and retail lighting accounts since 1956 - is a well-run family owned company with a similar ap-

proach to building customer loyalty, a strong brand, and a solid distribution channel. Their complementary business philosophies enhance Granite City Electric's strategic growth goals using GCE The Night Train Delivery System and delivering over 70 percent of all orders at night.

Granite City Electric Supply Company Inc. - a family-owned and operated, independent electrical distributor - is committed to delivering customer and organizational safety to help prevent the spread of Cov-

id-19 through our proactive approaches in anti-bacterial material handling processes. The culmination of all stock deliveries are orders delivered after 6 p.m., but before 6 a.m. via the Contact-Free GCE Night Train Delivery Services.

Granite City Electric Supply was founded in 1923, is headquartered in Quincy, and is the Official Distributor of Electrical Supplies to the Boston Red Sox. For more information visit [www.granitecityelectric.com](http://www.granitecityelectric.com).

## WHAT'S COOKING

with  
**Marie & Susie**

By MARIE D'OLIMPIO and SUSIE FALCO



## Kitchen Sink Lasagna & Garlic Bread

By MARIE

My nephew, John, is a great cook. He is creative, inventive and puts his own spin on things. He made up this recipe one day and it was written as only John can write, in a very different way, very funny and down to earth. This recipe is delicious and feeds a crowd!

Preheat oven to 350 degrees; lightly grease a 11 x 16 baking pan

### INGREDIENTS:

- 1/2 pound dry beans (any kind)
- 1-pound frozen broccoli
- 1-pound frozen cauliflower
- 1-pound boneless chicken (breast or thighs)
- 1-pound medium shells (but you can use your favorite kind)
- 1 24-ounce jar of tomato sauce
- 32 ounces of Ricotta cheese
- 1 tablespoon dried basil
- 1 tablespoon dried parsley
- Mozzarella cheese
- Cheddar cheese

- The night before soak 1/2 lb. of dry beans (any kind you like, kidney beans, navy beans, small white beans etc.). The next day cook the beans (bring to a boil, then simmer for about 1 1/2 hours). Dry beans have virtually no sodium compared to canned beans, even low salt canned beans.
- Put one-pound frozen broccoli and one-pound frozen cauliflower in a pan and steam until cooked. Again, very low in sodium.
- Cut up one pound of boneless chicken

breast or thighs into about 1/2 - 3/4-inch cubes. Cook them in a frying pan.

- Cook one pound of medium sized shells (any pasta will do)
- Plop 1/2 a jar of a 24 oz. of tomato sauce on the bottom of a 11" x 16" pan (Opps, sorry lots of sodium here.)
- Throw in the pasta, the cooked veggies, cooked beans and chicken.
- Toss in 1/2 of 32 oz of Ricotta
- Huck in a table spoon of dried basil
- Pitch in a table spoon of dried parsley
- Fling in the other 1/2 of the tomato sauce jar
- Now you have a mountain of stuff. Yay, you're almost done.
- Mix the heck out of the concoction with a big spoon until everything looks covered.
- Sprinkle 4 oz of mozzarella and 4 oz of sharp cheddar on top
- Bake at 350 degrees for about 20 minutes. Everything is already cooked so you are really just melting the cheese and heating everything up to show off.

### FOR THE GARLIC BREAD

- 1 loaf of bread
- 1 stick of butter (or margarine)
- Garlic powder to taste
- Parsley flakes to taste

- Quick garlic bread: Make two pieces of toast for every person that will be eating. Butter or margarine the toast, add garlic powder and parsley flakes. Cut diagonally so your guest will think you are refined.
- All done! Roll up your sleeves, unbuckle your pants and chow down.

## Cashew Sour Cream

By SUSIE

Cashews are one of those nuts that are so desirable and delicious, you can give them as a Christmas gift and get rave reviews. On top of that, the nutritional aspects are astonishing.

Healthy amounts of copper, magnesium, manganese, phosphorus, and vitamin K, along with lesser-known phytonutrients, such as antioxidants, tyrosinase, melanin, elastin, proanthocyanidins, and oleic acid, provide hard-to-ignore benefits for the body. Each nutrient plays its part in providing bone strength and joint flexibility, discouraging migraines, improving memory, lowering blood pressure, and protecting against UV damage, heart disease, and cancer. They are also one of those "healthy fats" I am always talking about!

**Fun Facts:** Until the discovery of America, it was unclear how long Native Americans had been using cashews, but they found that indigenous South Americans were already removing the outer coating and roasting the nuts as a part of their diets. It was the Portuguese who carried ca-

shew trees back and planted them, spreading the cultivation and appreciation to other European countries. On any continent, anyone owning a cashew tree in the 1500s was considered very wealthy and important.

Here is a recipe for Cashew Sour Cream that is taken from Danielle Walker's blog "Against All Grain" I hope you enjoy it! So much better for you than dairy sour cream!

- 1/2 cup whole raw cashews
- 1/3 cup water
- 1/2 teaspoon lime juice
- 1/2 teaspoon apple cider vinegar
- 1/4 teaspoon sea salt
- 3/4 teaspoon nutritional yeast (optional, gives it a cheese-dairy type flavor)

### Instructions:

Put the cashews in bowl and fill it with enough water to cover them. Soak for 2 hours.

Drain and rinse the cashews and add them to a blender. Add the fresh 1/3 cup water, lime juice, vinegar, salt, nutritional yeast.

Blend until very smooth. Refrigerate for 1 hour before serving, or up to 3 days.



EILEEN KELLY, Interfaith Social Services' Food Pantry manager, accepts a donation of backpacks and supplies from a Signet Electronics employee during Interfaith's 2019 Backpack Drive. Interfaith is now collecting backpacks, school supplies and monetary donations in order to prepare 750 local children for the upcoming school year. Photo Courtesy ISS

## Interfaith Social Services Launches Backpack Drive

Interfaith Social Services, a multiservice organization for South Shore families and individuals in need, has launched its annual Backpack Drive, which supplies nearly 750 children with a backpack and school supplies each year.

While there is still much uncertainty about what the coming school year will

look like, students need to start the year prepared.

"Whether kids are having school at the kitchen table or in the classroom, it's still important to make sure they have the supplies they need to succeed," said Emily Ryan, Interfaith's Family and Children Program manager. "We're happy to take some of the burden of back-to-school expenses away from families that are struggling right now."

The backpacks and supplies for this program are provided by generous individuals and local businesses. Monetary donations and supplies are being accepted now through July 24.

To support the program, make a donation at <https://interfaithsocialservices.org/donate-backpack/> or fill a new backpack with the following supplies. Backpacks should be generic and gender-neutral, if possible.

- 2 spiral notebooks
- 2 composition notebooks
- 3 pocket folders
- #2 pencils
- colored pencils
- washable markers

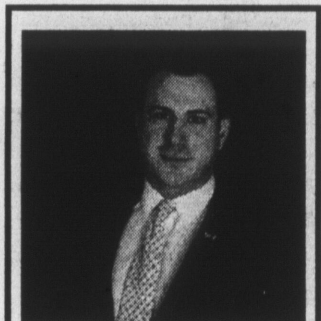
- crayons
- glue stick
- pens (black or blue)
- 2 highlighters

Backpacks can be dropped off at Interfaith Social Services, 105 Adams St., Quincy, Mondays-Fridays from 9 a.m. to 3 p.m. and Tuesdays and Wednesdays until 7 p.m.

Supplies and backpacks can also be ordered online through your favorite retailer and shipped directly to Interfaith.

In addition to one of Greater Boston's largest food pantries, Interfaith operates the New Directions Counseling Center, which provides mental health counseling and addiction recovery treatment to hundreds of local individuals and families, as well as HomeSafe, a budget counseling and homelessness prevention program. Interfaith also houses the volunteer-run Bureau Drawer Thrift Shop, a boutique-style shop whose proceeds support the organization.

Find out more about the organization at [www.InterfaithSocialServices.org](http://www.InterfaithSocialServices.org).



Armando Agnitti, Esq., CISR  
Anthony Agnitti, CIC, LIA

**AGNITTI**  
INSURANCE AGENCY, INC.

Auto - Home - Business  
Life

21 Franklin Street,  
Quincy

617-770-0123  
[AgnittiInsurance.com](http://AgnittiInsurance.com)

J  
U  
L

2  
3

2  
0  
2  
0



# Things You're Doing That Could Shorten Your Lifespan

## A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES  
MSPH, BSN, RN,  
BC, CP-FS

The grim facts are from the second we're born, we're all dying just as we're living. But certain ordinary things we do every day may actually be helping us get there quicker. This does not indicate that we should eradicate these behaviors from our lives, but it's testimony that overdoing anything, even if viewed as harmless, may have important impacts on our health.

Below are some everyday things you're probably doing that could potentially shorten your lifespan:

- **Past studies have found that never getting married could increase risk of death over a lifetime by 32 percent and being single for prolonged periods of time the loss of a decade.** That said, shifting attitudes toward the social necessity of getting married over a 60-year research period may have potentially affected the results. In 1950, Census data shows that 78 percent of households were occupied by a married couple -- by 2010, that figure

had dropped to 48 percent. Thus, being single or partnered and unmarried is no longer the minority status.

- **According to Australian researchers published in the British Medical Journal, sitting more than three hours a day can take two years off your life.** Additionally, they found that even regular exercise couldn't prevent the potential harmful effects of sitting for long periods of time. Another study published in the JAMA Internal Medicine found that sitting in excess of 11 hours a day increased the risk of death by 40 percent over the next three years, compared to sitting for less than four hours a day.

- **Research by Brigham Young University and the University of North Carolina at Chapel Hill, which collected data from 148 different studies, noted people with weak social connections were found to die at higher rates than their counterparts.** The same researchers found that prolonged loneliness may be as harmful for your longevity as smoking 15 cigarettes

a day. Additionally, seniors with extended circles of friends were found to be 22 percent less likely to die over a tested study period.

- **Watching merely two hours of television a day may predispose a person to an increased risk of premature death, heart disease and Type 2 diabetes, according to Harvard researchers.** The detrimental effects of watching television appear to overlap with the potential harmful consequences of sitting too much, but watching television seems to make the negative effects of sitting even worse. According to the New York Times, each single hour of television watched after the age of 25 reduces the viewer's life expectancy by 21.8 minutes.

- **There have been many studies trying to figure out why life expectancy is so low and strokes are so common in many southeastern states and ranges from parts of Texas to Virginia, referred to as the "Diabetes Belt."** One such

study focused on a town in East Texas. The residents of this town expired seven years earlier than the healthiest Texans, according to the research done by the University of Washington Institute for Health Metrics and Evaluation. Data has shown in regards to the types of foods to especially avoid, eating red meat seems to shorten life expectancy by as much as 20 percent particularly when consuming extra portions.

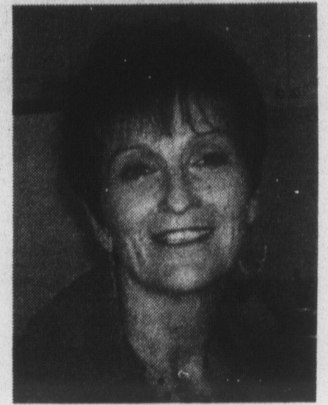
- **Unemployment can escalate a person's risk of premature death by 63 percent, according to findings by Canadian researchers after probing 40 years of data from 20 million people in 15 countries.** A subsequent study found that older people who lost their jobs may experience a decrease in lifespan by as many as three years.

- **Commutes of approximately an hour have been found to increase stress and have been linked to the similar damaging effects of sitting.** Lengthy

commutes also reduce the probability that individuals will regularly engage in health related activities. The greatest lifespan risk is with female commuters, who were found to have considerably shorter lifespans after consistently commuting for 31 miles or more, according to researchers at a Swedish University.

- **Harvard Medical School points out studies have shown that life expectancies significantly decrease in those who average less than five or more than nine hours a night.** Chronic lack of sleep is associated with a greater risk of cardiovascular disease, diabetes, some cancers, dementia, cognitive and memory problems, weight gain and premature death. And some research shows that excessive regular sleep could be problematic as well. Research has also discovered that we need an average of eight hours to function optimally.

- **Ironically, Thanatophobia, which is a fear of**



RUTH JONES

a shortened lifespans, can potentially end up being the cause of a shortened lifespan. A 2012 study on cancer patients published in the US National Library of Medicine discovered that those people who experienced anxiety about death perceived their life expectancy as shortened. Although a slight fear of death has been thought to have positive benefits, like an increase in exercise and healthy eating, the fear of death has been shown to appreciably affect lifespans, especially in adults approaching the age of being considered elderly.

Ruth Jones is the health commissioner for the City of Quincy.

## Five Simple Steps For Removing A Tick from Your Skin

By ANGELA PATTERSON  
Chief Nurse Practitioner Officer  
MinuteClinic at CVS

If you're spending time outdoors as a way to get some fresh air while physical distancing, or if you have a pet who needs to go outside, it is important to know that ticks are most active in the summer months. While there are actions you can take to prevent ticks, such as avoiding grassy and wooded areas, using insect repellents, and treating your clothing with products containing permethrin, you should always do a body scan and check for ticks after spending time outdoors.

1. Grab a pair of fine-tipped sterilized tweezers.
2. Using the tweezers, grab and pinch the tick's head vs its swollen abdomen (do not grab at swollen abdomen of tick).
3. Pull straight out; do not twist. Nail polish, petroleum jelly or heat will not help you remove the tick. If the tick breaks in half, remove the mouth-parts with clean tweezers. If you are unable to remove the mouth-parts easily, leave them alone and the skin will heal.
4. Wash the site where the tick was on your skin with rubbing alcohol or soap and water.
5. Never crush a tick. To dispose, put the tick in alcohol or in a sealed bag or container. You may want to save the tick for further reference, if needed.

After removal, keep an eye on the bite region over the next month, and watch out for the following potential symptoms of tick-borne diseases:

### Symptoms of Lyme Disease

- An expanding bullseye ring developing where the tick was removed
  - Fever • Chills • Headache
  - Excessive fatigue
  - Muscle and joint aches
  - Swollen lymph nodes
- ### Symptoms of Rocky Mountain Spotted Fever
- Fever • Nausea or vomiting
  - Stomach or muscle pain
  - Loss of appetite
  - Headache

## Five Simple Steps for Removing a Tick from Your Skin

If you're spending time outdoors as a way to get some fresh air while social distancing, or if you have a pet who needs to go outside, it is important to know that ticks are most active in the summer months. While there are actions you can take to prevent ticks, such as avoiding grassy and wooded areas, using insect repellents, and treating your clothing with products containing permethrin, you should always do a body scan and check for ticks after spending time outdoors.



1. Grab a pair of fine-tipped sterilized tweezers.
2. Using the tweezers, grab and pinch the tick's head vs its swollen abdomen (do not grab at swollen abdomen of tick).
3. Pull straight out; do not twist. Nail polish, petroleum jelly or heat will not help you remove the tick. If the tick breaks in half, remove the mouth-parts with clean tweezers. If you are unable to remove the mouth-parts easily, leave them alone and the skin will heal.
4. Wash the site where the tick was on your skin with rubbing alcohol or soap and water.
5. Never crush a tick. To dispose, put the tick in alcohol or in a sealed bag or container. You may want to save the tick for further reference, if needed.

After removal, keep an eye on the bite region over the next month, and watch out for the following potential symptoms of tick-borne diseases:

### Symptoms of Lyme Disease

- An expanding bullseye ring developing where the tick was removed
- Fever
- Chills
- Headache
- Excessive fatigue
- Muscle and joint aches
- Swollen lymph nodes

### Symptoms of Rocky Mountain Spotted Fever

- Fever
- Nausea or vomiting
- Stomach or muscle pain
- Loss of appetite
- Headache

Fever plus one or more of these symptoms post-tick bite coupled with a rash with blotches and pinpoint dots occurring 2-4 days after fever may indicate Rocky Mountain Spotted Fever. The rash typically starts on the wrists, palms and ankles and spreads elsewhere. Please note that Arkansas, Missouri, North Carolina, Tennessee, and Virginia account for over 50% of Spotted Fever Rickettsiosis cases.



If the any of the above symptoms occur, see your primary care provider or schedule an appointment either in-person at a MinuteClinic location inside select CVS Pharmacy and Target stores or request an E-Clinic visit. MinuteClinic E-Clinic visits are a new telehealth option covered by most insurance plans allowing patients to connect virtually with MinuteClinic practitioners. Practitioners can assess your symptoms and prescribe treatment remotely. Visit MinuteClinic.com for more information.

Tick removal and recommendations follow the Centers for Disease Control and Prevention (CDC) guidelines.



## Please Remember to Always Lock Your Vehicle and Hide Valuables!

On July 8, at approximately 11:40 a.m., officers were dispatched to the parking lot of 1 City View Lane on a report of a disturbance. Dispatch then updated officers that in addition to the disturbance, there was also breaking and entering into a motor vehicle in progress.

The suspect in the motor vehicle incident was described as a black male, dressed in black and wearing a red baseball cap. Officer Scott Kelly was first to arrive on scene and encountered a male who fit the description. Also present was the reporting party/victim.

The victim stated he was exiting 1 City View Lane and observed a disturbance at the entry door. He called 911 to report that disorder. He then walked to his vehicle and observed a black male sitting in the driver's seat of the car. He then again called 911 to report this.

Officer Sweetland then spoke with the suspect and placed him in handcuffs. The suspect asked what he was being arrested for and Officer Sweetland advised him breaking and entering into a motor vehicle. The suspect stated it could not be that because the doors were unlocked.

Officer Sweetland contacted Quincy Police communications to request the prisoner transport vehicle. He asked the suspect if he had anything sharp on him and he stated a crack pipe. Officer J. Parisi arrived on scene and conducted a search incident to arrest and located a crack pipe in suspect's front pocket.

Officer Sweetland then spoke to victim who stated he was missing approximately \$275 in cash. He stated the cash was in a bank envelope in the center console of the vehicle.

## A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS  
Public Information Officer  
Quincy Police Department

The suspect was in possession of \$278.

Officer Stanley arrived with the prisoner transport vehicle and the suspect was transported to the Quincy Police Station. The 33-year-old suspect from Quincy was transported to the Quincy Police Station where he was charged with breaking and entering a motor vehicle in the daytime.

On July 10th about 10 p.m., Officer Millane responded to the 7-11 located at 363 Hancock St. for a report of a breaking and entering to a motor vehicle in progress. While enroute to this call, communications updated Officer Millane that the suspect was wearing a dark colored hooded sweat top and shorts and was walking toward TD Bank. As Officer Millane approached Hancock Street and West Squantum Street, he observed a female, later identified as the victim, walking in the middle of the southbound lane just north of this intersection. The victim was following a person who was also walking in the middle of Hancock Street in the southbound travel lane.

As Officer Millane drove past the female victim, she yelled to him, "This guy just went inside my car." Officer Millane pulled his police vehicle to the left in front of the victim and the suspect and exited his cruiser. The victim told Officer Millane she parked her vehicle in a parking spot in the lot of the 7-11 located at 363 Hancock St. and went

inside the store. As she was exiting the 7-11, she could see that the suspect was inside the back seat of her vehicle.

The victim stated when she confronted the suspect, he exited her vehicle and began to walk away. She stated she followed him down Hancock Street to the location they were presently at. At that time, Officer Millane placed the suspect into custody.

As Officer Millane spoke with the victim, he learned nothing was taken from the vehicle. She handed Officer Millane a small nylon Dewalt bag which contained a Dewalt drill and charger along with a case of drill bits. The victim said the suspect threw it on the ground near her as she was following him. Officer Millane took custody of this Dewalt bag and placed it in his cruiser.

As Officer Millane transported the victim back to her vehicle, communications informed Officer Millane that they just received a report of another breaking and entering into a motor vehicle which recently occurred at the Regal Beagle located at 385 Hancock St. Officer Millane responded to the liquor store and spoke with the victim who stated he parked his vehicle in front of the store and went inside briefly. The victim stated when he came back out and got inside his vehicle, his wallet was missing from the center console. He also informed Officer Millane that a Dewalt nylon bag that contained a drill, charger, and case of drill bits that was missing from inside his vehicle.

Officer Millane informed the victim that all items had been recovered, including his wallet which still contained \$350 in cash. The 38-year-old suspect from Randolph was transported to the Quincy Police Station in the prisoner transport vehicle where he was booked for two counts of breaking and entering a motor vehicle in the daytime.

# QUINCY POLICE CRIME AWARENESS JOURNAL

## SATURDAY, JULY 11

**BREAKING AND ENTERING/PROGRESS (business), 12:09 a.m., Home Depot, 465 Centre St.** Male party broke into the store. Caller states male is covered in blood. Employees have male inside door. Caller states white male, black sweat pants and gray t-shirt, black and white sneakers; 54-year-old male. Brewster Ambulance, K-13 was enroute to a detail, responded to call with his K-9. 771 bringing IPAD to scene. Suspect to QMC under guard. Complaint submitted.

## SUNDAY, JULY 12

**BREAKING AND ENTERING/PROGRESS (pushed in A.C.), 12:58 a.m., Euclid Avenue.** Gone on arrival. Caller is calling from Dedham - caller states that wife is home. Female at home; male party had no further information. Caller states that wife called him and said that someone pushed in the A.C. unit to gain entry into the home. Not sure if male is in the house/unknown weapons. Nothing showing; wife reports she could hear someone outside talking and was alarmed.

**LARCENY (khaki pocketbook), 12:07 p.m., Star Market, 130 Granite St.** Carriage was taken while reporting party looked other direction while shopping. Checking cameras; purse with driver's license, car keys, debit card, money inside. Party found purse, all clear.

**ASSAULT AND BATTERY, 1:21 p.m., Walgreen Pharmacy, 132 Granite St.** Suspect known to party just assaulted male who is bleeding from the nose. Brewster notified.

**LARCENY/MOTOR VEHICLE (past), Hancock Street.** Caller states her vehicle - a 1997 gold Toyota Camry temp. plate New Jersey registration; has suspect information. Reporting party resides in Rhode Island.

**LARCENY (phone, charger, cash), 10:13 p.m., Marriott Hotel, 1000 Marriott Dr.** Caller reports he invited people into his room at the hotel and they stole his phone, charger and cash. Claims she does not know who they are

but may still be in lobby of hotel. Reporting party called and stated he got items back and no longer wished police services.

## MONDAY, JULY 13

**LARCENY/MOTOR VEHICLE (Kawasaki 1000), 1:57 a.m., 362 Centre St.** Caller states his motorcycle was taken within the past hour: red and black Kawasaki 1000. Officer spoke with caller, caller states that the motorcycle is not registered and he does not know the VIN number. Caller will call back when he has all the required information.

**LARCENY (items missing), 9:32 a.m., Robertson Street Bridge, 186 Robertson St.** New England Infrastructure Co. see John on scene.

**VANDALISM/PROPERTY (car window), 3:40 p.m., Huckins Avenue.** Passenger side window. Caller's car window was broken.

## TUESDAY, JULY 14

**LARCENY (wallet), 8:51 a.m., Whitwell Street.** Has suspect information in QPD lobby.

**LARCENY/MOTOR VEHICLE, 10:59 a.m., Hancock Street.** Reporting party at above having a tune up. Employee at business claims ex-employee stole car: 1997 Toyota Camry, gold. Report to be filed.

**LARCENY (house keys), 2:55 p.m., Granite Street.** DOVE report. Will not return them. Officer to call. Spoke to son - he is currently at work in Quincy gets out at 5 p.m. and will then bring keys to station. Keys returned.

## WEDNESDAY, JULY 15

**LARCENY (money), 8:10 a.m., Hilda Street.** Reporting party from QPD lobby states cleaning person stole \$400 that was taken out of his ATM account at Bank of America.

**VANDALISM/PROPERTY (vehicle burned), 9:22 a.m., Quincy Avenue.** Occurred on July 13; does have video.

**BREAKING AND ENTERING/PAST (possible B&E), 10:22 a.m., Babcock Street.** Looks like someone went into the house through a window. Party left on Saturday and came back to check the house.

**LARCENY (larceny of a check), 12:38 p.m., Lebanon Street.** Party in QPD lobby reporting that his workman's comp check was sent to his old address in Quincy and then cashed by another person. Party has copies of check and documentation from bank on him.

**LARCENY (two packages), 4:35 p.m., Independence Avenue.** Packages were stolen from her front door.

## THURSDAY, JULY 16

**LARCENY (past), 9:02 a.m., Southern Artery.** East wing. Elderly female having telephone issues; unable to make or receive calls. Worried about being able to contact doctors; was only able to call through 911.

**VANDALISM/PROPERTY (front window), 10:20 a.m., 134 Washington St.** Party in QPD station lobby to report vandalism to his restaurant. Owner reports that he left the restaurant at 11:40 p.m. and returned at 9 a.m. to find the window broken. He stated the flower pot out in front was also turned over by the front entrance.

**LARCENY/MOTOR VEHICLE (moped), 12:36 p.m., Elm Street.** Party came into QPD lobby to report his moped was stolen. Message left on reporting party's voicemail to confirm the name of moped being reported stolen. Awaiting response to confirm the manufacturer of the moped.

**LARCENY (wallet), 2:01 p.m., Home Depot, 465 Centre St.** Reporting party will be out front. Report filed.

**LARCENY MV: Elm Street (moped)**  
**BREAKING & ENTERING MV: Centre Street (3), Ashworth Road (2), Brook Street, Water Street, Granite Street, Hancock Street (2)**

**BREAKING & ENTERING (PAST): Babcock Street**  
**BREAKING & ENTERING (IN PROGRESS): Centre Street**

**BREAKING & ENTERING (ATTEMPT): Adams Street, Hancock Street**

CALLS FOR SERVICE: 1,045

# Quincy Medical Center Demo Slated For Next Year

Cont'd From Page 1

ber 2016 for \$12 million from Steward Health Care. Steward has operated a satellite emergency department on site but plans to close the facility in November. Mark Carroll, FoxRock's managing director, said the lease with Steward had been terminated in accordance with terms of the original purchase agreement.

Inquiries made to Steward went unanswered.

Ward 5 Councillor Charles Phelan Jr. said he was, "a little disappointed the emergency room is closing," but that he knew it would happen eventually as part of the proposal to develop the site.

Phelan said he would like to arrange a community meeting for residents who have questions about the plan to develop the site. Those questions include who would be watching

the site between the time the emergency department closes and when demolition begins.

"I would like to setup something in the near future, particularly for the Hospital Hill Neighborhoods Association, so we can keep informed about the property and what happens," Phelan said.

The meeting would likely have to take place virtually, he added.

With the emergency department set to close this fall, Josh Kleinman, FoxRock's director of design and construction, said demolition on site is set to begin in early 2021 and would take three to four months to complete. The hospital's administration building, located in front of the site on Whitwell Street, will not be demolished.

The first building on site could open in early 2023,

Kleinman said. It will house roughly 150 apartments, a leasing center, a significant portion of the project's amenities, and the renovated administration building.

The entire project would be finished by 2024.

FoxRock is in the process of finalizing the design of the project and is developing a construction management plan, which will include traffic, parking for construction workers, and

delivery routes to the site. The construction management plan will be reviewed by the city's traffic engineer once it is complete.

The project was met with opposition from area residents during the permitting process, which took more than a year to complete. Residents expressed concern about the project's size and the impact it would have on their neighborhood

Cont'd On Page 21

J  
U  
L

2  
3

2  
0  
2  
0



# Concern For Proposed Treatment Center

Cont'd From Page 1

the day. The board denied the request, citing traffic concerns, but the company appealed the decision in Superior Court. As a result of the appeal, the matter was remanded back to the zoning board in October, and the board subsequently approved the application.

Earlier this year, however, the City Council approved Mayor Thomas Koch's request to take the building at 39 Broad St. by eminent domain as part of his proposal to build a new public safety headquarters in the vicinity of Quincy police headquarters. The current plan is for Father Bill's Place, presently located at 38 Broad St., to move to 39 Broad St.

As part of the eminent domain process, the city has hired a consultant to find new homes for those businesses that would be relocated. Carolyn Murray, the attorney representing Habit OPCO, said the consultant is the one who identified 165 Washington St. as a suitable location.

The two-story building at 165 Washington St. contains approximately 5,000 square feet of space and would require 18 parking spaces per the city's zoning code, Murray said, though the dentist's office operated on site with fewer than that.

Murray said the parking area in the rear of the lot is currently unmarked but could be striped to provide nine spaces. An additional three spaces could be created in the front of the property by paving over part of the lawn adjacent to the driveway that leads to the rear lot.

Between 125 and 150 patients would receive medication on site each morning, Murray said. Most patients would be able to enter and leave within three minutes, she stated, except for those subject to random drug tests or who require further assistance.

"It's a pretty quick turnaround," Murray said.

She said 86 of Habit OPCO's patients reside in Quincy and another 30 work in the city. Roughly half of the patients take the MBTA's The Ride to get to and from the location, she added, noting the site is also served by an MBTA bus stop.

Counseling sessions — for individuals and groups of up to ten — would be held throughout the remainder of the day, including one evening each week.

Seven employees would work on site throughout the day, Murray said. Four would be there each morn-

ing to dispense the medication — a security guard, a nurse, a nurse supervisor and a clinician. Two of those employees rely on public transportation.

Jeffrey Dirk, the applicant's traffic consultant, said the clinic would generate 398 traffic trips on weekdays. After the morning peak period, he stated, traffic volume would be comparable to that of the dentist's office formerly on site. Parking on site would be adequate to meet the demand, Dirk added.

Several members of the board raised concerns about the parking on site and asked that the city's traffic engineer be given time to review the applicant's traffic study. Board members questioned if there would be enough room for vehicles to turn around in the lot. In addition, 165 Washington St. shares a driveway with an apartment building next door at 177 Washington St., and two of the nine parking spaces Habit OPCO proposed in the rear lot could potentially be located in an easement between the two properties.

Board member Charles O'Brien said the total trips seen each day would be far more than what a dentist's office generates.

"Three hundred ninety-eight trips per day is not similar to a dentist's office," he said.

Brian Radell asked the applicant if they would consider leasing spaces in the new municipal parking garage located on the former Hancock Lot in Quincy Center. Murray said her client would be open to it and was also in the process of securing other offsite parking nearby.

Before opening the meeting to public comments, City Solicitor Jim Timmins said Habit OPCO's application is different than a typical application that comes before the zoning board. Because of the services it provides, the organization is entitled to reasonable accommodations under the Americans with Disabilities Act, he said, noting the decision in the Superior Court case.

"What this business does

is protected under the ADA and therefore they are entitled to an accommodation," Timmins said.

Three city councillors who represent neighborhoods near the site — Ward 1 Councillor David McCarthy, Ward 2 Councillor Brad Croall and Ward 5 Councillor Charles Phelan Jr. — expressed concern over the amount of traffic that would be coming to the building and the number of parking spaces available.

"I think it all hinges on the parking," McCarthy said. "If it had a big lot in the back it would be a different story."

"One of the things I always key in on is parking," Croall said. "I think it's not the appropriate space to have that operation — it is under-parked."

"I don't see how this site can work. I think it is too small," Phelan said. "The car volume and the math don't add up."

Christopher Vaccaro, the attorney representing Heritage Associates, the owner of the apartment building at 177 Washington St., said the proposed use would generate too much traffic for the site.

"To put something like this there with the traffic it generates will be problematic," he said.

Four residents also raised concerns about the number of parking spaces on site.

One resident, James Waters, said that while parking is allowed on Washington Street, there are limited on-street spaces in the vicinity of 165 Washington St. because of MBTA bus stops and curb cuts. He was concerned people would wind up parking on nearby residential streets.

"People are going to be going up Edwards Street, which already has a problem," Waters said.

Another resident, Victor Christensen, said the clinic would be better off elsewhere in the city and not near Quincy Center given the investment made in the downtown in recent years.

"It just doesn't seem like a good place to put an organization that is going have possibly problematic clientele," Christensen said.

"People's Choice Award."

— Pat Whitley WRKO 680AM

## Cronin's PubliCk House

TAKEOUT: 617-786-9804

### Starters:

- Cronin's Cajun Chicken Soup - cup \$4.95/bowl \$5.95
- New England Clam Chowder - cup \$4.95/bowl \$5.95
- Garden Salad - small \$4.95/large \$6.95
- Greek Salad - small \$6.95/large \$8.95
- Steak Fries - \$4.95
- Cronin's Crispy Potato Chips - \$4.95
- Mozzarella Sticks - \$9.95
- Baja Fish Tacos (2) - \$10.95
- Crispy Chicken Tenders - small \$8.95/large \$10.95

**Cronin's Wings** - "A sure hit" - Boston Herald

Served Plain, BBQ, Teriyaki or Buffalo style

12 pieces \$9.95/24 pieces \$17.95/50 pieces \$33.95

### Pizza:

10" classic bar pizza - \$8.95.

Add any of the following: pepperoni, onion, mushroom, peppers, jalapeño, black olive, or feta for \$1 per topping.

Add Steak Tips, Chicken or Bacon for \$3.

### Sandwiches:

All of our delicious sandwiches are served with steak fries or Cronin's crispy chips

- Sirloin Tip Sub - \$13.95
- Greek Sirloin Tip Wrap - \$13.95
- Chicken Parmigiana or Boneless Breast of Chicken - \$11.95
- Hot Pastrami and Swiss - \$9.95

**Cronin's Classic Burger** - A half-pound prime burger, grilled to perfection, served with lettuce, tomato, pickle and steak fries - \$10.95

Add the following for \$1 per topping: American, Swiss, Cheddar, Bleu Cheese, Mushrooms, Onions, Peppers or Bacon.

### Entrées:

Served with your choice of (2): steak fries, rice pilaf, mashed, or coleslaw.

Add a side Garden Salad to any entrée for \$3.95

- Baked Boston Scrod - \$13.95
- Fish and Chips or Baja Fish Tacos (3) - \$13.95
- Broiled Chicken Breast: BBQ, Teriyaki, Cajun or Plain - \$12.95

**Sirloin Tips - \$22.95 Our famous Best Seller!**

Marinated in our award-winning recipe, then grilled to perfection.

Your choice of BBQ, Teriyaki, Cajun or Plain.

Served with (2) sides and hot cherry pepper.

Try a HALF ORDER with (1) side: \$15.95

Add a Garden Salad for \$3.95



**Lobsters and Steamers**

Thursday thru Saturday until sold out!

Call for pricing and availability.

## Cronin's PubliCk House

23 DesMoines Road • Quincy Point

(Between the Shipyard and  
1000 Southern Artery Senior Center)

Takeout 617-786-9804

www.steaktips.com

Patio



Kitchen hours:

Sunday thru Thursday 11 AM - 8 PM

Friday and Saturday 11 AM - 9 PM



Free Wifi

12 HDTV's - Digital Jukebox - ATM

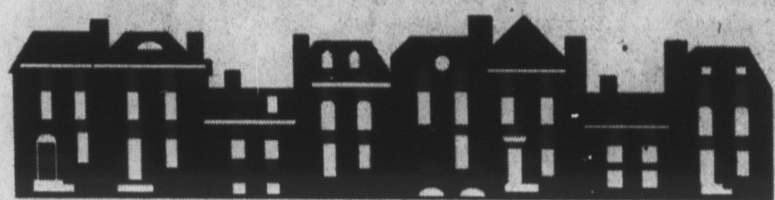
## Joyce & Gendreau Jewelers

Custom Designs • On-Premise Repairs  
Quality Jewelry • Great Values  
Over 100 Years of Honesty and Reliability  
Friendly, Family Business

52 Billings Road No. Quincy

Facebook/JoyceandGendreau 617.328.0084





# Real Estate

## Quincy Real Estate Transactions July 13 - July 17

Transactions are compiled by the Norfolk County Registry of Deeds

### SELLER

Ha T. & Huong T. Tran  
Bonnie M. Ashorth  
Sherri L. Farrell  
Darren J. Domingos & Brooke E. Wilder  
William J. Bonvie, Jr.  
Lauren Stern  
18 Johnson Avenue Realty LLC  
Dean & Christine Sandomato  
Fahy Realty Trust  
Linda A. Liang  
Grae E. & Kasey M. Arabasz  
Elana B. Zornberg  
Matthew J. Simokonis  
Mary E. Pritchard  
Hung T. Vo & Michelle Cao  
Carol E. McLaughlin, Susan E. Curran,  
Edward J. Merrigan, Patricia A. Stein,  
Karen E. Merrigan  
Mattson Family Irrevocable Trust  
Paolucci Family Living Trust  
Charles W. & Janice E. Hughes  
Elizabeth Wong  
Nicholas & Summer Confuorto  
Edward F. Welch Irrevocable Trust  
Suncrest Development LLC  
Ryan J. Doherty  
Nina Nguyen  
James M. Guerin, Jr. & Kerri A. Guerin  
Peter & Julia Ehrhardt  
Jason C. Fong & Lisa L. Ward  
David M. & Stacey L. Tarrant

### BUYER

Emiliano F. Lima, Maria F. Oliveira, Anthony F. Lima  
Rosangela DiCostanzo-Diaz  
Colleen K. Trinh  
Michael J. Barker & Huibin Liang  
Ronald B. Bonvie  
Amanda Cayton  
Haijing Liu & Yin Xia  
Gordon Gronkowski  
Ross W. & Heidi M. Mair  
Ling H. Dong  
Charles & Yekaterina Chen  
Steven J. Bass  
Jeffrey Alsip  
Jessica L. Newman  
Lauren Porsia  
Arthur E. McLaughlin  
  
Natalie Lowell  
Marc Cecere & Kathleen Cotter  
James Lotspeich  
Farrington Wollaston LLC  
Christopher M. & Mary Lou Lovett  
John Owings  
Floreta & Agim Gjoka  
Alyson W. Lai  
Monica Eguia  
Nicholas Favorito & Erica Ayotte  
Miguel A. & Amanda C. Diaz  
Daniel Ferry & Shannon Strasser  
Pandi & Ledja Lera

### AMOUNT

\$769,900.00  
\$575,000.00  
\$750,000.00  
\$435,000.00  
\$120,000.00  
\$293,000.00  
\$592,000.00  
\$523,000.00  
\$759,500.00  
\$430,000.00  
\$635,000.00  
\$319,900.00  
\$437,000.00  
\$465,000.00  
\$495,000.00  
\$440,000.00  
  
\$545,000.00  
\$885,000.00  
\$425,000.00  
\$900,000.00  
\$654,321.00  
\$485,000.00  
\$515,000.00  
\$327,500.00  
\$405,000.00  
\$640,000.00  
\$700,000.00  
\$525,000.00  
\$915,000.00

### ADDRESS

375 Beale Street  
359 Belmont Street  
94-96 Quincy Street  
120 Holmes Street, Unit 321E  
21 Harrison Street  
479 Sea Street, Unit 3  
18 Johnson Avenue  
10 Seaport Drive, Unit 2415  
210 Victory Road, Unit 12-1  
184 Washington Street, Unit 7  
179 Milton Street  
123 Elm Street, Unit A5  
37 Pelican Road  
48 Dysart Street  
22 Rogers Street  
213 Elliot Avenue  
  
101 South Bayfield Road  
16 Schooner Lane, Unit 21  
28 Shennen Street  
215 Farrington Street  
6 Dustin Street  
136 Elliot Avenue  
67 Campbell Street  
175 Quincy Shore Drive, Unit B85  
42 Rogers Street  
106 Glendale Road  
66 Longwood Road  
475 Beale Street  
98 Wren Terrace

## Healthy Plants, But No Tomatoes?

By MELINDA MYERS

No fruit on your tomato plants is likely due to the weather. Tomatoes thrive in warm, sunny conditions, but temperature extremes can prevent otherwise healthy plants from setting fruit.

When daytime temperatures rise above 90 degrees and night temperatures remain above 70 degrees, blossom drop, and poor fruit development can occur. Combine this with low humidity and the pollen is not viable. In hot and humid conditions, the pollen is too sticky and doesn't move from the male to the female part of the flower. Without pollination the flowers won't be fertilized and fruit will not develop.

Cool weather can also hinder fruiting. Night tem-

peratures below the optimum of 59 to 68 degrees reduce the amount and viability of pollen the plant produces.

The simplest solution is to wait for the temperatures and humidity levels to return to those tomatoes need for pollination and fruit formation to occur. Once this happens, the plants will begin producing fruit.

When hot weather arrives, make sure the plants receive ample moisture. Mulch the soil with shredded leaves, evergreen needles or other organic matter to keep roots cool and moist. Consider providing a bit of cool afternoon shade during hot spells.

Some gardeners enlist the help of blossom set hormone spray when condi-

tions are not favorable for pollination and fruit formation. These hormones won't increase productivity but may help plants set fruit when temperatures are not ideal. These products are most effective when temperatures drop below 60 degrees Fahrenheit. They are less effective at initiating fruit set when temperatures rise over 80 degrees.

Don't let cooler summer temperatures greatly reduce your tomato harvest. Consider pinching off the growing tips of indeterminate tomatoes a month before the first killing frost. This redirects the plant's energy into ripening the existing fruit instead of producing more flowers and tomatoes that won't have time to mature.

When frost is in the forecast, harvest green tomatoes to finish ripening indoors.

Pick any tomatoes that are starting to show color before the killing frost and

finish ripening them indoors. Harvest tomatoes when the blossom end turns a greenish white or starts to color up. Store the tomatoes in a cool 60- to 65-degree location to extend their storage life. And don't let those green tomatoes go to waste. Fry them or use them in salsa and relish. You'll find lots of delicious green tomato recipes online or from friends.

Extend the growing and harvesting season with the help of floating row covers or other season extending strategies. These products protect plants from cold temperatures, allowing you to harvest weeks after the first fall frost.

If poor fruiting is a yearly problem in your garden, look for tomato varieties better suited to your growing conditions. Next season look for recommendations from your local University extension service. They can



TOMATO CELANA

Photo Courtesy All-America Selections

help you select the best heat or cold tolerant varieties and those that best fit your gardening style and cooking needs.

With the proper selection and care you will enjoy an abundant harvest in spite of less-than-ideal weather conditions.

Melinda Myers is the author of more than 20 garden-

ing books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her web site is www.MelindaMyers.com.

**FLAVIN FLAVIN REALTY**  
Complete Real Estate Service Since 1925

Free Opinion of Value  
Committed to Property Ownership  
Offering Seller & Buyer Representation

**SOLD**

a century of connecting people with homes

Real Estate Sales Positions Available

Flavin & Flavin  
1085 Hancock St. Quincy Center  
Visit: www.flavinandflavin.com

**617-479-1000**

**Century 21**  
Annex Realty, Inc.

49 Beale St., Quincy, MA 02170  
**617-472-4330**  
www.c21annex.com

Over 70 Seller and Buyer Agents  
specializing in Residential, Commercial  
Real Estate, Bank Owned Properties,  
Short Sales and Rentals

**ANNEX REAL ESTATE SCHOOL**  
Offering Salesperson's, Broker's and Continuing Ed. classes

**"STILL NUMBER ONE"**

J  
U  
L

2  
3

2  
0  
2  
0



# State Senate Passes Police Reform Bill

Cont'd From Page 1

an said. "But we have a situation out in Springfield, Mass., where we are in the national news because of what has happened out there in terms of use of excessive force in their narcotics unit."

"The bill is an attempt to say look at the good departments. They are accredited. They do all the training they are supposed to. Let's make sure every department is doing what the good ones do and move them all to the next level."

Keenan noted the bill would not defund the police nor strip officers of qualified immunity.

"There is nothing in the bill that defunds the police. There is nothing in the bill that abolishes the police department. I would tell you if there was an attempt to defund the police through this legislation, if there was an attempt to abolish the police through this legislation or if there was an attempt to eliminate qualified immunity, I would have been a loud no on the bill," Keenan said.

"There is a lot of information out there and a lot of people believe qualified immunity was abolished, and it's just not. A lot of people believe that board that was

set up didn't include police officers, and it does. Some people...believe that it takes school resource officers away - it leaves it up to the schools to decide if they want to have a school resource or police officer in their school."

"So, there is a lot of information out there that is not clear, and I've been spending a lot of time on the phone, calling back as many people as I can, and it would be nearly impossible to reach everybody to explain what's in the bill, to explain my reasoning for supporting it. Everybody that I have talked to has been very understanding, and we've gotten to the point where they disagree with my decision and they have respectfully disagreed, and I have respectfully said I decided on what I thought was best for the commonwealth."

There have been calls to abolish or alter qualified immunity for police officers nationwide since the killing of George Floyd by a Minneapolis police officer in May. Colorado lawmakers in June approved a bill ending qualified immunity in that state.

The bill approved by the Massachusetts Senate says that "qualified immunity

shall not apply unless no reasonable defendant could have had reason to believe that such conduct would violate the law at the time the conduct occurred."

Qualified immunity, Keenan said, is a legal doctrine created over the years by courts. It protects public employees from lawsuits when they have been found to have acted reasonably, prudently, or in the case of law enforcement with appropriate, proportional force, he said.

Keenan said that when an officer is sued and asserts qualified immunity, the court will look to past decisions to determine whether or not it applies. He said the changes in the Senate bill would apply in instances where qualified immunity automatically attaches "if there hasn't been a case of that sort," decided before.

Keenan noted the changes would only apply to lawsuits brought in state court; he said most lawsuits filed against police are brought in federal court. Even in state court, officers will be able to assert qualified immunity.

"Police officers right now are subject to lawsuits, frivolous or serious, and this does not impact whether

they can be sued or lead to a likelihood of being sued necessarily, but it does affect will they be released from the suit because of qualified immunity," Keenan said.

"If their behavior is something that has been covered by qualified immunity before, they will be covered by qualified immunity. If their behavior is reasonable and proportionate, they will be covered by qualified immunity. If their behavior is such that a reasonable person would say that is too much, there would be a review of whether they are covered by qualified immunity, just like in the first two cases, but they may not get it whereas before they might have automatically gotten it, even in cases where most people would agree the conduct is unreasonable."

During the Senate debate on the legislation, Keenan supported an amendment to remove the qualified immunity text and have it sent to a committee for study. That amendment, however, did not receive enough votes to pass.

Keenan said he still voted in favor of the bill as a whole because it contains many provisions he supports.

"Everyone knows what a box of mixed chocolates looks like. It has coconut, it has caramel. I don't like coconut, I don't like caramel, but when I look at the whole box, there is enough in there that I like that I say 'OK, I will take the box,' and that is how I look at this legislation," Keenan said.

Among other things, he said the bill would lead to the development of standard hiring procedures statewide, standardized training statewide, standardized in-service training across the state, statewide standards on the use of force, including a ban on chokeholds, and would require officers to report misconduct by other officers.

The bill would also create a new 15-person Police Officer Standards and Accreditation Committee. The committee would have the "power to certify, renew, revoke or otherwise modify the certification of any law enforcement officer." The committee would also be able to establish a separate accreditation for school resource officers.

The governor would be responsible for appointing 14 of the committee's members, including representa-

tives nominated by the law enforcement community, the ACLU, the NAACP, Lawyers for Civil Rights Inc., the Massachusetts Black and Latino Legislative Caucus as well as a former judge and someone personally involved in or impacted by the criminal justice system. The attorney general would appoint the final member.

Keenan said he understands criticism of the process the Senate took while reviewing the bill but believed it should move forward because of what it would accomplish.

"There has been a lot of criticism of the process. The criticism is justified. It was not a good process. I had expressed that personally and directly to the Senate president, but, when all is said and done, I have a bill in front of me and I have to make a decision of whether it is worth moving the bill to the next stage of the legislative process," he said.

"Based on the things that I listed that are in the bill, and the fact that qualified immunity would still be in place although with an attempt to modify or clarify an issue, I thought it was a bill that deserved to move to the next step."

## MA Must Remain Vigilant To Contain Coronavirus, Baker Says

By SCOTT JACKSON

As other states have seen a surge of COVID-19 infections in recent weeks, Gov. Charlie Baker said it is important that Massachusetts residents continue wearing masks when social distancing is not possible, calling it the most important way to stop the spread of the virus.

"This is no time to let down our guard. It's very clear from the research and the data that face coverings are the most important and significant way to stop the spread," Baker said during his State House press conference on July 16.

"While there has been a lot of back and forth about what the virus is and what the virus isn't over the course of the last 120 days, the one thing we all know

for sure is that it spreads from one person to another and to another."

In addition to wearing a mask, Baker identified a number of other precautions Bay Staters should continue to follow. Those precautions include social distancing, being outdoors instead of indoors when possible, good hygiene practices including handwashing and sanitizing surfaces, and staying home if you are sick.

"We all need to remain vigilant with respect to our activities here in Massachusetts so we can continue to contain COVID-19. We all have a responsibility - you have been terrific in living up to yours and we would just ask you to all continue to play by the rules [and] do the things that stop the

spread," Baker said.

"It is especially important as the rest of the country has experienced significant increases in recent weeks that we stay vigilant here in Massachusetts."

Baker issued an order, effective May 6, requiring all individuals wear a mask or face covering in public when maintaining proper social distance is not possible. Children ages 2 and under are exempt from the order as are people with medical conditions that prevent them from wearing a face covering.

The governor's order allows state and local officials, including police, to assess fines of up to \$300 per violation of the order. Businesses are also allowed to deny entry to individuals

who refuse to wear a mask for non-medical reasons.

Baker on July 16 said the order, "is going to remain in place until we don't have an emergency." He also credited the state's residents for their willingness to abide by

the rule.

"If you look at Massachusetts relative to many other states in the country, our compliance with that mask order is very high," Baker said.

"I give the people of

the commonwealth credit for recognizing and understanding that this is not only an important way to protect themselves, but it is also an important way to protect others given the amount of asymptomatic spread that exists with COVID."

## 3 Test Positive For COVID-19

Cont'd From Page 1

present in the classroom and the parents of five students were notified by special education staff of the positive test on July 11 and instructed to seek testing and quarantine for 14 days from the last date of exposure; the students will continue their summer program remotely during that time. All other NQHS summer program parents and staff were notified via phone and email the same day.

On July 15, a summer staff member at the Della Chiesa Early Childhood Center notified school officials of exposure to COVID-19 positive contacts, and the employee tested positive the following day, Mulvey said. The staff member had been present at the school July 6 through July 9 and on July 13 and 14.

Special education staff notified the other staff member present in the classroom and parents of seven stu-

dents about the potential exposure on July 15. They were told to seek testing and quarantine for 14 days from the date of last exposure. All other early childhood center summer program parents and staff were notified via a phone call and letter sent home on July 16.

An administrative employee at Quincy High School, who had been in the office July 6 to July 9 and on July 13 and 14, notified Principal Larry Taglieri about COVID-19 symptoms on July 15 and tested positive one day later. Three other QHS administrative staff members have been instructed to seek testing and isolate for 14 days.

Mulvey, in his letter to parents, said in-person spe-

cial education classes are being held at both NQHS and the DCECC this summer. There are 90 students and 31 staff at the former and 57 students and 29 staff at the latter. The programs run from Monday to Thursday and began on July 6.

Administrative staff are also working at the Coddington Building (30 employees), North Quincy High School (five employees) and Quincy High School (five administrative staff plus five central registration staff members).

In addition, custodians continue to work in all school buildings.

Staff and students are required to wear a mask or face covering, provided they are physically able to do so, Owens said.

## Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., corner of Coddington Street, is now conducting its regular Sunday service at 9:30 a.m. on Sunday mornings.

Rev. Patrick McCorkle will preach and music will be provided by Paul Frazer as soloist.

Masks and social distancing will be required. There will be no group hymn singing or coffee hour. Masks and sanitizer are available.

Areas in use are cleaned after every service.

If you would prefer to stay at home, the on-line service will be streamed at 9:30 a.m., and is also available on YouTube. To get to the Church website, type in: bethanyconchurch.org and scroll down to the very bottom to find the link to the most recent service. This will give you not only the church service, but the bulletin and other information

about what's going on at Bethany. Or, you can go directly to YouTube and type in Bethany Church Quincy, Massachusetts to find all of the services.

The ZOOM coffee hour will continue to take place at 10:30 on Sunday mornings. To participate, e contact the church office (617-479-7300) and let them know to put you on the list to receive meeting information.

steaktips.com





**OPEN FOR FUN**—The new Kincaide Park in Southwest Quincy officially opened July 13 with a ribbon cutting ceremony officiated by Mayor Thomas Koch. Helping the mayor cut the ceremonial ribbon is Violet Palmucci, daughter of Ward 4 Councillor Brian Palmucci. The park includes a new soccer field, basketball courts, walking track, sprinting track, splash pad and fitness areas. Other elected officials attending the neighborhood event included City Councillors Anne Mahoney and Charles Phelan and School Committee members Paul Bregoli and Kathy Hubley. More park photos on Page 31.

Photo courtesy of Lisa Aimola, City of Quincy

## Quincy Hiker Rescued After Snow Collapse On Mount Washington

By SCOTT JACKSON

A 28-year-old Quincy man is lucky to be alive after suffering serious but non-life-threatening injuries Saturday when a snow formation collapsed onto him while he was hiking Mount Washington, the New Hampshire Fish and Game Department said.

Authorities received a 9-1-1 call at 1:30 p.m. Saturday that two hikers had been caught in an avalanche on Tuckerman Ravine Trail. Officials said they soon understood it was not an avalanche, but the collapse of a snow formation known as the Tuckerman Snow Arch.

The Appalachian Mountain Club, Androscoggin Valley Search and Rescue Team and conservation officers from the Fish and Game Department all responded to the scene; the U.S. Forest Service also assisted with rescue efforts. While rescuers were en route to the scene, they learned there was only one person caught under the snow.

The Fish and Game Department identified the victim as Alphonse Rieng, age 28, of Quincy. The department said Rieng went off the trail and under the snow arch to take a video of the area. The snow arch collapsed while Rieng was underneath it, the department said, crushing him with what one witness described as a "basketball-court size amount of snow."

Another witness told rescuers that "it sounded like a sonic boom when the snow arch collapsed and landed."

It is unknown how long Rieng was under the snow and ice, however passing hikers who saw and heard the event helped pick up and move the large ice/snow blocks that fell on him and moved him to safety. AMC personnel from Hermit Lake were the first to reach Rieng, after he was moved from the snow collapse. As more rescue personnel arrived it was determined that Rieng had received serious but non-life-threatening injuries, the

Fish and Game Department said. Due to his injuries, and location on the Tuckerman Ravine Trail, it was determined that a slow, assisted walk down the trail would be just as safe as a carryout. Rieng was assisted down to Hermit Lake shelter where he was then loaded onto an ATV.

He was then brought down the Sherburne Ski Trail and arrived at the Pinkham's Notch visitor center parking lot at approximately 6:45 p.m. Rieng was taken to Androscoggin Valley Hospital for treatment of his injuries.

The New Hampshire Fish and Game Department said Rieng is "very lucky to be alive." The department said the incident "should act as a reminder to stay on the trail and not go on or under any suspended snow bridges or arches of any kind, especially in the summer months when all snowpack is losing its structural integrity due to the sun and temperature."

## Quincy Point Congregational

Online worship on the Quincy Point Congregational Church "YouTube" channel will return Sunday, July 26 with Rev. Ellen Tatreau leading the service.

Elizabeth Milch will be the soloist of the day. The church is very grateful for the work of Dr. Jonathan Roberts, who over the past "coronavirus" months has been editing the weekly videos and playing the piano segments.

Aug. 2, 16 and 30 are the projected dates for outdoor worship on the Abbey Road lawn of the Church for the upcoming month. Pre-registration is required to ensure

social distancing and care for one another. Links will be posted the week before each worship.

We want worship to be accessible to all so regardless of outdoor worship, online worship will continue every week on Quincy Point Congregational Church's channel on YouTube. We invite you to check out each week or even view some of the older services. If you have cable or a smart TV with a voice remote you can say, "Quincy Point Congregational Church on YouTube." The worship is broadcast on QATV, Chan-

nel 8 every Wednesday at 6 p.m. You can also go directly to "YouTube" or click on the links each Sunday posted to Facebook and Twitter. If you like what you see, "Subscribe" and help us get to the next "YouTube" creator level.

The Church Office will remain open, Monday through Friday from 9 a.m. to 2 p.m. Call or email if you have any concerns or questions. Pledges or donations can be mailed to 444 Washington St., Quincy, MA 02169 or online at <https://www.quincypoint-cong.org/donate>.

## City Opens First Dog Park On Quarry Street

Mayor Thomas P. Koch announces the official opening of Quincy's first City dog park this week.

The park is located on Quarry Street and includes three separate areas for active dogs of all sizes, small dogs and senior dogs. It is equipped with shelter pavilions, benches and watering stations.

The Stanton Foundation, an organization dedicated to promoting the welfare of dogs and strengthening the human/dog bond, granted the City of Quincy \$247,500

towards the park's design and construction costs.

"The new dog park offers our community a dedicated and safe environment for dogs to exercise and for people to socialize with other pet owners and enjoy time outdoors," Koch said. "The park is situated at the top of the hill so the area has a beautiful view and peaceful feel."

As a reminder to the community, in accordance with Governor Charlie Baker's guidelines for the state of Massachusetts, the City of

Quincy requires face masks and the practice of proper social distancing while enjoying this new space with their pets. The use of a mask does not replace important social distancing measures. Individuals must continue to maintain more than six feet of distance from other people, wash hands regularly with soap and water and stay home when sick.

The 20-acre parcel will also be home to the future Quincy Animal Shelter/Quincy Police Canine Unit and Animal Control.

## Lighthouse Fellowship Worship On The Lawn

Lighthouse Fellowship, 73 Newbury Ave. in North Quincy continues to enjoy an outdoor worship service each week. Worship On The Lawn at 10 a.m. will continue through the summer.

With chairs spaced carefully apart it is a safe space in the sun and light breeze where everyone can feel comfortable. Canopies provide shade for those who want to avoid the sun. We also supply water and sunscreen. To provide a safe worship experience we ask everyone to wear masks. Contact the office at [lighthouse.quincy@gmail.com](mailto:lighthouse.quincy@gmail.com) if you have any questions, concerns, or require special accommodations.

On July 19 during Mission Moment we heard an update on the shoe boxes we filled last November for Operation Christmas Child run by Samaritan's Purse. It seems ages since we packed our 50 shoe boxes and they have been traveling around the world. It was an encouragement to hear about 600 being delivered this week in Kyrgyzstan and of the delighted children and parents. "Their joy knows no bounds," says Pastor Nur.

Most of the children are from extremely poor families who are also suffering the effects of COVID-19. They are receiving Samaritan gifts for the first time. Clothing and food is being distributed along with the gift boxes. To date, 178 million boxes have been delivered to children in 160 countries & territories. It's a privilege to participate in spreading joy to children each year.

Lighthouse Fellowship members recently donated \$1,160 to an orphanage in Cameroon. Wali Uriel, one of the members, had shared earlier about 30 children in his home village who lost their parents during the ongoing crisis there. They sent videos of the beautiful children singing and saying thank you. During the service we listened to one of the songs as the children sang loudly and with all their hearts "He Knows My Name."

Wali thanked the congregation and expressed his deep appreciation for the donation to House of Hope Orphanage in Ngyen Mbo Village. "But do not forget to do good and to share, for with such sacrifices God is

well pleased." (Hebrews 13:16)

During the week people are welcome to join the morning devotional time on Monday, Wednesday and Friday at 7 a.m. Thursday evenings all are welcome to a study at 7 p.m. There are also two classes a week for children. All of these are with zoom conferencing. You may call the church for details: 617-847-4444 or email [Lighthouse.quincy@gmail.com](mailto:Lighthouse.quincy@gmail.com). Pastor Mike Fehan's sermons are also available on YouTube each week: [https://youtu.be/18GKZD\\_UhLw](https://youtu.be/18GKZD_UhLw).

At Lighthouse Fellowship we believe in the power of prayer. If you have a prayer request please let us know by calling or emailing. A prayer group will receive your request and pray for you. We are also seeking ways that we can be instruments of justice in the light of on-going injustice and injury to the African American community and other ethnicities. A study of The Color of Compromise will begin soon. The office will have dates and details.

Join us Sunday, June 7 for another Worship On The Lawn.

J  
U  
L

2  
3

2  
0  
2  
0



# QUINCY COLLEGE | Visiting Year

REGISTER BY  
AUGUST 1ST  
\$500 FALL  
SCHOLARSHIP

\*Some restrictions apply.

Uncertain about your college plans?  
Quincy College is the answer.

8

COLLEGE  
COURSES

2

SEMESTERS

FOR UNDER

**\$8,000\***

\*Tuition & Fees included. Some restrictions apply.

Academic advising staff is available to discuss course transferability.

## Quincy College Visiting Year

SAMPLE SCHEDULE | 2020-2021 | Associate Degree - General Education Core Courses

Fall 2020

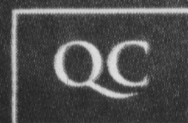
- Humanities
- English Composition I
- Computer Science
- Math

Spring 2021

- History or Government
- English Composition II
- Laboratory Science
- Psychology or Sociology

Learn more: [info.quincycollege.edu/visitingyear](http://info.quincycollege.edu/visitingyear)

Call 617-984-1710 or Email [admissions@quincycollege.edu](mailto:admissions@quincycollege.edu)



Register now!



# Fine Print Book Review: 'What I Carry' By Jennifer Longo

By BETH VACCA

"Things that don't fit in a suitcase: friendship, a boy-friend, adoption, college." Words written on the back cover of Jennifer Longo's latest novel "What I Carry" and which perfectly summarize this fictional story of a teenage girl about to age out

of the foster care system in Washington State.

Muiriel was left at a safe haven in a California hospital shortly after her birth. Although a newborn, Muiriel was not an ideal candidate for adoption. She was addicted to methamphetamine. She entered the foster

system.

Muiriel learned the hard way that the easiest path in life is to pack light. "A wardrobe a person really loves is for someone who has somewhere to keep it - a closet, in a place where she can stay as long as she wants."

Muiriel knows better.

She knows you cannot depend on anyone. She knows, for her, homes can only be temporary. And most importantly, she knows if you start feeling yourself wanting to stay somewhere? Leave. Before you get hurt.

Muiriel has lived in 20 foster care homes during the past 17 years. Her social worker, Joellen, is begging her to stay in this placement for the whole of her senior year. Joellen thinks it is important for college.

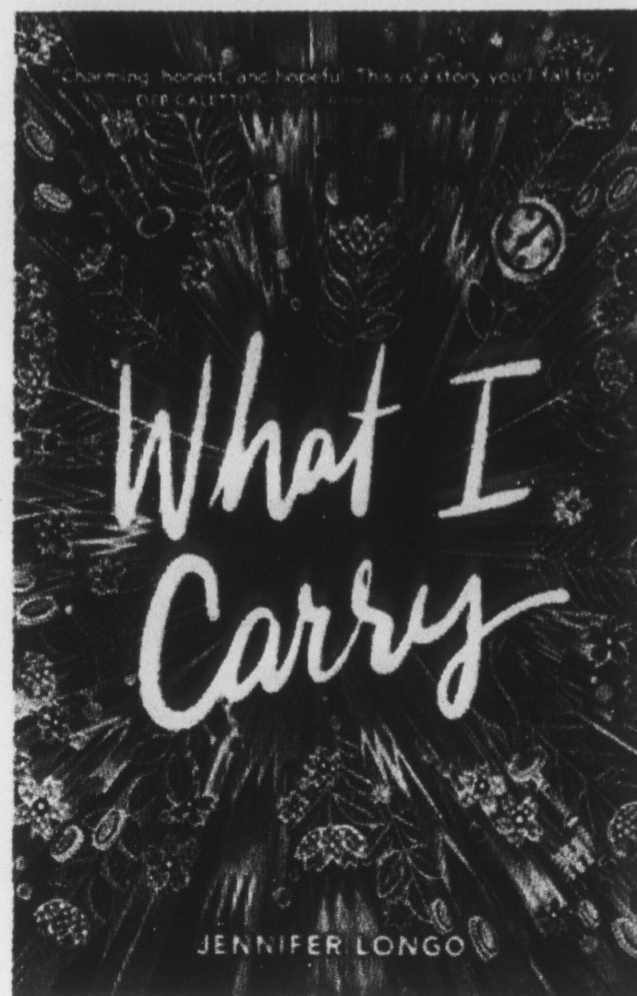
College? Muiriel knows better here as well. She will not be able to attend college. She is aging out. She will be on her own. Providing for herself. No state. No foster parents.

Muiriel has been thinking about the day she ages out for years now, but there are no plans which can be made. She simply must wait and make sure her "file" stays clean. No trouble. Nothing remarkable. Not too long in any foster house. Not too long in any school system.

Be helpful, but not memorable.

Joellen had to beg this last foster parent to take Muiriel in. There was nowhere else for her to go. The system is overcrowded. It was her "clean" file that persuaded Francine to take one more foster child before retiring from being a foster mother.

On an island in the Puget Sound, Muiriel started breaking her own rules one by one. No friends. Then she met Kira. OK, no "life and death" kind of friends. Only own enough to keep in your suitcase. Maybe she could use only the top drawer? Don't draw attention to yourself. She just couldn't stand by and watch mean



girls bully her "not life and death" kind of friend.

We watch Muiriel allow herself to not only care for the people she has met, but allow them to care for her.

We watch as Muiriel struggles to understand that although loving others makes us vulnerable and we could be hurt, that some people are worth the risk.

We watch as she begins to understand that she can allow good things to happen to her without feeling guilty. That she needs to receive love and acceptance even though there are children out there that are not being afforded the same opportunity. That she can have dreams that reach beyond her eighteenth birthday.

I admit to knowing next to nothing about the foster care system in America. When I hear the mention of anything "foster" it is usually associated with headlines in the news.

This book allowed me a glimpse into the misinformation, preconceived judgments and fear that are attached to such a vulnerable part of our society. How we may judge a child in foster care not for who they are, but solely on their status as a foster child. How they must have done something which landed them in the system. Behaved badly. Became a burden.

I learned many things from this novel. I learned that a person is not "adopted", but that they "were adopted". "Adopted is not an adjective." I learned that the foster care system is not a system for parents who are looking for a child, but it is a system for children who need parents.

As human beings we are born dependent upon others. It is who we are. How we

were created. The fact that we were born is what entitles us to this care. The care provided to us is not dependent on our good behavior. Any parent can tell you that.

The definition of a parent is someone who provides for the needs of their children. This definition does not change depending on the attitude of the child. This should be true regardless of whether "foster" appears before the word parent or not.

This truth however, does not negate the fact that many foster children have the very real fear that their actions will determine if they have a home.

I have wonderful parents. They have loved me. Supported me. Cared for me. I am blessed to have them in my life and grateful for everything they have sacrificed and provided. Never have I believed their love was conditioned on my good behavior.

Longo's novel opened my eyes to the hearts of children in child protective services. To reflect that children love their parents because they were first loved. This book makes it clear that every child deserves this love and stability.

This novel was a well written insight into the foster care system without judgement, blame or finger pointing. The story of Muiriel and her last year in the foster system provides hope. The knowledge that there are people in this world who understand what it means to love. Longo's fictional characters represent real people. People who are called to love and know that love is more than a feeling. It is an action. That love is meant to be given. Wholly, unconditionally and when witnessed, beautifully.

## 'Wait Till Helen Comes' By Mary Downing Hahn

### Book Review

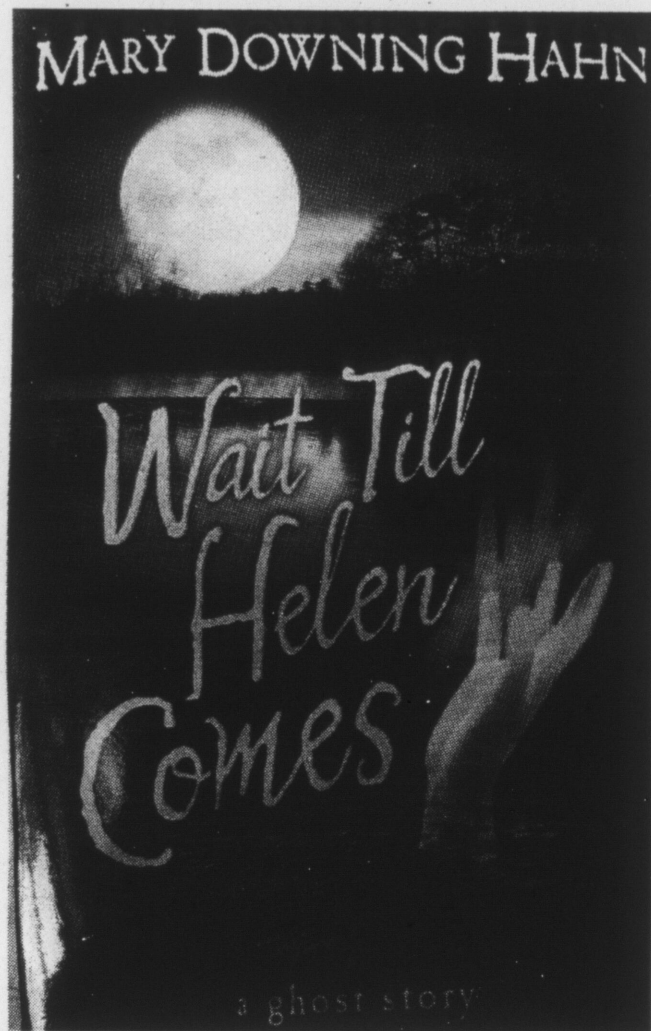
Wait Till Helen Comes  
By Mary Downing Hahn  
(Ages 9 and up)

By GRACE WARREN

Do you like scary books? Maybe you've never read one. If so, this is a great author to start with, as her books are really spooky.

When Molly and Michael move with their mom and her new husband Dave into an old church in Holwell, Maryland, the kids think they are in for a horrible summer. Their new stepsister Heather is a "sensitive, imaginative child" (Dave's words), but they think she's really a little troublemaker. When Heather was 3 years old, her mother died in a fire. Now, four years later, she's become a tattletale who causes mischief and lies about Molly and Michael. She is trying to make her Dad and the kids' mom fight, so she can have her Dad all to herself. Unfortunately, her behavior is working.

In their new home, which is next to a graveyard, Heather begins talking to a 7-year old girl named Helen, who also happens to be a ghost. Helen promises to



be Heather's best friend, but Helen actually has HORRIBLE plans for Heather. It's up to Molly and Michael to save Heather, and reunite Helen with the souls of her family.

I loved this book because Molly and Michael had to

figure out Helen's story in order to save Heather's life. They also have to convince Heather to share a secret which has made her so miserable all these years, a secret Helen understands better than anyone else can.

I give this creepy story 10 stars.



The USDA funded Summer Food Service Program for Children sponsored by the Quincy Public Schools will provide free meals to all children without charge, regardless of race, color, national origin, sex, age or disability. Due to COVID-19, we will offer the same service by providing both breakfast and lunch at eight emergency feeding locations.

Breakfast & Lunch Service: Monday—Friday

11 am to 12 pm - July 6 through August 21, 2020

Please note the following guidelines that will continue to apply to protect participants from exposure to COVID-19:

'Grab and Go' breakfast & lunches with milk will be provided each day.

All locations will operate in a non-congregate manner. Please take your meals and kindly leave the premises. This is to ensure your safety.

Kids who are age 18 years old and under may have both breakfast & lunch.

Parent/guardian can pick-up meals on behalf of their child or children.

Kids/parents can go to any one of nine locations across Quincy.

There are no registration or income requirements to participate.

"This is an equal opportunity provider."

#### SITE LOCATIONS:

The Snug Harbor School gym entrance

The Ward II Community Center

The Lincoln Hancock School cafeteria

The F.W. Parker School cafeteria

The Montclair Elementary School gym

Quincy High School cafeteria

North Quincy High School gym entrance (Hunt St.)

Atherton Hough Elementary School cafeteria entrance

Clifford Marshall Elementary School entrance

JUL

23

2020



# Houghs Neck Restaurant Can Sell Parking Lot

By SCOTT JACKSON

The Zoning Board of Appeals granted a Houghs Neck restaurant permission to sell its parking lot for the second time in recent years.

The board on July 14 granted the request from Louis, located at 1269 Sea St., for permission to sell its parking lot on the opposite side of the street. The July 14 vote rescinds a decades-old decision by the board that required the restaurant and the parking lot – located on the parcels at 1260 and 1266 Sea St. – share a common owner.

Board members voted 4-1 on July 14 in favor of the request. The board's vice chairman, Michael Covais, cast the dissenting vote.

Board chairman Martin Aikens cited strong support for the neighborhood before casting his vote. He said Louis is more than just a restaurant to residents of Houghs Neck, "and the people have a lot to lose if this doesn't get done."

"The public spoke. They really want this, and they are willing to give a little," Aikens said. "The people of the neighborhood want Louis open and I do too."

Charles O'Brien called the original board decision a mistake.

"The Zoning Board of Appeals created this monster. We put this restriction on the property," he said. "I think it was a mistake and we should undo what we did."

Brian Radell said Louis would not be the first restaurant in Quincy without its own parking lot.

"There are a number of restaurants in the city that don't have their own parking that use city lots or on-street parking," he said.

Covais said Louis has long needed the parking lot, and that there are more people driving cars now than before.

"People don't drive less, they drive more," he said. "Nothing is stopping them from opening up right now."

Louis has remained closed since March 2018 because of damage sustained during a nor'easter. Owner John Galligan has said the

sale of lot would help ensure the restaurant can re-open in the near future.

"We want to see the doors of Louis re-open, we want to serve the community and we are eager to get to that point," he told the board on June 30.

A dozen residents had spoken in favor of the request during the June meeting with one opposed and three who said they were undecided. Ward 1 Councillor David McCarthy at that time said the proposal to renovate the nearby Houghs Neck Maritime Center would create adequate parking to meet the needs of Louis. The lot,

he said, could contain 57 spaces for cars and 12 to 15 spaces for trailers that could also be used for cars at certain times.

In addition, the councilor said plans to build two homes on the parking lot – a single-family home and a two-family home – were well-received by neighbors during a community meeting in March. In 2018, the then attorney for Louis' owners said a pair of two-family homes could be built on the site.

The ZBA did not take a vote at the June hearing and continued the matter until July 14.

The board in September 2018 voted in favor of terminating the common ownership provision, but abutters appealed the decision in court. The two sides agreed to a settlement before a judge could rule on the matter; the settlement included Galligan asking the ZBA rescind the 2018 vote that would have allowed the sale of the parking lot, which the board did.

The owners of the restaurant had first sought permission to sell the parking lot in 2014, but that request was put on hold and ultimately withdrawn as the city contemplated acquiring the lot

as part of the planned project to replace the Houghs Neck Maritime Center. A new request was filed in 2016, which is what the board voted on two years later.

In other business on July 14, the Zoning Board of Appeals:

Granted Brian LaRoche a variance to construct a second story addition to the home at 27 Bellevue Rd.

Continued until Aug. 25 the request of Michael Davis for a variance to construct an addition to the premises at 63 Lenox St. Board members asked Davis to scale down the proposed addition.

## WE ARE DELIVERING!

### THE COMMON MARKET RESTAURANTS

97 & 110 WILLARD STREET, QUINCY

### NOW YOU CAN ORDER ON LINE

From ANY of our restaurants and have it delivered to most Milton, Quincy & Dorchester Neighborhoods!



### GO TO OUR WEBSITE TO ORDER DELIVERY

[www.commonmarketrestaurants.com](http://www.commonmarketrestaurants.com)

## Lauren Naruse Earns Masters Of Art Degree

Lauren Naruse of Quincy recently graduated with a Master of Arts in clinical mental health counseling from William James College in Newton.

## Six Students On Fairfield Dean's List

Six students from Quincy have been named to the Dean's List for the spring semester at Fairfield University.

They are:

Julia Geary, Kate Lydon, Sara McDonald, Edward Ordway, Marissa Viens and Jack Kelly.

**QUINT'S**  
House  
of Flowers

Family Owned & Operated  
Since 1919

761 Southern Artery  
QUINCY

617-773-7620

## Free Checking

that suits your style.

- Free ATMs, nationwide – we'll pay your ATM fees up to \$15/month\*
- Free mobile banking
- Free Apple Pay® & Samsung Pay
- No monthly service fee

At Bank of Canton,  
we have your style covered:

[www.ibankcanton.com/checkingstyle](http://www.ibankcanton.com/checkingstyle)

\*With Convenience Checking, Bank of Canton will not charge a fee for using non-Bank of Canton ATMs and will automatically reimburse other banks' ATM surcharges up to \$15 per account cardholder per statement cycle. Convenience Checking requires \$10 initial deposit to open. Apple Pay is a trademark of Apple Inc. Samsung and Samsung Pay are trademarks or registered trademarks of Samsung Electronics Co., Ltd. Samsung Pay is available on select Samsung devices. See <http://www.samsung.com/pay> for details.



Member FDIC Member NCUA  
NMLS #468169

**BANK OF CANTON**

888.828.1690

[www.ibankcanton.com](http://www.ibankcanton.com)





QUINCY HIGH SCHOOL senior baseball players are recognized at Adams Field during the recent "Salute to Seniors." The baseball players were some of the graduating senior athletes at both high schools who took to the field to play against their cross-town rivals in seven out of 10 spring sports one final time. The high school spring sports seasons – like many community activities – were cancelled earlier this year due to the COVID-19 pandemic.

Photo Courtesy Amy Kelly

## 'Salute To Seniors': Athletes Compete One Final Time

The graduating seniors of Quincy High School and North Quincy High School took to the field one final time July 11-12th for their last shot at their crosstown rival. In all, 7 out of the 10 spring sports teams were able to field teams and play some very competitive games. A great time was had by all.

The weekend started off on Saturday morning at Mitchell/McCoy Stadium where the NQHS boys volleyball took the match 2-1 in front of family and friends. NQHS took the first game handily battling back and forth for the win.

QHS then took the second game to tie it up and send the match to a third game. The NQHS boys proved to be too much and took the final game—and the city championship for boys volleyball. Quincy was represented by Tyler Ralls, Derek Nguyen, Simon Rong, Ethan Pham, Joe Ban, Tom MacPherson, Thomas Le, Stuart Dozier, Khalid Elbeih, Tedi Qafko, Mostfa Al-Ibrahimi, Keylin Taylor and Tresor Kalioua. NQHS had Michael Mei, Tyler Li, Tony Nguyen, Benjamin Do, Jack Huang, Aaron Huang, Wei Nuo Lin, Kenny Nguyen, Angelo Libera and Jordan Feng.

Later on Saturday, girls softball took center stage at Mitchell/McCoy. After introductions by youth coaches Rick Radzik and Chris Bell – both sides threw out their first pitch to a selected member of their family and friends in the pre-game ceremony. NQHS was the home team and took the field to a rousing ovation. Alexa Radzik had some great at bats and played stellar in the field for NQHS. Shannon Boylan, Sydney Taylor and Denise O'Donovan played solid all game and Ashley Caldwell made several clutch plays at third base for North Quincy. Olivia Peluso played a great two-way game.

For QHS softball, Juliana Tracey was on the mound for Presidents. After a slow start, Tracey settled down and limited North's offense

Cont'd On Page 19



NORTH QUINCY HIGH SCHOOL graduating senior athletes share a moment at Veterans' Memorial Stadium at the recent "Salute to Seniors."

Photo Courtesy Sara Regan Levine



QUINCY HIGH SCHOOL graduating senior athletes enjoy a ride on a flat-bed truck during the recent "Salute to Seniors."

Photo Courtesy Sara Regan Levine

J  
U  
L

2  
3

2  
0  
2  
0



# 'Salute To Seniors': Athletes Compete One Final Time

Cont'd From Page 18

to just three runs striking out ten batters. Megan Beck started in CF and lead off with a solid at bat followed by Gen Reardon who split time with Olivia Herman at 1B. Herman had two RBI's and Madi Bergonzi had two hits in the 6-3 QHS win. Margaret Farrell flashed some serious leather at 3rd base and Madison O'Brien had some very aggressive swings at the plate while O'Brien and Kelly Chen dominated the outfield. Julianna Stagg had a solid game at second base and scored a run. In the end, QHS pulled down the city championship for 2020.

Quincy High School baseball was the home team under the lights at Adams Field on Saturday night. The pre-game ceremony began with each senior throwing out the first pitch to grandparents, parents, friends, mentors and neighbors – it was a special moment.

The game began with Mike Scibilio on the mound for Quincy. Scibilio threw two scoreless innings and also contributed a couple of hits and scored a run. Erik Mayo was a stud behind the plate sharing time with Nick Buonopane. Joe Murphy had some solid at bats along with Riley O'Connor and Ben Fehan. Joe Smiddy was solid at second base as Aidan Healy turned in the web-gem of the night at first when he reached over the fence to snag a foul ball. Tim Pick had a nice at bat late in the game for QHS.

Ryan Bergin scored a run for the Presidents late and Mihir Patel was solid in the field. Drew Polsgrove and Mike O'Connor both swung the bat well and Kevin Ferrent protected the hot corner at 3rd base for QHS. Jake McGahey and Shane Murphy provided some excitement while Zach DeMore added a walk and a hit. Vinny Joyce gave everything he had for the Presidents – but, their late inning rally wasn't enough – falling 7-4 to the Red Raiders from North Quincy.

For North Quincy, Colby St. Marie started on the mound and held the Quincy offense in check. Peyton McGaffigan pitched a few innings and Connor Kulig made his successful return to the field after his horrific and courageous recovery from a spinal injury. Liam Dugan and Dylan Connors were great at the plate and on the field. Raymond Chau and Ian Cramond added a couple of hits between them and Andrew Gott was solid in the field along with RJ Merna. Co-Captain Jack Pritchard was spraying the ball all over the park all



QUINCY HIGH and North Quincy High graduating senior athletes gather for a group photo at the Ruth Gordon Amphitheatre during the recent "Salute to Seniors." Photo Courtesy Sara Regan Levine

night.

Player of the game honors went to co-captain Mike Levine who had two doubles and two runs scored for the Red Raiders. Along with Kulig's return, story of the night goes to Mike Costello. Costello was a standout catcher for NQHS back in his sophomore year until he injured his back and never thought he would play again. A clearly emotional Costello finished his NQHS career like a champion with two-hits and the lifelong memory of playing under the lights for the old ball club one last time. Great job, Mike!

The tennis matches between QHS and NQHS wasn't meant to be – but, that didn't mean there wouldn't be tennis matches. North Quincy pitted their top two singles player on the boys side and top two players on the girls side – and a couple of great matches broke out.

Peyton McGaffigan, a Patriot League All-Star took on two-time Patriot League MVP Shane Lerkvikarn. It was a battle to the end with Lerkvikarn winning the best of three matches to be crowned the City Champ for North Quincy. In the second match, Britney Zheng took on Lydia Chan. Both players battled and fought to the end and Lydia was able to pull out a solid win for North Quincy and gave Chan the city championship. Senior Kelly Ye also closed out her high school career for North Quincy.

Tiffany Pham, Ygan Jae Tumapang, Alita Wanaslip, Michelle Pham, Nidhi Patel and Mounia el Maslouhi were all QHS players unable to participate but finished

their careers strong. Well done by all participants.

The boys lacrosse teams are comprised of six seniors and are a combined QNQ team – but, that didn't stop the boys from competing. The QHS guys – captains Jack O'Brien, Michael Cugini, Brendan Kilcommons and Brendan Bailey were in game shape and ready to roll for the Presidents – each playing great on both sides of the field.

North Quincy was led by captain Matt McGourty and Jackson McMahon – both played solid for the Red Raiders. Thanks to the support and commitment of the alumni and underclassmen – the boys lacrosse played two 20-minute halves of intense lacrosse with QNQ coming out on top!! Kudos to all involved.

After the boys lacrosse game, each of the seniors made their way to Pageant Field where they were met with DJ Mark McGillicuddy spinning tunes on a flatbed donated by Ayers Brothers. The students gathered

at Pageant for Montilio's pizza – donated by Michael Bellotti – and to reminisce before the Salute to Seniors parade from Pageant to Veterans' Memorial Stadium. The seniors all loaded up the flatbeds and, with a police escort, entered the stadium for the final time cheered on by their families and friends. Thanks to Mayor Thomas Koch, the jumbotron at the stadium had a live feed of them entering with "Don't Stop Believing" by Journey leading the way.

Once they entered the stadium – the flatbeds rolled around to the tunnel where every senior registered to play spring sports – all 130 of them – were introduced by public address announcer Mike Flavin. It was a great moment that will stay with many for a long time.

The final match-up of the evening had the NQHS and QHS girls lacrosse team matching up one last time. This was a highly anticipated game that had some incredible action by both

Cont'd On Page 20



NORTH QUINCY High School graduating senior and varsity lacrosse player Tiffany Chiu (right) at the recent "Salute to Seniors." Photo Courtesy Sara Regan Levine



VARSITY BOYS VARSITY teams from North Quincy and Quincy High Schools sit in the stands at Mitchell/McCoy Field before competing in one final match. Courtesy Photo/Tim Pick





NORTH QUINCY High School senior softball players take part in a ceremonial first pitch before taking the field against cross-town rival Quincy High School one final time at Mitchell/McCoy Field during the recent "Salute to Seniors." Photo Courtesy Amy Kelly

## 'Salute To Seniors': Athletes Compete One Final Time

Cont'd From Page 19

sides. North Quincy had a strong captain's presence this year with Isabella Thong, Olivia Fitzpatrick and Olivia Murray. Each of them has enjoyed tremendous careers for the Red Raiders. Tiffany Chiu, Sohka Walsh and Marisa Riley all played solid for North Quincy and Joanna Setow was a force in net for her whole career. Rory Mahoney was all over the field for NQHS and Kathryn Moriarty pressed Quincy all game long with Nalani Depina playing great on both sides of the field.

For Quincy, tri-captains Kylie Hernon, Maggie Martin and Tara McCleary were all over the field. McCleary starting the scoring off early with the first goal for Quincy. Alexandra Gagne was a standout in net for the Presidents with Emma Jaehnig, Taylor Kinsley and Salwa Shuman showing great two-way play. Alyssa Che and Samantha Chan added to the Presidents offense all game long while Nawal Khalif helped in all ways

all over the field. Richelle Barry, Michalina Weglarzy and Sabrina Soto were great team members and had nice careers for the Quincy Presidents.

In the end, the QHS ladies proved to be too much and took home the 2020 city championship.

Special acknowledgment to all Spring Sports athletes:

**TRACK-NQHS:** Sarah Pillone, Amanda Powers; Dakota Pendleton, Adnane Baghough and Mike Gordon; **QHS:** Shabella Oliver, Erin McKay; Braedan Kopp, Matthew Wong

**SAILING - NQHS:** (no seniors on sailing team); **QHS:** Alexander Ireland, Jonathon Tan, Hannah Kyller and Timothy Pick

**GOLF - NQHS:** Brigid Dugan, Tori Ingram; **QHS:** Taylor Burgess

Overall, the parents and coaches and volunteers who made this weekend possible should take a bow. None of it would have been possible without the Martin Family (Roberta, Jim, Kathleen and Harvey), Mayor Koch

and Councillor Dave McCarthy for going above and beyond and making sure the event went off without a hitch. QHS Principal Larry Taglieri, Quincy Parks and Forestry, BCN Productions, The Maze Family, Amy Kelly Photography, Sara Levine and Tim Pick for their photos; Montilio's Bakery for donating the pastries and pizza oven both days, both Athletic Directors, JJ Niamkey (NQHS) and Kevin Mahoney (QHS) for providing support as volunteers and providing guidance every step of the way — along with showing up to every event to cheer on their seniors. Also, Mark McGillicuddy, Rob Buttomer and Jared Tucker for DJing each event; Bruce and Chuck Ayers for the flatbeds; and the coaches and assistants from both schools who were there for their kids one last time.

Special thanks to those who sent in financial support —especially NQHS and QHS, the QHS Baseball Boosters, FlyFoe South Shore Mosquito and Tick

Control, Senior Resource Center, Inc., Falco & Associates P.C., AH Campbell & Son, former QHS baseball coach Arthur "Bud" Mosher, Coach Ted Arnett, Mark Righini, Matt Hourin, Jay Davis, the Morris/Gott family, The Glynn/Buckley/Radzick family, the Mavromates and Glennon family, The Campbell family, Chris Ramos and Meaghan Lee — neither have kids to sponsor — just wanted to contribute; The Hernon family, Taylor family, The Burke, Murphy, Mayo and Cangemi family, The Holler family, The O'Donovan family, the Roy and Fallon families; Kerry Skehan, the Scibilio family, The MacPherson family, Lynn Crossman, the Bergin family. Special thanks also to Robbie Kane, Katy Tracey, Sara Levine, Kate

Murphy and Nicole Healy for going above and beyond and making memories that will last a lifetime.

In the sage words of track coach Geoff Hennessy: "It was a special weekend; I

hope we never have to do it again..." Amen to that!

Congratulations to the 2020 graduates and student athletes of Quincy High School and North Quincy High School.

### I make house calls!



Interior decorating,  
home décor sewing,  
downsizing/decluttering,  
home staging,  
decorating seminars

### Secretary of the Interior

Creative solutions at reasonable rates  
Call Barbara at 617-921-6033  
www.sec-interior.com

Quincy Access Television  
88 Washington Street  
Quincy, MA 02169



**QATV**

www.qatv.org  
617-376-1440  
617-376-1441



#### Public Access Channel 8

Thursday, July 23  
5:00pm: Bethany Congregational Church  
7:00pm: CIQ Interview: Quincy Animal Shelter

Friday, July 24  
11:30am: Currently in Quincy  
6:00pm: LIVE: NQHS Graduation

Saturday, July 25  
10:00am: LIVE: QHS Graduation (A-K)  
4:00pm: LIVE: QHS Graduation (L-Z)

Sunday, July 26  
5:30pm: NQHS Graduation  
7:00pm: QHS Graduation (A-K)  
8:30pm: QHS Graduation (L-Z)

Monday, July 27  
11:30am: Currently in Quincy  
7:00pm: NQHS Graduation

Tuesday, July 28  
7:00pm: QHS Graduation (A-K)  
8:30pm: QHS Graduation (L-Z)

Wednesday, July 29  
5:00pm: Good News

#### Government Access Channel 9

Thursday, July 23  
6:00pm: TCPL @Home, Episode #7  
7:00pm: TCPL: Phone Photography 101  
Meet Your Smartphones Camera  
8:30pm: At Your Library: July Happenings

Friday, July 24  
8:00am: MA House of Reps Informal Session, 7/20  
7:00pm: QATV Classic: John Hancock in Quincy  
8:30pm: TCPL: Irish History 101

Saturday/Sunday, July 25/26  
4:30pm: A Day at the Beach: Quincy Beaches  
8:30pm: TCPL: Phone Photography 101  
Meet Your Smartphones Camera  
10:00pm: MA Special Comm. on Commonwealth Resilience and Recovery 7/21

Monday, July 27  
6:00pm: TCPL @Home, episode #6  
6:30pm: FYI: QHD Water Intoxication

Tuesday, July 28  
7:00pm: TCPL: Inside the Combat Zone

Wednesday, July 29  
4:00pm: QATV: TV Production Workshop 2006

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

#### Downtown Construction Activities

Proposed work activities for the week of July 19<sup>th</sup>, 2020



- The sidewalk in front of the courthouse, along the inbound lane of the Dennis Ryan Parkway has been completed and is now open. In the following week, the contractor will continue raising frame and covers to grade. The final paving, installing of the new streetlights, and flag poles will begin in a couple of weeks.
- Construction continues to the north and south foundation walls at the General's Bridge project. In addition, the contractor will continue pouring concrete piers with rebar cages along Thomas E. Burgin Parkway for the future bridge abutment foundations.
- Demolition of the buildings from the Payless Shoe Source store to the Noodle Design will continue this week. The contractor has set up a new traffic alignment in front of the buildings along Hancock St to create an area for a truck wash station. Temporary pavement markings have been installed redirecting traffic. The sidewalk in front of the buildings will be closed for the next few weeks. Sidewalk close signs have been posted redirecting pedestrians to the temporary crossings.
- The contractor will continue sewer and drainage improvements along Cliveden St Ext. This one-way section of roadway will continue to be closed during construction for the following weeks. The section of Ross Way between Cliveden Street and the alley way has been temporarily reconstructed as two lanes with an added turn around at the end for vehicular movement during construction. The sidewalk along this section of roadway remains open. Traffic management signage has been placed to advise of the access modifications to pedestrians and vehicles.

(The photo on the above left is a picture of the contractor installing a new sewer line across Ross way. The photo on the above right is a picture of the contractor stockpiling subbase material from the old Ross parking lot.)

<https://www.quincyma.gov/mvcity/> or follow @CityofQuincy on Twitter.

Contact Patrick McCarthy for construction question's at: 781-264-4646 or email at: pmccarthy@woodardcurran.com

J  
U  
L

2  
3

2  
0  
2  
0



# Quincy Medical Center Demo Slated For Next Year

Cont'd From Page 10

during a series of Planning Board hearings.

Kleinman said FoxRock had a productive meeting with residents in February but had to pause outreach efforts because of the coronavirus pandemic. The company plans to resume those

efforts as the start of the projects gets closer, including weekly emails with construction updates.

"We are looking forward to re-engaging with the neighborhood on a more regular basis," Kleinman said.

Carroll said FoxRock

is committed to the Ashlar Park project amid the financial uncertainty caused by the pandemic.

"We're committed to move forward with this project," he said. "Obviously, the pandemic has had an impact on many industries, but we are committed to

this project and nothing has changed our commitment to it."

When FoxRock purchased the hospital from Steward in 2016, Mayor Thomas Koch designated FoxRock as the developer for the Ross Lot in Quincy Center.

The company has proposed constructing three buildings on the parcel in Quincy Center. They would include a medical office building with Brigham & Women's and South Shore Health, the operator of South Shore Hospital as tenants.

Carroll said FoxRock and the two health care provid-

ers remain committed to the development, but there was no update on the project.

"There is just a lot going on in the medical world," he said.

"We are really excited about the projects we have in the pipeline and we are happy to move forward," Kleinman added later in the interview.

## Keenan Opposes Mascot Bill

By SCOTT JACKSON

Sen. John Keenan said he is opposed to proposed legislation that would ban schools from using Native American mascots or team names and would rather the issue be left to local officials.

Another proposed bill pending before the Senate would create a commission to study and possibly recommend changes to the state flag and seal; the commission would have until December to make its recommendations.

The Senate could reportedly take up both measures as soon as this week, though Keenan on July 17 said he was uncertain if the chamber would do so.

Two high schools within communities Keenan represents on Beacon Hill — North Quincy High School and Braintree High School — would be among those impacted by a statewide ban on Native American team names and mascots.

North Quincy's teams are known as the Red Raiders and the school's mascot is Yakoo. The mascot is based on a caricature of Dr. Allan Yacubian, a North Quincy High School graduate who is not Native American. Yakoo is commonly shown wearing a feathered headdress and carrying a hammer.

Braintree's teams are known as the Wamps, short for Wampanoags, and its logo depicts a Native American in a feathered headdress. Braintree Mayor Charles Kokoros has said he plans to meet with Native American leaders to discuss the school's mascot.

In the recent interview, Keenan, a North Quincy High graduate, said he would oppose a statewide ban because the matter should be addressed locally and highlighted the approach Braintree is taking.

"I will vote against it," if it were to come up for a vote, Keenan said. "I think that should be handled at the local level."

"I know in Quincy it is obviously an issue people have strong feelings about. There are discussions, I think, about what's next. You follow them on social media — people are engaged

there.

"I know in Braintree... the mayor is in conversations with the Wampanoag tribe and I think that is the way it should be handled — at the local level."

The state seal depicts an arm holding a sword above a Native American, who is carrying a bow and arrows. The state's Latin motto, which translates to "By the sword we seek peace, but peace only under liberty," appears on the seal as well. The state's flag features the seal on a white field.

Keenan said he would be OK with a commission reviewing the seal and flag.

"If it goes to a commission, I guess that's fine. I think that is probably a wise thing to do," he said.

"I've never really given it a lot of thought, but I know that a lot of people feel it is something we should look at. Fine, we should look at it," Keenan added.

"That's kind of what's happening at the local level in Braintree and Quincy. Let them look at it. Let them have the discussions. In a lot of communities across the commonwealth, they have had these discussions and they have addressed the issues. So, I think it is best to do it that way."

"I think for the state to come in and say you've got to change your mascot... I think it is a very local decision and I think that's where it should stay. Those things are being discussed in Quincy and we will see where it leads."

There has been a renewed push to stop the use of Native American names and imagery in the wake of the killing of George Floyd at the hands of a Minneapolis police officer earlier this year and the Black Lives Matter protests that followed.

The Washington Redskins have announced they will change their name and logo. The decision came amid pressure from corporate sponsors and after several retailers stopped selling the team's merchandise.

The Cleveland Indians are reviewing their team name. The team had stopped using the Chief Wahoo logo on uniforms after the 2018 season.

The Atlanta Braves have said they will keep their name. They are, however, reconsidering the use of the Tomahawk Chop during games.

The Chicago Blackhawks have said they will keep their name because it honors a Native American leader, Black Hawk, who has served as an inspiration to others for generations. The team also said

they would make efforts to increase awareness of Black Hawk and Native American culture going forward.

Competing petitions have been launched on Change.org regarding North Quincy's mascot. Nearly 12,000 people had signed a petition to change the mascot as of Monday morning and more than 1,800 had signed a petition to keep the mascot.

## READERS FORUM

### Assertions That Cannot Go Unchallenged

To the editor:

I usually ignore complaining, but the letter to the editor entitled "Fine Line Between Passion and Self-Indulgent Grandstanding," by Thomas C. O'Brien, in the July 16 issue of the Quincy Sun contains some assertions which cannot go unchallenged. His characterization of two letters to the July 9 issue of the Sun, one from the Quincy For Transformative Change Education Task Force and one from Maggie McKee and four other signers, as "vitriol, berating lecture, misguided symbolism or exaggerated generalization" is nowhere borne out by the text of either of these letters. Each letter points to incidents of racism within the school system which have been documented. Each expresses a wish for more diversity in the hiring process for teachers and staff of a school system that is over half non-white. The letter from the QFTC Education Task Force calls for the formation of a Steering Committee to address such incidents of racism and lays out a set of objectives for such a committee, including a timetable. The letter from Ms. McKee et al. calls for Paul Bregoli to step down from the search com-

mittee for the new superintendent in light of his dismissive comment of "blah, blah, blah, blah" while a document concerning these very issues of racism in our schools was being read into the minutes of the School Committee.

I pass over Mr. O'Brien's rambling remarks on his youth as irrelevant to the point at hand — except to point out that (a) there is no such thing as "almost secret," (b) reporters then and now report the facts, if they don't report the facts they are not reporters, and they don't care what conclusions you draw, and (c) it's "Cronkite," not "Kronkite." — and remind everyone that because Mr. O'Brien does not share the point of view of the writers of these two letters does not make the letters or the writers "vitriolic, berating, lecturing, symbolic (misguided or otherwise), or exaggeratedly generalized." In fact, the term "exaggerated generalization" sums up Mr. O'Brien's letter pretty well. I also remind everyone that reporting on Mr. Bregoli's disrespectful behavior is not "unnecessary," as Mr. O'Brien claims, but the opposite. People who have hiring power don't very often show their complete dis-

regard of fairness or equity in the blatant way that Mr. Bregoli did, and when they do they should at the very least be called on it.

As for the the letter in the July 9 issue of the Sun, which was signed by 49 people headed by John Swanson and which Mr. O'Brien cites approvingly as "evenhanded," this text is anything but. I pass over the hagiography about the police and point to the usage of such loaded terms as "rioters, looters, arsonists, violent assaulters, murderers...terrorists, Antifa, anarchists," and Koch's "solid steady leadership, demonstrating courage ... protective guidance." The letter writers use this language to express an opinion, which they want the readers of the Quincy Sun to know that they hold. They then go on to praise Mayor Koch's decision to attend and to speak to a rally which was held on Wollaston Beach on June 20 which was called "Defend the Police." (By the way, the attendees of the "Defend the Police" rally did not number several hundred, as the letter writers claim — the letter writers are getting the "Defend the Police" rally mixed up with the prayer vigil, sponsored

by the Black Students Alliance of Eastern Nazarene College, which had been held on Wollaston Beach six days before and which was attended by over four hundred people, not including Mayor Koch — and the attendees of the "Defend the Police" rally do not earn the title "American Patriots," as the letter writers call them, simply by showing up at a rally.) What the 49 signers of this letter don't mention is that the "Defend the Police" rally was co-sponsored by a group called "MA for Trump," a political organization which is headed by Dianna Ploss, who was recently fired from her talk show in New Hampshire after filming herself going into a racist rant against some people whom she heard speaking Spanish. The involvement of the "MA For Trump" political organization made the "Defend the Police" rally into a political event, which no elected official who does not support the current president should have attended, let alone spoken to.

Maya Angelou says, "When someone shows you who they are, believe them the first time."

Susan Bill  
North Quincy

### MA Flag Beautiful In Simplicity, Symbolism

People are grumbling about redesigning the state flag because they contend that a sword hanging over the Indian's head represents oppression. Nothing could be further from the truth. The sword, or "Crest" in heraldry, has nothing to do with the Indian. The Indian was

chosen in tribute to those who helped the first white settlers of 1620 survive the harsh conditions they faced. If the sword upsets people, it can be replaced with the Pine Tree. When Maine was part of MA, a pine tree was depicted on the reverse side of the MA state flag. It was

also the symbol of the MA Militia and merchant fleet before the Revolution. Re-incorporating the tree into the Seal of MA would reunite the original insignias of MA.

The MA flag is the most beautiful in its simplicity and symbolism. The Indian

is a badge of pride and honor.

I wrote to Governor Baker's office on this subject, but I fear that he and the elected officials will scrap the flag in cowardice to the rabble-rousers.

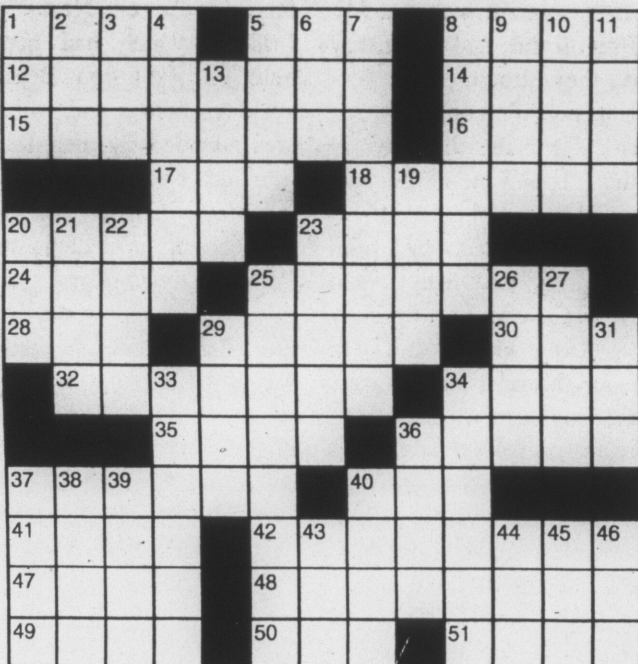
Chuck Fazio  
Quincy



# SUN FUN PAGES

## King Crossword

- ACROSS**
- 1 Fleet from far-away?  
5 "— Impossible"  
8 Get a look at  
12 Strict disciplinarian  
14 Small grimace  
15 Geometric curve  
16 Former European capital  
17 Can metal  
18 "Gracias"  
20 Orbital point  
23 Affair of honor  
24 Coalition  
25 New Jersey borough  
28 Coquettish  
29 Parking lot structure  
30 Bigwig, for short  
32 "Semper —" (Coast Guard motto)  
34 Toy block name  
35 Thing  
36 Angle
- DOWN**
- 1 Ref  
2 Sky safety org.  
3 Bobby of hockey  
4 Radio interference  
5 A party to  
6 Aviv lead-in  
7 Heights  
8 Mummify, maybe  
9 Any time now  
10 Play a prank on (Sl.)  
11 Longings  
13 Sacred wading bird  
19 Listen to  
20 Kimmel's network  
21 Fall into a beanbag chair  
22 Sauce source  
23 Piece of information  
25 Jif rival  
26 Eye layer  
27 Portent  
29 Partner  
31 Cauldron  
33 Disturbed the peace  
34 Argentine grasslands  
36 Burn something  
37 Secondhand  
38 Protuberance  
39 Venetian magistrate  
40 Get ready, for short  
43 Literary collection  
44 Lubricate  
45 Wedding utterance  
46 Venomous viper



© 2020 King Features Synd., Inc.

## MAGIC MAZE • WORDS WITH THREE G'S

I D A X U R P D M J G D A X V  
S Q E N K E I F E E D A X V T  
Q O M L J L B A G G A G E E H  
F C A Y G G G G W G G U G R P  
N L J G H G N N N N F A A D B  
Z X V T A O I I I I G Y G R Q  
O M K I G G G G L G G H N F D  
B Z Y W V U G T U G G G E R Q  
O N L K O U A L O O R O E I H  
F D C G M A B R E L Z U R B X  
W V U S R Q G O N F M K G F J

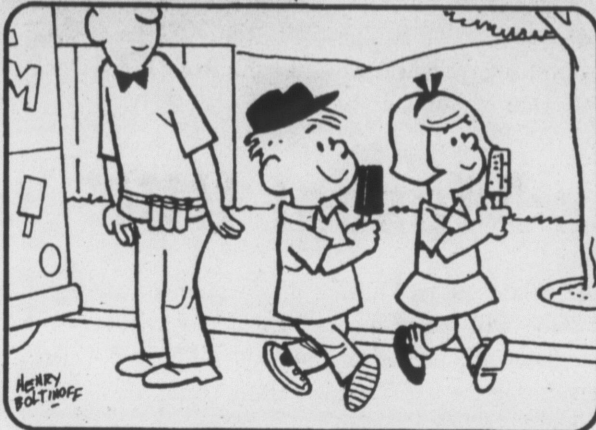
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: A GROUP OF GEESE

Baggage Flogging Goggle Gurgling  
Bagging Frogging Gouging Luggage  
Begging Gagged Greengage Mugging  
Eggnog Giggles Groggy

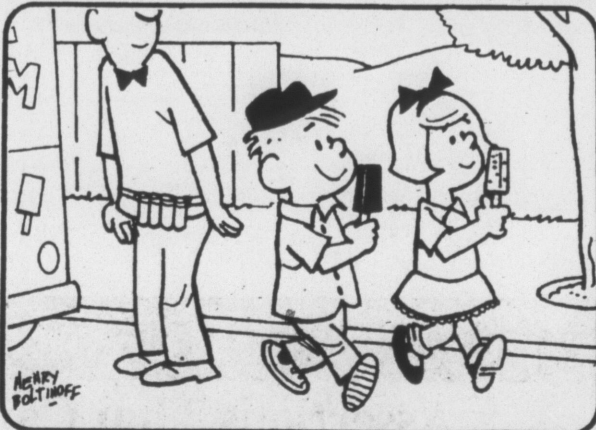
© 2020 King Features Syndicate, Inc. All rights reserved.

## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Tree is fuller. 2. Change belt is different. 3. Fence is longer. 4. Girl's bow is different. 5. Boy's shirt has buttons. 6. Girl's skirt is decorated.

## Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: Which capital city is located on the Tiber River?
2. LITERATURE: What is the home team of the main character in the baseball poem "Casey at the Bat"?
3. MOVIES: What is the name of the tree-like character in "Guardians of the Galaxy"?
4. GAMES: How many spaces are in a standard Monopoly playing board?
5. U.S. PRESIDENTS: Who are the four presidents whose likenesses are carved into Mount Rushmore?
6. TELEVISION: What city is the setting for the sitcom "Laverne & Shirley"?
7. PSYCHOLOGY: What

fear is represented in the condition known as glossophobia?

8. SCIENCE: What is the chemical symbol for copper?
9. FOOD & DRINK: What is venison?
10. MEASUREMENTS: How many cubic feet are in a cubic yard?

Answers

1. Rome, Italy
2. Mudville
3. Groot
4. 40
5. George Washington, Thomas Jefferson, Theodore Roosevelt and Abraham Lincoln
6. Milwaukee, Wisconsin
7. Fear of public speaking
8. Cu
9. Deer meat
10. 27

(c) 2020 King Features Synd., Inc.

## Wishing Well®

6	2	6	7	4	5	7	5	2	6	8	5	4
B	A	E	N	F	A	E	P	H	T	B	A	R
2	8	2	4	3	7	5	8	5	8	7	4	3
E	E	A	I	B	W	R	A	T	F	R	E	E
8	4	8	5	7	6	3	8	2	4	8	5	6
F	N	E	Y	E	R	D	C	V	D	T	F	U
2	7	2	3	8	6	2	8	2	4	8	5	4
Y	P	W	I	I	S	O	O	R	S	N	O	H
2	7	3	4	8	7	5	4	2	8	2	7	5
K	L	L	I	A	A	R	P	L	T	O	C	Y
4	8	5	4	5	7	4	6	4	2	3	2	7
I	E	O	S	U	E	F	T	O	A	I	D	S
4	3	6	7	6	7	6	7	4	3	4	3	3
U	G	I	O	N	L	G	D	N	E	D	N	T

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

© 2020 King Features Syndicate, Inc.

## Salome's Stars

**ARIES** (March 21 to April 19) A bit of Arian contrariness could be keeping you from getting all the facts. Turn it off, and tune in to what you need to hear. It could make all the difference this week.

**TAURUS** (April 20 to May 20) Getting an answer to a vital question involving financial matters might take longer than you'd expected. A new factor might have to be dealt with before anything can move forward. Be patient.

**GEMINI** (May 21 to June 20) Use your good sense to see what might really be driving a colleague's workplace agenda. What you learn could lead to a new way of handling some old problems.

**CANCER** (June 21 to July 22) A change of mind might once again turn out to be a good thing. True, most of your co-workers might not like the delay, but as before, they might appreciate what follows from it.

**LEO** (July 23 to August 22) You revel in golden opportunities this week. One cautionary note, though: Be careful to separate the gold from the glitter before you make a choice. Someone you trust can help.

**VIRGO** (August 23 to September 22) Marriage is important this week, as are other partnerships. Don't let yourself be overwhelmed by sentiment. Instead, try to steer a path between emotion and common sense.

**LIBRA** (September 23 to October 22) Dealing with someone who has let you down is never easy. But the sooner you're able to clear

up this problem, the sooner other problems can be successfully handled.

**SCORPIO** (October 23 to November 21) A "friend" who is willing to bend the rules to gain an advantage for both of you is no friend. Reject the offer and stay on your usual straight and narrow path.

**SAGITTARIUS** (November 22 to December 21) After all the effort you've been putting in both on the job and for friends and family, it's a good time to indulge your own needs. The weekend could bring a pleasant surprise.

**CAPRICORN** (December 22 to January 19) You might want to do something new this weekend. Close your eyes and imagine what it could be, and then do it, or come up with the closest practical alternative.

**AQUARIUS** (January 20 to February 18) Your good deeds bring you the appreciation you so well deserve. But, once again, be careful of those who might want to exploit your generous nature for their own purposes.

**PISCES** (February 19 to March 20) Trolling for compliments isn't necessary. You earned them, and you'll get them. Concentrate this week on moving ahead into the next phase of your program.

**BORN THIS WEEK:** Meeting new people usually means you're making new friends. People want to be reflected in your shining light.

(c) 2020 King Features Synd., Inc.

## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: T equals L

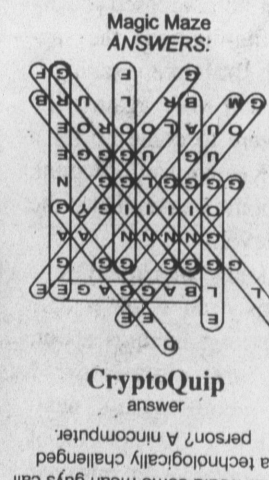
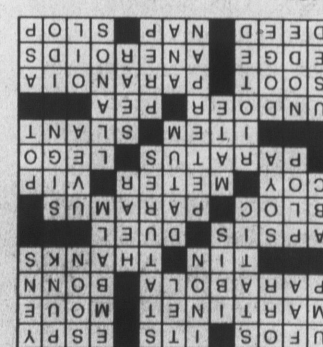
LYFX LHBTW GHSQ SQFI NBUG AFTT  
F XQAYIHTHNJAFTTU AYFTTQINQW  
OQEGHI? F IJIAHSOBXQE.

© 2020 King Features Synd., Inc.

## King Crossword

Answers

Solution time: 21 mins.



CryptoQuip answer

person? A microcomputer. What would some mean guys call

JUL

23

2020



# HOLLYWOOD

by Tony Rizzo

**HOLLYWOOD** -- Could "The Big Bang Theory" have a 13th season? If there is one, CBS will have to do it without Jim Parsons. Even when it offered him \$30 million, Parsons said "playing Sheldon for 12 seasons was quite enough," and that he's not interested in revisiting the show because "it was the right time to leave." Talk around CBS suggests moving Simon Helberg (Howard Wolowitz) into the central position. Kaley Cuoco (Penny) said "Everyone is rebooting, we might as well do it, I didn't want to leave." Parsons, now 47, has moved on to other projects. In addition to narrating and executive producing "Young Sheldon," he starred in the Netflix series "Hollywood" (which dropped May 1) and the Netflix filming of the 50th anniversary Broadway production of "The Boys in the Band." Will "Bang" fans accept a "Bang" without Sheldon? Stay tuned.

\*\*\*

Leonardo DiCaprio will star and produce the Netflix movie version of the 2014 Oscar-nominated documentary "Virunga," about the battle to save the Congo's endangered mountain gorillas. Leo won an Oscar for wrestling a bear in "The Revenant" (2015); maybe he can do it again wrestling a gorilla. He'll have to make big monkey business to top that.

\*\*\*

Here's a success story we love. Amber Ruffin was hired as a writer for Seth Meyers' "The Late Show," but they liked her so much that he featured her in on-

camera bits. The show recently passed the 1,000 mark, and Meyers interviewed her as he does his big-name guests. She also did several shows relating the times she was arrested by police without cause. NBC also has taken notice and will star her in "The Amber Ruffin Show" for their new Peacock streaming service. The weekly series will show off her signature smart-and-silly take on the week. Seth Meyers and Mike Shoemaker are producing. A star is born.

\*\*\*

Anne Hathaway won a best supporting actress Oscar for "Les Miserables" (2012), followed by "Interstellar" (2014), "The Intern" (2015), "Alice Through the Looking Glass" (2016), "Ocean's 8" (2018) and "The Hustle" (2019). This year she made the Netflix political drama "The Last Thing He Wanted," with Ben Affleck and Willem Dafoe (debuted in February) and the 2021 release of the remake of the 1990 Anjelica Huston fantasy comedy "The Witches," with Octavia Spencer. Somehow she found time to wed businessman Adam Shulman in 2012 and have two young sons, Jonathan and Jack. Hathaway should produce and star in a film about how she survived her life imploding when her fiancé, Raffaello Follieri, was sentenced to four years in prison for defrauding investors out of millions. He was a devil who didn't wear Prada!

(c) 2020 King Features Synd., Inc.

## GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

**DIFFICULTY: \*\*\***  
★ Moderate ★★ Difficult  
\*\*\* GO FIGURE!

	÷		×		21
×		+		+	
	÷		+		15
-		×		+	
	-		×		12
19		10		17	

1 1 3 4 5 6 7 8 9

©2020 King Features Syndicate, Inc.

## KOVELS' Antiques & Collecting

By Terry and Kim Kovel

**Guard Room Table** --- Everything has a name, but in the antiques world, many things have more than one name. This table was offered for sale as a "guard room table." That is a made-up name for a table that looks like it might have been used by guards for eating, drinking and gambling in a castle a few hundred years ago. It is a table in the Elizabethan style (1553-1603, named for Queen Elizabeth I). Tables from that era are made of wood, usually walnut or oak. They are large, about 30 by 83 inches, and heavy with thick, strong legs, often heavily carved. Today, they are usually used in a large paneled room in a men's club or hotel. Some of the tables, like this one, have iron trestles used for strength between the end pairs of legs. They sell for surprisingly low prices for furniture that looks like it was made at least 400 years ago. They list for \$800 to \$4,000, depending on condition and proportions. This table was estimated at \$700 to \$1,000.

\*\*\*

**Q. I have a figurine that looks exactly like the Hummel figurine of St. Jude, but it's white. I can only find ones that are colored. Do I have a fake or a real one?**

**A:** Hummel figurines are based on drawings by Sister Maria Innocentia Hummel, a nun in Germany. The figurines were first produced in 1935 by W. Goebel Porcelain Factory of Oeslau (now Rodental), Germany. They were extremely popular after WWII, and hundreds of figurines were made and collected. They made other figurines, but only those that are the children drawn by Sister Maria can be called Hummels. There have been

changes in company name and ownership, but Hummel figurines are still being produced in Rodental, now by Hummel Manufaktur.

The Hummel figure of St. Jude has him holding a staff in one hand and a holy relic in the other. This is a common image that has been made by other manufacturers. If your figurine is real, it will have a Hummel mark on the bottom. If it's not marked, it's a fake. All Hummels are now very low priced, and religious figures are not popular. Your figure is probably Goebel but not Hummel. It is worth about \$50.

\*\*\*

### CURRENT PRICES

Van Briggel vase, Lorelei, woman, hair flows over rim, white matte glaze, 11 x 5 inches, \$190.

Tortoise shell jewelry box, beveled glass insert, ivory bun feet, c.1900, 2 x 6 inches, \$265.

Kettle-on-stand, copper, embossed, cast, spirit burner, handle, turned, ebony, geometric design, WMK Co., 13 x 7 inches, \$320.

Window, leaded, stained, Gothic, blue columns, brown arched window, purple panels, cabochon, 72 x 28 inches, \$480.

\*\*\*

**TIP:** Clean metal with a back-and-forth motion, not a circular motion. Use a soft, clean, lint-free cloth and turn it often to avoid reusing a soiled part.

For more collecting news, tips and resources, visit [www.Kovels.com](http://www.Kovels.com)

(c) 2020 King Features Synd., Inc.

## Strange BUT TRUE

\* In July 1999, four ladybugs and their favorite food, aphids, were sent into space on NASA's Columbia space shuttle to research how aphids escaped the ladybugs without the aid of gravity.

\* The University of Liverpool Library reported that someone used a plastic-wrapped slice of "undetermined" cheese as a bookmark in one of its returned books. The library tweeted a photo of the offending item with the caption, "This is not a bookmark," prompting responses that ranged from "Well, not anymore after you removed it" to "No whey."

\* When Benjamin Franklin invented his own harmonica, it became so popular in Europe that Mozart and Beethoven composed music for it.

\* Research has shown that everyone has up to six dopelgangers. However, your chance of actually meeting one of your own in your lifetime is only 9%.

\* Shoppers have proved willing to pay a premium for cage-free, organic or wild-caught ingredients. But can they trust their suppliers? Sure, with the use of a tracking device. ZhongAn Online, a Chinese insurance company, has outfitted more than 100,000 chickens with sensors uploading information such as how much exercise each chicken gets and what it ate. The company is also working on facial-recognition technology so consumers can one day ensure the organic chicken they saw on the farm is the one that ends up on their plate.

\* In 1969, passengers on a hijacked plane thought they were on a prank-ridden camera show because "Candid Camera" host Allen Funt also was on board.

\*\*\*

### Thought for the Day:

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you too can become great." -- Mark Twain

(c) 2020 King Features Synd., Inc.

## Now here's a tip!

by Jo Ann Derson

\* Roll scarves around cardboard tubes to store flat. You'll skip the wrinkles and be able to find the scarf you want without much fuss.

\* On a home improvement kick? You're not alone. Here's a wallpapering tip from way back: If your wallpaper is applied with adhesive, add a few drops of food coloring to the paste. It will give it a slight tint that will not be visible when dried. Now you can be sure that the adhesive makes it all the way to the edge of the paper for best results!

\* "Ironing intricate sleeves or other difficult shapes can be made easier with the use of an oven mitt. Slip the mitt over your hand, put your hand on one side of a fabric to create a flat area to iron. Use care and go slowly, and you'll get a good press." -- E.R. in Missouri

\* Bright strips of tape can be a great safety addition to the edges of stairs. Even better is bright, textured, reflective tape for low-

light areas, like basements or porch steps. The bright color makes the edges visible in daylight; the reflection does the same at night. A bit of texture makes sure they're not slippery.

\* "Here's a great sewing tip from my grandma: When you are attaching buttons, hooks, snaps, etc., tape them to the fabric with transparent tape. You can sew right through it, and it will help keep the item from slipping around while you get it secured." -- A.J. in Pennsylvania

\* "Now that my baby is entering her messy eating phase, I cut up several burp cloths to make wipe up cloths for the high chair. They are soft enough for a full face wipe and sturdy enough to sop up baby food and go right in the washer." -- P.W. in Texas

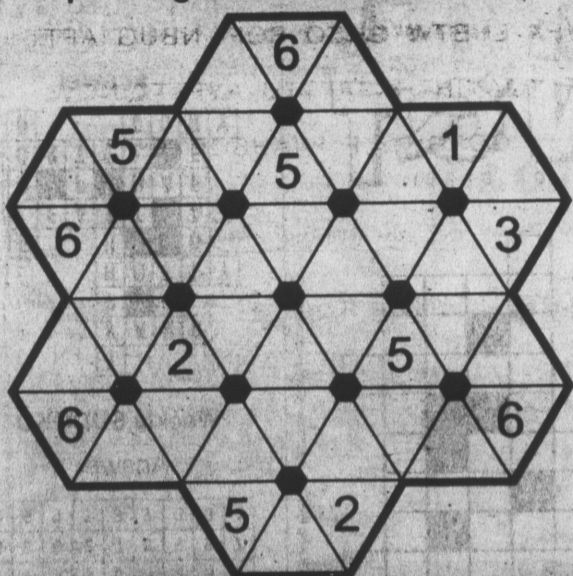
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

(c) 2020 King Features Synd., Inc.

## SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



**DIFFICULTY THIS WEEK:** ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

© 2020 King Features Synd., Inc.

## STICKELERS

by Terry Stickels

Here's a "trickledown" puzzle. The rules are simple; you merely change one letter on each line to make a new word and continue until you reach the final word.

**SPOKE**

EXAMPLE: COAT

ANS: COAT

COAT

COST

COAT

CAST

COAT

CASE

COAT

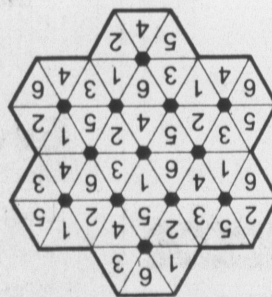
VASE

CHARD

VASE

## SNOWFLAKES

solution



answers

17	10	61
12	4	8
15	6	9
15	6	9
15	6	9
15	6	9
15	6	9
15	6	9

### Stickelers Answer

CHARD  
SHARD  
SHARE  
SHORE  
SPORE  
SPORE

©2020 King Features Syndicate



## Super Crossword

REFORMULATED  
CEREAL

## ACROSS

1 Had mercy on  
7 Good-sized combos  
13 Dilettante  
20 Fictional detective  
21 Tiger cat  
22 Model oneself after  
23 Cereal invented by actor William?  
25 Reference showing an urban area  
26 Downed food  
27 Lathering up  
28 Electrojet bit  
29 Hoppy drink  
30 Vocalist  
33 Utter a fib  
34 Airheaded  
36 "Mack the Knife" singer Bobby  
38 Cereal that's more than enough?  
41 Cereal that turns kids into imps?  
43 Cassini of fashion  
44 Baby hooter  
46 "Nope"  
47 Judo room

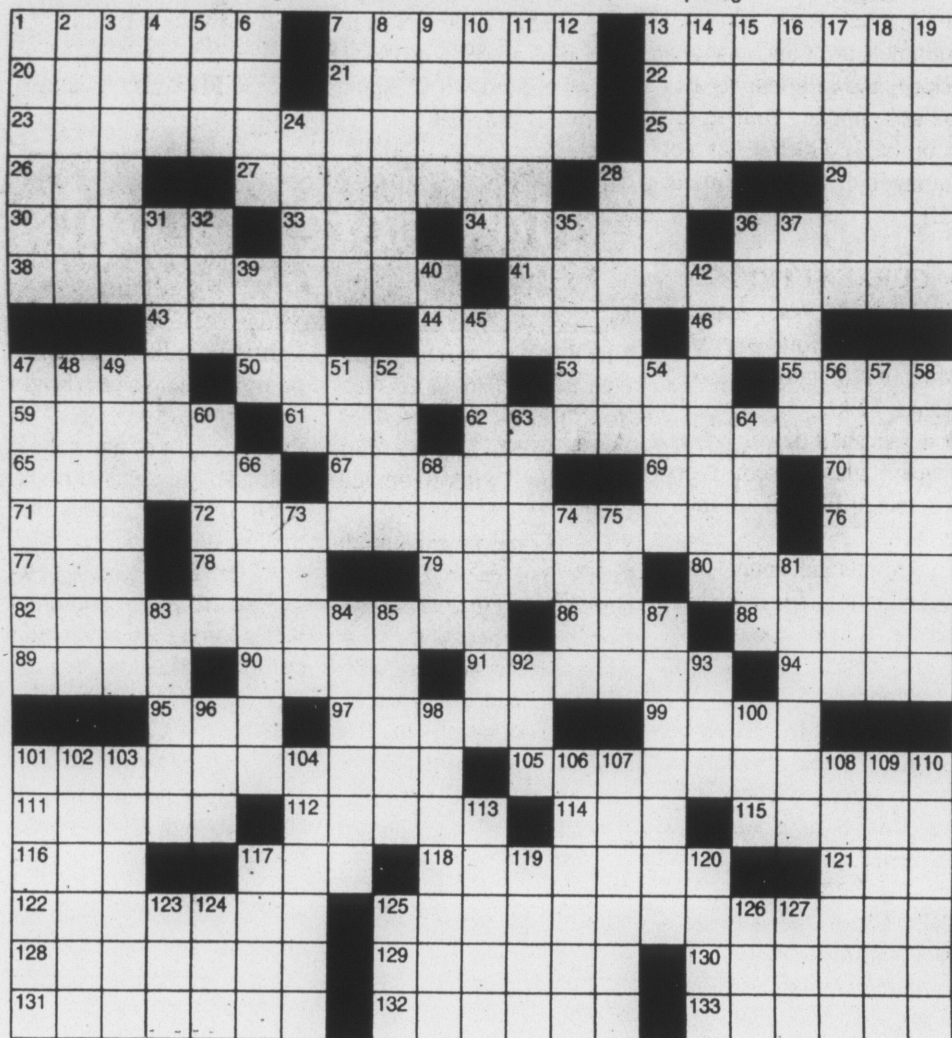
50 Attended, as an event  
53 Nut's partner  
55 Large burden  
59 Very skilled  
61 Vintage auto  
62 Cereal endorsed by first-year athletes?  
65 Even chance  
67 Willy with a chocolate factory  
69 Turkish commander  
70 Sushi fish  
71 "— gratia artis"  
72 Cereal flavored with really hot peppers?  
76 95-Across' rank: Abbr.  
77 Young male, in many rap songs  
78 —-tac-toe  
79 Big name in fables  
80 Look upon  
82 Cereal that makes people want to create graphs and tables?  
86 "—di-dah!"  
88 Challenger

89 Actor Morales  
90 Maui, e.g.  
91 Guy who "was here"  
94 "My Fair —"  
95 Foe of Grant  
97 Cow catcher  
99 "Hud" co-star  
Patricia  
101 Cereal that helps to heal broken legs?  
105 Cereal that looks like it's been polished?  
111 "Tin Cup"  
co-star Rene  
112 "The Chosen" novelist  
Chaim —  
114 Neither here — there  
115 Buying binge  
116 Parseghian of football  
117 "— y plata" (Montana motto)  
118 Sprinkler of plants  
121 Rescue crew  
VIP  
122 Lava emitter  
125 Cereal with hidden crib sheets?  
128 Stoats with white coats  
129 Public tribute

130 Actor Danny  
131 Ilie of tennis  
132 Stopped slumbering  
133 Give the OK

35 1990s exercise fad  
36 Cell stuff  
37 Hate  
39 Shul attendee  
40 Sousing sort  
42 Positive number, e.g.  
45 Office furniture  
47 Like potential  
48 Aromatic  
49 Actress Alba  
51 Latest info  
52 Sound a horn  
54 Actor  
56 River from Lake Erie  
57 Saw to a seat  
58 Remove moisture in by whirling  
60 Having many bunches of feathers  
63 Klutzes  
64 Examined in order to rob  
66 Less cheap  
68 Uncluttered  
73 Singer Phil  
74 Lie languidly  
75 On — with  
81 Big name in polling

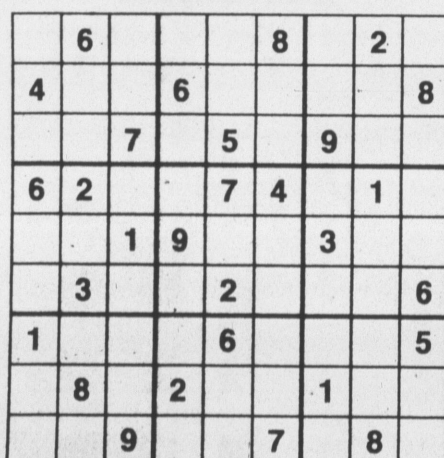
83 Brick ovens  
84 So very  
85 Not be inert  
87 Award winner, e.g.  
92 Winter Games gp.  
93 Positive vote  
96 Prefix with resort  
98 Demonstrate  
100 Sit-ups sculpt them  
101 "Scream" director Wes  
102 — borealis  
103 Holy songs  
104 Got to one's feet  
106 Anxious  
107 Ribbed, as fabric  
108 Liberally  
109 Doe or cow  
110 Brief brawls  
113 Merited fate  
117 Individuals  
119 Deck wood  
120 Nutritional amts.  
123 Op. —  
124 Tennis' Ivanovic  
125 Old TV's "— Na Na"  
126 Spy gp.  
127 "You there!"



©2020 King Features Syndicate, Inc. All rights reserved.

## Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

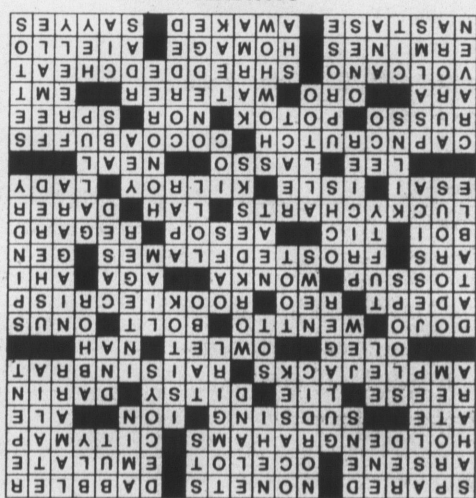
DIFFICULTY THIS WEEK: ♦♦

♦♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

© 2020 King Features Synd., Inc.

## Super Crossword

Answers



## Even Exchange answers

1. Trench, Flash
2. Peony, Phony
3. Cooler, Cooper
4. Great, Greet
5. Master, Easter
6. Flask, Flash
7. Butler, Butler
8. Globe, Glove
9. Season, Reason
10. Prude, Prune

celebrity  
extra

by Dana Jackson

Q: When will "The Young and the Restless" return with new episodes? -- E.S.

A: The only daytime drama to continue with new episodes during the pandemic has been NBC's "Days of Our Lives." While production was shut down for all of Hollywood, "Days" reportedly had six months of episodes that hadn't aired yet. CBS just announced that "The Bold and the Beautiful" would begin airing new episodes the week of July 20, and it appears that the remaining soaps -- CBS' "The Young and the Restless" and ABC's "General Hospital" -- are getting closer to filming new stories.

As of this writing, "Y&R" had planned to be back on the set in mid-July, with "GH" soon after that. According to Deadline.com, "Days" has set a tentative date of Sept. 1 to return to production. As for when the new episodes will begin airing, I would imagine it would be a few weeks to a month after they begin filming.

Denise Richards, who plays Shauna on "B&B," recently talked about all the new safety measures in

place since her return to the set, including that the crew would wear masks. A publicist for the show also stated that mannequins would be used in scenes that required "touching," but if that touching involved more intimacy, as soap operas often require, the stars' significant others would step in for the mannequins, even wearing a wig if needed. For example, Richards' real-life husband, Aaron Phypers, is doubling as Ridge Forrester in any love scenes with her. (Ridge is normally played by actor Thorsten Kaye.)

\*\*\*

Q: I was a huge fan of the long-running family drama "7th Heaven" and have been wondering if Matthew Linville, who played the recurring character of Jimmy Moon, is any relation to the late actor Larry Linville, who played the sniveling Major Frank Burns on "M\*A\*S\*H"? I had noticed a bit of a resemblance between the two. -- T.M.

A: I haven't been able to find any link that states former child actor Matthew Linville is related to the late Larry Linville of "M\*A\*S\*H." According to IMDb.com, Larry was married five times before his death in 2000 at the age of 60, but he had only one child, a daughter named Kelly.

Matthew, who was born in



PHOTO: Denise Richards  
Photo credit: Sean Smith/  
Bell-Phillip TV/CBS

1983, appears to have concluded his professional acting career with the role of Jimmy Moon on "7th Heaven."

\*\*\*

Q: Where can I see the new Tom Hanks World War II movie? Is it in theaters? I know that some movie theaters are showing older movies, but what about this new one? -- D.K.

A: Oscar winner Tom Hanks stars in "Greyhound," a biographical film set during WWII. It's not in movie theaters and is available to watch only through the AppleTV+ streaming service, which is just \$4.99 a month for access to all its content, not just this one movie. (Go to Apple.com to get started).

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

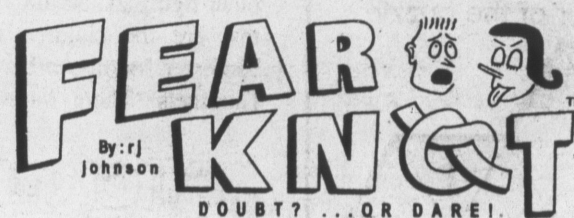
(c) 2020 King Features Synd., Inc.

## Even Exchange by Donna Pettman

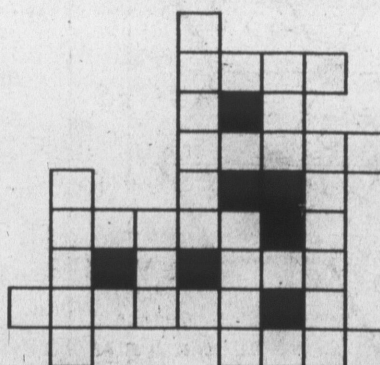
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                          |               |                        |             |
|--------------------------|---------------|------------------------|-------------|
| 1. Dick Tracy's coat     | T _ _ _ _ _   | From the City of Light | F _ _ _ _ _ |
| 2. Early spring bloom    | _ E _ _ _ _   | Counterfeit            | _ H _ _ _ _ |
| 3. Hoosegow              | _ _ _ _ L _ _ | James Fenimore         | _ _ _ P _ _ |
| 4. Like the Barrier Reef | _ _ _ _ A _ _ | Hail                   | _ _ _ E _ _ |
| 5. Main key              | M _ _ _ _ _   | Spring holiday         | E _ _ _ _ _ |
| 6. Pub in your pocket    | _ _ _ _ K _ _ | Jumpin' Jack           | _ _ _ _ H _ |
| 7. Toast topper          | _ _ _ _ T _ _ | Manservant             | _ _ _ L _ _ |
| 8. Round map             | _ _ _ B _ _   | Catcher's mitt         | _ _ _ V _ _ |
| 9. Use the saltshaker    | S _ _ _ _ _   | Excuse                 | R _ _ _ _ _ |
| 10. Old fuddy-duddy      | _ _ _ D _ _   | Trim the tree          | _ _ _ N _ _ |

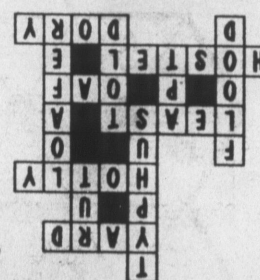
©2020 King Features Synd., Inc.



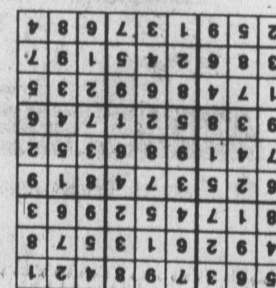
- AFO  
♥SETHLO  
HYLTO  
♥RYDA  
♥FOREAL  
♥PTA  
DYRO  
♥SALTE  
TRU  
PUTYSH  
DOFOL  
♥DLTO



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

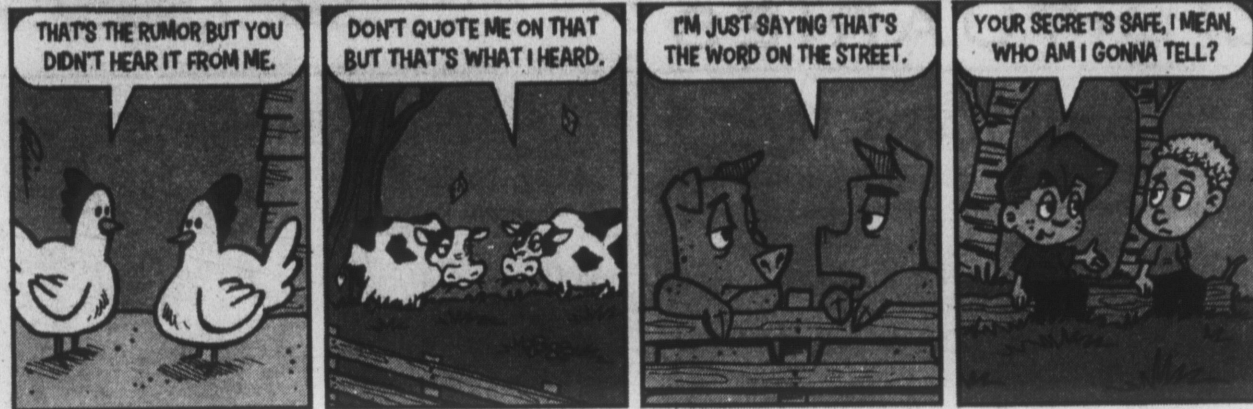


Weekly SUDOKU  
Answer

J  
U  
L2  
32  
0  
2  
0



## Amber Waves



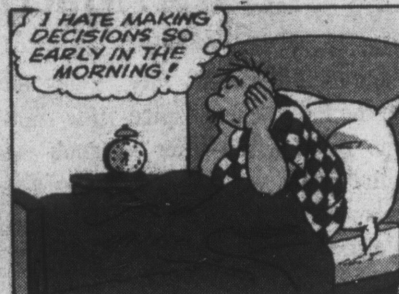
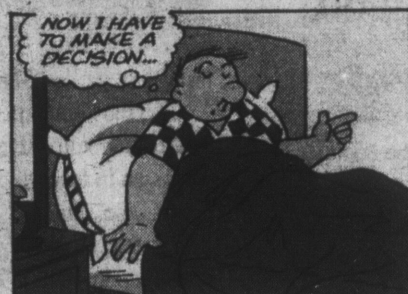
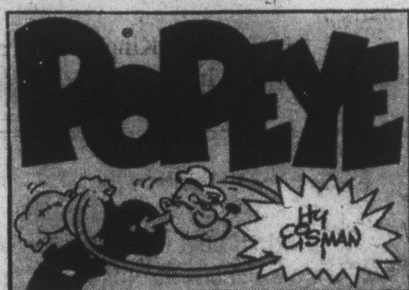
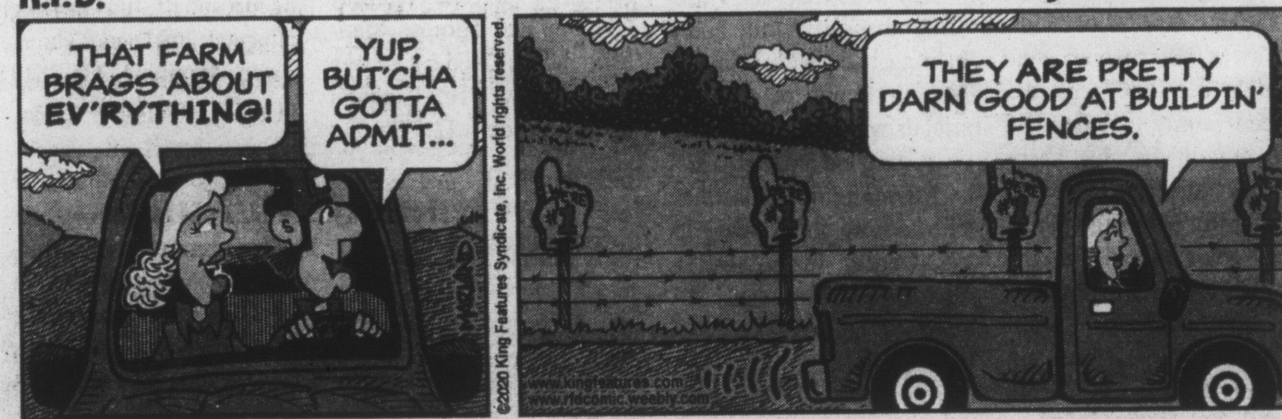
## Out on a Limb

by Gary Kopervas



## R.F.D.

by Mike Marland



## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Heave  
URGES  
Toppie  
SEUPT  
Garish  
ALFYSH  
Common  
PEACH

TODAY'S WORD

## Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

2	6	2	3	5	2
4	5	1	5	5	2
1	2	5	3	4	6
6	3	1	2	1	5
3	4	6	4	4	1
2	4	3	1	6	3

©2020 Conceptis Puzzles Dist. by King Features Synd., Inc.



## Neighbor's Dog Loves to 'Visit'

### DEAR PAW'S CORNER:

I don't own a dog, but I have a minor problem with one. My neighbor has a Staffordshire terrier named "Hazel." Almost every day, Hazel is let out into the neighbor's backyard, and she quickly escapes by jumping over the short gate at the side of the house. Then she walks into my yard to visit me as I work in the garden. Hazel is very nice, so I don't feel threatened at all. I'll give her a few pats and then lead her back over to her house. But I worry about her running around the neighborhood, off-leash and unsupervised. How should I approach my neighbor about her roaming? -- Greg in Albany, New York

DEAR GREG: You're right to be concerned. Hazel could be hit by a car; she could be attacked by another dog; or she could frighten other residents who might injure her. If police or animal control officers see her, she will likely be picked up and taken to the local pound.

The next time Hazel comes over to visit, head next door and knock on your neighbor's door. Talk to them calmly about raising the height of the gate so that she can't leap over it.

You're a good neighbor to bring Hazel back each time, but ultimately it is the responsibility of her owner to make sure she stays in her yard. Remind your neighbor that having a dog off a leash can result in steep fines from the city or county.

Send your tips, comments and questions to ask@pawscorner.com.

(c) 2020 King Features Synd., Inc.



## TOP TEN VIDEO, DVD for release week of July 20, 2020

### Top 10 Video On Demand

- Force of Nature (R) Emile Hirsch
- The Outpost (R) Caleb Landry Jones
- The Invisible Man (R) Elisabeth Moss
- Bad Boys for Life (R) Will Smith
- The Hunt (R) Betty Gilpin
- Sonic the Hedgehog (PG) James Marsden
- Jumanji: The Next Level (PG-13) Dwayne Johnson
- 1917 (R) Dean-Charles Chapman
- Avengers: Endgame (PG-13) Robert Downey Jr.
- Burden (R) Garrett Hedlund

## Top 10 DVD, Blu-ray Sales

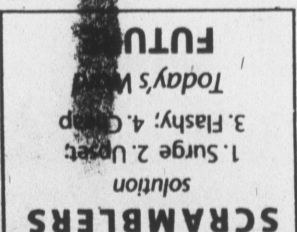
- Force of Nature (R) Lionsgate
- Sonic the Hedgehog (PG) Paramount
- Top Gun (PG) Paramount
- Onward (PG) Disney
- The Mule (R) Warner Bros.
- Jaws (PG) Universal
- The Invisible Man (R) Universal
- The Call of the Wild (PG) FOX
- Jumanji: The Next Level (PG-13) Sony Pictures
- Birds of Prey: And the Fantabulous Emancipation of One Harley Quinn (R) Warner Bros.

Sources: comScore/Media Play News

(c) 2020 King Features Synd., Inc.

## Hitori answer

3	9	3	4	2
3	1	6	3	4
1	4	4	9	3
1	5	2	1	6
9	4	6	2	5
2	5	5	2	3
2	6	2	9	2





## OBITUARIES

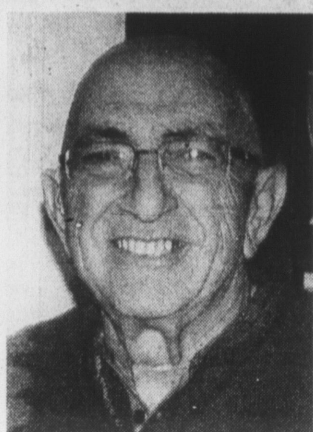
## George T. Abraham, 77

A service of the divine liturgy for George T. Abraham, 77, of Port St. Lucie, FL, formerly of Quincy, Brockton, Braintree and Hanson, was held July 18 in St. Theresa Church, Brockton.

Mr. Abraham died July 9.

He was born in Boston to the late Delia and Fred Abraham. Mr. Abraham was a talented hairdresser in Braintree for many years. He had a passion for photography; he was never without a camera in his hand.

Mr. Abraham was the longtime companion for 25 years of Leah Crocker. Loving father of Ginger Abraham-Freel, her husband James and Gina Eades, her husband Brian, and Colleen Roussos. Beloved grandfather of Chad, Olivia, Nicholas and Vanessa. Dear brother of Marie Bertocci and her children, Charlene



GEORGE T. ABRAHAM

and Gary. Brother of the late Rema Lenser and her children, Barbara and Charlotte. Also brother of the late Raymond and Frederick Abraham. Godfather of Heather and Brien. Well-loved uncle of many nieces and nephews.

Interment at Mount Benedict Cemetery, West Roxbury.

Funeral arrangements were made by Waitt Funeral Home, Brockton.

## James A. Pontes, 91

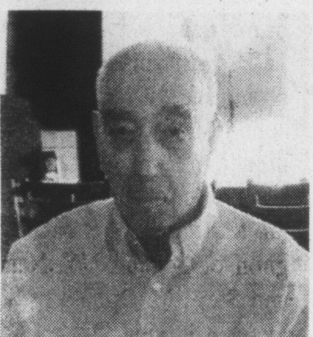
James A. Pontes, 91, of North Quincy, died July 13, 2020 surrounded by his family.

Mr. Pontes served in the U.S. Army during the Korean Conflict. He worked for the U.S. Postal Service in Hyde Park for 30 years, retiring 35 years ago and proudly enjoyed his long retirement.

In his early days, Mr. Pontes was a standout football player for North Quincy High School, graduating in the class of 1949 and was very proud of his days as a Red Raider. Although he loved football, he was a die-hard Red Sox fan who enjoyed seeing them finally win the World Series four times.

He took daily walks to the corner store to buy a "few" scratch tickets. Mr. Pontes enjoyed his many bus trips to Foxwoods and Twin River. He spent many Saturday nights playing keno with his family. He loved Elvis and he loved animals. He loved spending time with his family and his many friends. He was known as "Grampie" to everyone who knew him.

Beloved husband of the late Claire Pontes. Devoted father of Sandra Sines and her husband Martin of Pembroke, Linda Brundige and her husband James of



JAMES A. PONTES

Quincy and the late Steven Pontes. Cherished Grampie of Michael Delosh and his companion Britta Ramos, Matthew Brundige and his companion Kasey Brown and Laura Brundige, and to Adam, JoAnn, Elsie and Chris Sines. Great-Grampie of Sadie, Camden and Archer. He was also a loving brother of the late Eugene Pontes, Michael Pontes, Mary Dolores Lee and her widower Ralph Lee of Weymouth. Also survived by many nieces and nephews.

Visiting hours were held July 16 in Keohane Funeral Home, 785 Hancock St., Quincy, followed by a private service.

Interment at Massachusetts National Cemetery, Bourne, at a later date.

Memorial donations may be made to the Development Office, Shriners Hospitals for Children-Boston, 51 Blossom St., Boston, MA 02114.

## Angela Walker, 56

Angela (Zelazo) "Angie" Walker, of Quincy, died July 12 at BWH/Dana-Farber Cancer Institute in Boston. Born in North Adams, Mrs. Walker was 56.

Beloved wife of Anthony W. "Tony" Walker of Quincy. Loving mother of Michaela J. of CA, Bethany R. of Dorchester, Alicia C. and Nolan A., both of Quincy. Cherished daughter of Catherine (Perenick) Zelazo of Adams and the late Edward S. Zelazo. Sister of Constance of CT, Timothy of Drury, Martina of VA, Marianna of North Adams, Anthony of Adams, Louis of Drury, and the late Peter.

Mrs. Walker was best friends with her husband Tony; she was Mom, mentor and gem at the center of the universe for her kids. She was the magnet who brought her very large, extended family together and will remain the glue keeping all our lives together. Her family covers the globe, from coast to coast in the U.S.A., to Germany, where her dearest daughter Roberta and her husband Sven are growing their family, and to China, home to her daughters Yuze, Wanting, Wanqing and Sonia.

If you were Mrs. Walker's friend, you know the story. She wore a constant smile, was giving, caring, compassionate and inviting. If you weren't her friend,



ANGELA WALKER

you hadn't met her yet. Talk to one of her friends and you'll understand.

Mrs. Walker's calling was helping others, sharing her heart and her home. She had a lot more giving left in her. But she was taken way too early. We all will miss her terribly. But we never will forget her.

Pay tribute to Mrs. Walker by sharing a smile, and a helping hand with someone in your family or circle of friends who could use it. It's easy, give it a try.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Last Touch!

Services will be private but please share a condolence message online or record a personal "Send Hugs" video to Angie's family to comfort them.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

## Cheryl A. MacDonald

Cheryl A. (Daly) MacDonald died peacefully July 14 at the Pat Roche Hospice Home in Hingham after a lengthy battle with pancreatic cancer.

Formerly from Jamaica Plain, Mattapan and Quincy, Mrs. MacDonald resided in Weymouth with her husband Robert MacDonald. Predeceased by her parents John J. Daly Sr. and Joan A. (Vigue) Daly and survived by her children Brian O'Connell and his wife Alison of Quincy, Daniel O'Connell and his wife Nicole of Quincy, and Michelle Kwiatkowski and her husband John of Worcester.

Sister of John J. Daly Jr. and his wife Lena of Braintree; Ann Marie Edwards and her husband Wayne of Lakeville; and Richard P. Daly of Gardner. Grandmother of Senior Airman Brian O'Connell, USAF, of Warner Robins, GA; Shane and Casey O'Connell of Quincy; Andrew Hodgdon of Quincy; Arianna and Hannah Beers and Jonathan and Benjamin Kwiatkowski of Worcester; Evan and Adyson Leet of Plymouth;



CHERYL A. MACDONALD

and Duncan and Noah MacDonald of Rowley.

Mrs. MacDonald was a loving aunt to many and enjoyed time with friends and family. She loved going to the beaches on Cape Cod and to the mountains in New Hampshire. Mrs. MacDonald had a passion for working with the elderly and was employed at Windrose Weymouth with Hall-Keen Management and previously was employed for several years with Hancock Park in Quincy as an activities coordinator.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Memorial donations may be made to the Pat Roche Hospice Home in Hingham.

## Alice A. Battista, 87

A funeral Mass for Alice Ann (Mariano) Battista, age 87, of Braintree was celebrated July 16 in St. John the Baptist Church, Quincy.

Mrs. Battista died peacefully at home with her family by her side on July 11.

She was born in Quincy where she was raised, educated and married. The remainder of her life was spent in Braintree where she and her loving husband raised their family.

The beloved wife of the late Vildo John Battista, loving mother of Valerie J. Battista of Marshfield and John A. Battista of California; dear grandmother of Alyssa Andy, Jason Vittoriso and Giana Vittoriso; great-grandmother of Violet Vittoriso; sister of the late Dorothy Cinquini and Thomas Mariano; and survived by a niece and nephew, Paul Cinquini and Alice Lopez DeVictoria.



ALICE A. BATTISTA

Interment at Blue Hill Cemetery in Braintree.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to St. Jude Research Hospital, 262 Danny Thomas Place, Memphis, TN 38105 or online at stjude.org.

## Dennis J. McNulty

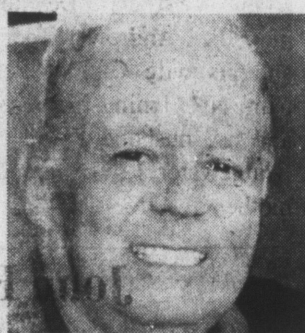
A funeral Mass for Dennis J. McNulty of Quincy was celebrated Monday in St. Ann's Church, Quincy.

Mr. McNulty died July 11.

He was a proud Air Force veteran, serving during Vietnam. Mr. McNulty received his bachelor's degree from Wentworth College in civil engineering. He worked for the city of Quincy as a traffic engineer for many years and before that, worked for Keiser, Stone & Webster and at the Boston Naval Shipyard.

Mr. McNulty enjoyed gardening, collecting small antique cars, and spending time with his beloved dog Tia. He was an independent man who was the kindest and most grateful person you could meet. He had a contagious smile and will be greatly missed by all who knew him.

Son of the late John and Sarah (Quinn) McNulty. Loving father of Paul McNulty and his wife Nancy of Quincy and the late James



DENNIS J. MCNULTY

Patrick McNulty and his surviving spouse Despina of Holbrook. Cherished brother of John McNulty and his wife Ruthie of Quincy. Loving grandfather of Kristina and Brian McNulty. Spouse of Susan (Friday) McNulty. Best friend since childhood of Stevie Foster.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

## John D. Morris, 59

John D. Morris, age 59, of Greenville, NH, formerly of Quincy, died, from a traumatic brain injury July 15 at the Lahey Hospital & Medical Center in Burlington.

Born in Fort Eustis, VA, to the late John E. and Elizabeth A. "Betty" (Johnston) Morris, he was raised and educated in Quincy. Mr. Morris was a graduate of Archbishop Williams High School, Class of 1979.

He had lived in Greenville, NH for eighteen years, previously in Quincy for most of his life.

Mr. Morris was employed as an information technology

consultant in the financial service industry for many years.

Beloved husband for nineteen years of Christine A. (Vella) Morris. Dear brother of Brian A. Morris and his wife Vilma of New Ipswich, NH, Michael F. Morris and his wife Pamela of Norton, and the late Daniel E. Morris. He is also survived by many nieces, nephews, and in-laws.

At the request of the family, funeral services were private.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.



Honor Your  
Loved One's  
Memory  
With Flowers

cliffords.com  
1.800.441.8884

J  
U  
L2  
32  
0  
2  
0



## Arbina A. 'Bette' Tocco, 93

A funeral Mass for Arbina A. "Bette" (Paolucci) Tocco, age 93, a longtime resident of Braintree, was celebrated Wednesday in St. Francis of Assisi Church, Braintree.

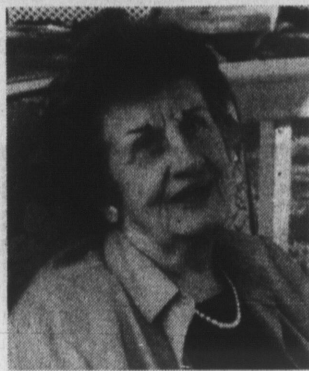
Mrs. Tocco died peacefully July 17 at Baypointe Rehabilitation and Skilled Care Center in Brockton.

Born in Quincy, to the late Salvatore and Adelina (Romano) Paolucci, she was raised there and was a graduate of Quincy High School, Class of 1944. She had lived in Braintree for over fifty years.

Mrs. Tocco was employed as a clerical worker at the former Fore River Shipyard in Quincy for eighteen years.

She enjoyed reading, bowling, and was an avid card player. She especially enjoyed playing poker with friends and gin rummy with her family. Her most important role was being matriarch to her loving family, whom she loved spending time with.

Beloved wife of the late Joseph J. Tocco. Devoted mother of Andrew J. Tocco and his wife Gail of Pelham, NH, Janine M. Baker and her husband David of Bridgewater. Loving grandmother of Ashley M. Baker



ARBINA A. TOCCO

of Cumberland, RI, Lindsay S. Hurd and her husband Bret of Raynham, Lauren A. Tocco, and Valerie A. Tocco, both of Pelham, NH.

One of ten siblings, she was the dear sister of Connie Cappellini of Weymouth, and was predeceased by Angelina Zambruno, Anthony Paolucci, Bernard Paolucci, Anna Paolucci, Jeanne Peruzzi, Albert Paolucci, Salvatore Paolucci, and Robert Paolucci. She is also survived by many nieces and nephews.

Interment at Braintree Cemetery.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

## Ann C. Macdonald

Ann Cecile (Purcell) Macdonald passed away peacefully on July 8, hours after her beloved husband William (Bill) Macdonald. On Ann's final day, she held Bill's hand, entertained her family with songs and stories and said happily "I'm all partied out but it's the best party I ever had!"

She is survived by her six daughters and five sons-in-law: Maryann Macdonald of Randolph, Jane and Joe Poirier of Gloucester, Ellen Macdonald and Rich Gagnon of Pelham NY, Nancy and Steve McDonald of Scituate, Kate and Doug Chapman of Quincy, Betsy and Bill Chapman of Wenham; 10 grandchildren who affectionately nicknamed her "Nannie": Grace and Liam Macdonald-Gagnon, Katy, Will, Robbie and Charlie McDonald, Emily and Lily Chapman, Jack and Eddie Chapman; her step-granddaughter Lani (Justin) Heath and their children Maya and Lelia. She was a loving aunt to her nieces, nephews and families.

Born in Boston on Aug. 21, 1930, she was predeceased by her parents Timothy and Catherine Purcell and her adored older sister Kay Greeley. She is survived by Kay's husband Roger Greeley.

She attended Mount St. Joseph Academy, Regis College and the B.C. School of Social Work.

Ann first worked as a social worker at Catholic Charities. After marrying Bill in 1954, she stayed home to raise her growing family. When first daughter Maryann was born with autism, she became determined, against many odds, to ensure that Maryann experienced life integrated in society and family activities.

Later, Ann educated children with autism, working in the Braintree and Milton school systems. She served as board member and fundraiser for numerous organizations that advocate for individuals with disabilities.

After retiring, she and Bill traveled within the U.S. and abroad.

Ann was the matriarch of a large circle of family, extended family, friends and colleagues. A social butterfly, filled with knowledge and wisdom, everyone looked to Ann for both life advice and the latest celeb-



WILLIAM AND ANN MacDONALD

rity gossip. Her home was open to everyone's friends. Some people moved in and stayed for months.

She moved through life at a fast pace to experience it to the fullest. Ann loved to talk with everyone and, more than once, enthusiastically told long stories to her daughters about people they had never met.

At the end of the day, she enjoyed spending a perfect evening with her beloved Bill, eating ice cream and watching a Red Sox game.

If you wish to honor Ann, please make a gift in her memory to WORK, Inc. at [workinc.org](http://workinc.org), wear a mask to protect vulnerable people from COVID-19 and thoroughly enjoy an ice cream cone without regret.

There will be a private funeral service and burial. A celebration of life will be held at a later date.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

## William Macdonald

William (Bill) Macdonald passed away peacefully on July 8, hours before his beloved wife Ann. They couldn't bear to spend a single night apart after 66 years of marriage.

Bill is survived by his 6 adoring daughters and 5 sons-in-law: Maryann Macdonald of Randolph, Jane and Joe Poirier of Gloucester, Ellen Macdonald and Rich Gagnon of Pelham NY, Nancy and Steve McDonald of Scituate, Kate and Doug Chapman of Quincy, Betsy and Bill Chapman of Wenham; 10 grandchildren who affectionately nicknamed him "Bull": Grace and Liam Macdonald-Gagnon, Katy, Will, Robbie and Charlie McDonald, Emily and Lily Chapman, Jack and Eddie Chapman; his step-granddaughter Lani (Justin) Heath and their children Maya and Lelia. He was a loving uncle to many nieces and nephews and their families.

Born on Dec. 28, 1924 in

Milton, he was the youngest son of Jerome and Grace and the brother of Jerome Jr and Thomas (Tar) Macdonald. He attended Thayer Academy, College of the Holy Cross and Boston University Law School. He served in the Navy in World War II as a Communications Officer in the Pacific Ocean, then with the Naval Reserve.

His career as an attorney spanned 41 years, first practicing law for 6 years in Quincy, then joining New England Electric System, now National Grid, where he served as General Property Counsel.

Bill was active in local government and church associations. Inspired by his "perfect daughter" Maryann born with autism, he became a pioneer in helping found community-based services, residences and education for individuals with disabilities and served as pro bono attorney and board member for many organizations. He was an accomplished sailor on school teams and sailed competitively in Indian Class boats with his brothers.

Bill will be remembered as a dedicated and attentive husband, father and grandfather. Many people from all backgrounds consider him the best man they ever met, a surrogate father, brother or close friend. He was a gentle giant and a truly humble man. At a recent family get-together, he told his family "I've had a perfect life."

If you wish to honor Bill, please make a gift in his memory to WORK, Inc. at [workinc.org](http://workinc.org), wear a mask to protect vulnerable people from COVID-19 and vote Democrat.

There will be a private funeral service and burial. A celebration of life will be held at a later date.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

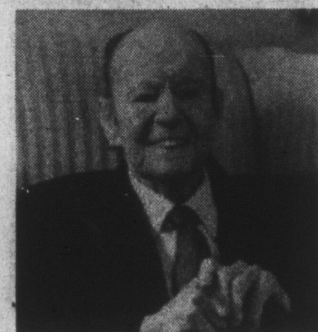
## John F. Connor

John F. Connor, age 81, of Quincy, died peacefully at home July 17 after a series of long illnesses.

The son of proud Irish immigrants Thomas and Kathleen Connor, Mr. Connor was born and raised in the Codman Square section of Dorchester. He graduated from Dorchester High School in 1958 and served in the Army National Guard of Massachusetts from 1961 to 1964.

Mr. Connor worked his way through college, tending bar and driving streetcars for the MBTA while earning a Bachelor and a Master of Education from Boston State College. He taught both primary and secondary students for many years in English, social studies, and reading in the Boston Public Schools system, at various schools in Dorchester, South Boston, Jamaica Plain and Hyde Park. Mr. Connor moved to his first home in Quincy in 1976, where he lived until his death.

He was an accomplished organist, singer and storyteller, entertaining friends and family both at home and at various establishments throughout Greater Boston and the White Mountain Valley in New Hampshire. An avid skier, he was a member of the Bretl-Hupfers Ski Club and later purchased his second home at the Linderhof Country Club in Bartlett,



JOHN F. CONNOR

NH. Mr. Connor was a gentleman, with a generosity of spirit and boundless love for everyone he knew. He will be sorely missed.

He is survived by brother Roger Connor and his wife Marie of Randolph, sister-in-law Nancy (Gurry) Connor of Dedham, loving friend and caregiver Patrick Dwyer and their beloved dog Buster of Quincy. Brother of the late Robert Connor of Dedham, Ann (Connor) Regan of Quincy, and Thomas Connor of Quincy. Also survived by many nieces, nephews, cousins, and countless friends.

Visiting hours are 4 to 8 p.m. Thursday and 10 to 11 a.m. Friday at Dolan Funeral Home, East Milton Square.

A graveside service will be held Friday at 11:45 a.m. in St. Joseph Cemetery, West Roxbury. Those who would like to attend the service may join the funeral procession no later than 10:45 a.m. at the funeral home or 11:30 a.m. at the front gate of the cemetery.

More  
Obituaries  
online at  
[www.  
TheQuincySun.com](http://www.TheQuincySun.com)



**HAMEL-LYDON CHAPEL**  
&  
CREMATION SERVICE OF MASSACHUSETTS  
Pre-Planning • Funerals • Cremations

Proud Recipient of the  
**2020 Best of Quincy  
Funeral Home Award**

Two Consecutive Years (2019 & 2020)  
Quincy Business Hall of Fame

### DIRECTORS

Christopher P. Goulet, Sr. & Michelle A. Lydon

**(617)472-5888**

650 Hancock Street, Quincy, MA 02170 • [HamelLydon.com](http://HamelLydon.com)



## OBITUARIES

## Barbara M. Kennedy

A funeral Mass for Barbara M. (Malley) Kennedy, age 85, of Weymouth will be celebrated Thursday at 9 a.m. in Sacred Heart Church, Weymouth.

Mrs. Kennedy died July 19.

She was born and raised in Quincy and graduated from Quincy High School. She married her husband, Henry, in 1955 and settled in Weymouth where they raised their family and have lived since.

Mrs. Kennedy worked at South Shore Hospital for over 30 years. In her later years, she cherished all her time spent with her friends at the Whipple Center. She also enjoyed bowling and long drives with her husband. Mrs. Kennedy has many fond memories with her family at Myles Standish beach.



BARBARA M. KENNEDY

She was predeceased by her beloved husband Henry Kennedy and daughter Sharon Kennedy. She is survived by her loving children Linda White and her late husband Robert of Weymouth, Susan Kelly and her husband Joseph of Braintree, Barbara Larkin and her late husband Gene of Braintree, Lisa MacLeod and her partner Phil Edgett of Scituate, Steven Kennedy

and his wife Zuly of PA, and Brian Kennedy and his wife Yvonne of Weymouth, and her cherished grandchildren Jaclyn, Jennifer, Paul, Michael, Conor, Emily, Keith, Hannah, Joseph, Ryan, Aidan, Ava, and Lena. She is also survived by thirteen great-grandchildren, one great-great-grandchild, her sisters Charlotte, Sandra, Joanne, and the late Mary Ellen and Carol and many loving nieces and nephews.

Visiting hours were 6 to 7:30 p.m. Wednesday in the C.C. Shepherd Funeral Home, Weymouth. Relatives and friends will gather in the funeral home at 8 a.m. Thursday for a celebration of life service prior to the Mass.

Interment at Mount Wollaston Cemetery.

## Thomas H. Williamson, 95

A memorial service for Thomas Hall Williamson, age 95, was held Wednesday in the First Church of Squantum.

Mr. Williamson died July 13, after a short illness, in Squantum.

He was born and raised in Quincy and graduated from Brown University in 1952. He served in the U.S. Army during World War II. He helped set up a U.S. Post Office on occupied Okinawa with the assistance of fifty Japanese prisoners of war. They worked heartily because he respected his common humanity with them. After peace with Japan was signed, American soldiers had to wait for a ship to take them home. Some GIs asked Mr. Williamson, a corporal, to drill them in marching on parade. He did, helping them exchange boredom for pride.

Following his discharge

from the army, he married Janet Gibson on Sept. 11, 1953. They had one son, Scott. Mr. Williamson became an underwriter for Liberty Mutual. He eventually left a managerial position to work as an independent consultant to small agencies, which was a mentoring role that he found much more satisfying.

Mr. Williamson was called on to serve in leadership roles in the American Legion, the Sea Explorers, and in many positions in the First Church of Squantum. The local clergy appreciated his serving as moderator of the meetings of the Interchurch Council.

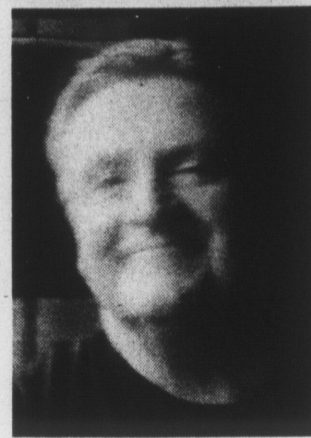
His wife of sixty-five years, Janet, was an accomplished pianist. She played the piano at the First Church of Squantum and at Marina Bay Skilled Nursing Home. The duo enlivened with music the services that the pastor of the First Church led

there. Tom shared Janet's love of music and sang in the church choir as well as in community choruses, and around the house. He played the harmonica. He had a song or poem for every occasion. If it snowed, he might recite Robert Frost's "Stopping by Woods on a Snowy Evening."

Mr. Williamson danced to tunes such as "The Tennessee Waltz" on the radio until a few weeks ago, at the age of 95. He was able to dance with Janet, supporting her in such a way that her handicap was scarcely noticeable. He cared for her night and day, refusing almost all help, for twenty years. Following her death in December 2018, he enjoyed a year and a half of singing, dancing, and talking to everyone he met, until his death last week.

Funeral arrangements were made by Deware Funeral Home, 576 Hancock St., Quincy.

## Brian F.X. Duffy, 65



BRIAN F.X. DUFFY

Brian F. X. Duffy, age 65, of Quincy, died unexpectedly July 8.

Born in Boston, to the late Joseph L. and Louise T. (Lunny) Duffy, he was raised and educated in Stoughton. Mr. Duffy was a graduate of Stoughton High School, Class of 1972. He attended Boston College and the University of Massachusetts Boston, where he would later work. He lived in Quincy for many years, previously in South Boston.

For many years, Mr. Duffy was an employee of the Bank of Boston in the Legal Department. Following that, he worked at the Boston Marriott Long Wharf for the next eighteen years. He was currently retired.

He enjoyed trivia, was an avid reader, and was proud of his Irish heritage. He especially treasured family visits and will be missed by all.

Beloved brother of Joseph L. Duffy and his wife Kathi Connors of Hull, Kevin J. Duffy and wife Laura

Duffy, Jr., M.D. and his wife Elizabeth Knighton, D.V.M. of Philadelphia, PA, Lisa Lee Duffy of Philadelphia, PA, Matthew Lunny Duffy, Esq. and his wife Nicole (Vezina) Duffy of New York City, NY, and Megan Elizabeth Duffy of Seattle, WA.

Brian's best friend and confidant for over thirty years was Mary Fraser of Abington. They belonged to the Quincy Elks together and always had a wonderful time.

He was predeceased by his Aunt Marge and Uncle Raymond Jacobsen, as well as his Godmother, Rosanna Oram, all of whom had a great influence in his life.

He is also survived by many cousins.

In light of current events, funeral services were private. A celebration of Mr. Duffy's life will be held at a later date.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

## Sally E. Murphy, 75



SALLY E. MURPHY

A funeral Mass for Sally E. (Rust) Murphy, age 75, of Quincy was celebrated Wednesday in Holy Trinity Parish, Most Blessed Sacrament Church, Quincy.

Mrs. Murphy died July 17 surrounded by her family and friends.

Raised and educated in Hanson, she was the daughter of the late Harold and Gladys Rust. Mrs. Murphy lived in Quincy since 2005 and had worked as a school bus driver and as a purchasing agent for Wilkinson Mechanical before retiring.

The beloved wife of

Plymouth and Brian Rust of Cape Cod; and is also survived by many nieces and nephews.

Mrs. Murphy loved dancing, fishing and being the life of the party. She could pull off clamming waders or a leopard print ensemble and stiletto heels with equal amounts of flair and grace. There was never a whipped cream dessert she couldn't devour, but don't ask to share. She will forever be remembered for her knack of gift giving, from the poignant to the hilarious. She spread laughter everywhere she went through her storytelling and her larger than life personality. Mrs. Murphy was a member of the Massachusetts Striped Bass Association and attended the Tri-State Tournaments of New England. Her sense of humor and warmth will be missed by all of her friends there.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to the Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

## NOTICES OF PUBLIC HEARING

## NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 11, 2020 @ 5:30 P.M. to consider the application of JIN ZENG for a VARIANCE to construct an enclosed porch on the first floor and a master bedroom addition on the second floor in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered: **122 WILLOW STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board Appeals

Time: August 11, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/93580342279?pwd=eEtWVWkZWdZJb1pXZW1NWkZMRkVUOT09>

Meeting ID: 935 8034 2279

Password: Quincy

Dial by your location

+1 646 558 8656 US

Meeting ID: 935 8034 2279

Password: 440421

Find your local number: <https://zoom.us/j/93580342279?pwd=eEtWVWkZWdZJb1pXZW1NWkZMRkVUOT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

7/23/20, 7/30/20

## NOTICES OF PUBLIC HEARING

## NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, August 11, 2020 @ 5:30 P.M. to consider the application of JIN ZENG for a VARIANCE to construct an addition for more living space in violation of Title 17 as amended Chapter 4.1.1 (dimensional requirements) on the premises numbered: **39 HUDSON STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board Appeals

Time: August 11, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/93580342279?pwd=eEtWVWkZWdZJb1pXZW1NWkZMRkVUOT09>

Meeting ID: 935 8034 2279

Password: Quincy

Dial by your location

+1 646 558 8656 US

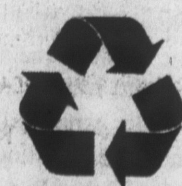
Meeting ID: 935 8034 2279

Password: 440421

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

7/23/20, 7/30/20

PLEASE  
RECYCLE  
THIS  
NEWSPAPER

J  
U  
L2  
32  
0  
2  
0



# 5 Ways Seniors Can Safeguard Against Cyber Criminals Stealing Their Identity

Seniors have been particularly vulnerable in recent years to online scams and telemarketing tricks. Unfortunately, another negative effect of COVID-19 has been scammers targeting seniors and the elderly by developing coronavirus hoaxes that prey on fears of the virus.

The growing problem of identity theft for all age groups makes it vital for consumers to develop a strategy to protect their devices, and those of their loved ones, although no system is perfect, says Chris Orestis, a senior care advocate.

At a minimum, no one should give out their Social Security number to a stranger and should never click a link in an email from an unknown source. But cyberthieves have many ways to steal your identity, invade your computer, or raid your bank account and credit cards. What should you do to protect yourself from these scam artists and criminals?

"First, it's important to understand that identity-theft protection services don't actually stop identity theft," Orestis says. "There is no fool-proof way to stop identity theft from happening; there are just too many different types of valuable information and avenues for cyberthieves to hack them."

The Federal Trade Commission actually prohibits identity-theft services from using the word 'prevention,' and if a company is promoting that as part of their service they should not be trusted. But regardless of any service you might use, no one can be disengaged from protecting their

own identity. It's important to take care of your identity and credit health with smart and regular maintenance, just like you do with your physical health."

Orestis offers a five-step plan to help protect your identity:

Register for fraud alerts. "You want these alerts on credit cards and bank accounts so you can be notified quickly of any suspicious activity on your accounts," Orestis says. "With fraud alerts, data security companies and financial services will text, email or phone you if there is a suspected security breach, or if they detect spending on a card or account that doesn't align with your spending habits or your location."

Review accounts regularly. Vigilance of your identity protection means you should go over your monthly bank and credit card statements and review online account activity weekly. "Immediately notify your bank or credit companies if you detect fraudulent activity," Orestis says. "Either freeze your account or cancel your card. If you believe there could be a problem with your credit, you can place a credit freeze by phone with each credit agency's customer service line."

Monitor your credit reports. Orestis says monitoring credit reports from Experian, Equifax and TransUnion is another way to find discrepancies that may indicate fraud.

Don't leave a paper trail. "It's a good idea to get rid of physical private records and statements that include personal or financial data,"

Orestis says. "Identity thieves get into mailboxes and trash. They can use receipts to piece together your personal data, so it's smart to shred those and avoid any kind of paper trail."

Create strong passwords. Orestis suggests mixing upper and lower-case letters with numbers and symbols, and to avoid using the same password for every account. "Not having a strong password on your smartphone or computer is like leaving your house with the front door wide open,"

Orestis says. "Identity thieves are counting on people to use the same or similar passwords for their electronic devices and financial accounts. Mix up your passwords, and change them whenever you suspect an account has been compromised."

"Identity theft and cyber security are a very real threat in today's internet-connected world," Orestis says. "We all live online and are exposed to a lot of risk if we don't do the right things to protect ourselves."

## PUBLIC NOTICE

### NOTICE OF ACTIVITY AND USE LIMITATION

City of Quincy, Quincy Fire Station  
111 Beale Street, Quincy, Massachusetts  
Release Tracking Number 3-15752

A release of oil and/or hazardous materials has occurred at this location, which is a disposal site as defined by M.G.L. c. 21E § 2 and the Massachusetts Contingency Plan, 310 CMR 40.0000. On July 17, 2020, the City of Quincy recorded with the Norfolk County Registry of Deeds a Notice of Activity and Use Limitation (AUL) on the disposal site, pursuant to 310 CMR 40.1070 through 40.1080.

The Notice of AUL will limit the following site activities and uses on a portion of the disposal site:

- Activities and/or uses which are likely to involve the relocation, removal and/or disturbance of soils located between 22 and 34 feet below the ground surface without prior development of a Soil Management Plan, Light Non-Aqueous Phase Liquid (LNAPL) Management Plan, and a Health and Safety Plan and unless a Licensed Site Professional renders an Opinion which states that such relocation, removal and/or disturbance is consistent with maintaining a condition of No Significant Risk.

Any person interested in obtaining additional information about the Notice of AUL may contact Susan O'Brien, LSP, Woodard & Curran, Inc. by email at sobrien@woodardcurran.com or by telephone at (978) 662-9399.

The Notice of AUL and the disposal site file can be viewed via the following Massachusetts Department of Environmental Protection (MassDEP) website: <https://eeonline.eea.state.ma.us/portal#/l/search/wastesite>, by entering 3-0015752 for the Release Tracking Number (RTN) or at the MassDEP Northeast Regional Office located at 205B Lowell Street, Wilmington, Massachusetts, phone number (978) 694-3200.

7/23/20

## INVITATION TO BID

## INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS  
Department of Public Works &  
Parks, Forestry, and Cemetery Department

Thomas P. Koch  
Mayor

### INVITATION TO BID

The Parks Department for the City of Quincy, Massachusetts is seeking sealed bids for BUTLERS POND DREDGING & STORMWATER TREATMENT until 11:30 A.M. local time Thursday August 6<sup>th</sup>, 2020, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. All bids shall include 1 original hardcopy and 1 thumb drive of all information submitted. All questions are due no later than Friday July 31st @ 12:00 p.m.

The work covered under this Contract generally consists of dredging, dewatering, and disposal of dredge material; and gravel wetland construction at Butler Pond in Quincy, Massachusetts. Bids shall be on a unit price basis as indicated in the Bid Form.

All work under this contract shall be completed by the end of 2020.

Detailed drawings and specification are available on-line at the City of Quincy's website, [www.quincyma.gov](http://www.quincyma.gov) and can also be made available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

A non-mandatory pre-Bid conference will be held at Butler Pond, 38 Merrymount Road, Quincy, MA 02169, on Tuesday, July 28<sup>th</sup>, 2020 at 9:00AM.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch  
Mayor

Kathryn R. Logan  
Purchasing Agent

7/23/20

## LEGAL NOTICE

### LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION  
Docket No. NO20P0500EA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court

Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

Estate of:  
Joan Karen Jones  
Date of Death:  
January 27, 2020

To all interested persons:  
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Jonathan Jones of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Jonathan Jones of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 08/19/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 14, 2020  
PATRICK W. McDERMOTT  
Register of Probate

7/23/20

CITATION ON PETITION FOR FORMAL ADJUDICATION  
Docket No. NO20P1484EA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court

Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

Estate of:  
Ayodele Osayuki Olubojo  
Also known as:  
Del Boje  
Date of Death:  
May 1, 2020

To all interested persons:  
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Adesuwa H. Okundaye of Randolph, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Adesuwa H. Okundaye of Randolph, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 08/05/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: July 3, 2020  
PATRICK W. McDERMOTT  
Register of Probate

7/23/20

steaktips.com



# CLASSIFIEDS

<p><b>SERVICES</b></p> <p>(QUINCY ONLY) Summer Special - Save Up to *50% Off (Labor Only) Senior Discount 10%</p> <p><b>Pratt &amp; Son, Inc.</b></p> <p>Roofing, Siding, Windows, Doors &amp; More!</p> <p>PRATTANDSON.COM</p> <p>Steven L. Pratt President</p> <p>Cell: 508.857.9307 Office: 781.326.4144</p> <p>CSL #033706 HIC #100046</p>	<p><b>SERVICES</b></p> <p><b>KERRY CONSTRUCTION INC.</b></p> <p>CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS &amp; DOORS SHINGLE &amp; RUBBER ROOFS</p> <p>FULLY INSURED &amp; LICENSED</p> <p><b>JIM AT 617-825-0592</b></p>	<p><b>SERVICES</b></p> <p><b>IMAGE LANDSCAPING</b></p> <p>We are committed to your property.</p> <p>QUALITY WORKMANSHIP FOR ALL YOUR LANDSCAPING NEEDS</p> <p><b>We Clean it, Trim it, Remove it!</b></p> <p><b>617-471-0044</b></p>	<p><b>SERVICES</b></p> <p><b>T &amp; M Landscape</b></p> <ul style="list-style-type: none"> <li>• Spring &amp; Fall Cleanups</li> <li>• Power Washing</li> <li>• Lawn Mowing Services</li> <li>• Yard Mulching</li> <li>• Bushes &amp; Trees Trimmed</li> </ul> <p>Free Estimates</p> <p><b>617-733-4554</b></p> <p>~ AFFORDABLE RATES ~</p>			
<p><b>DERRICKS PAINTING</b></p> <p>When Quality Counts</p> <p>Interior/Exterior Home Repairs Gutter Cleaning</p> <p>References Available</p> <p><b>617-851-1688</b></p> <p>Licensed/Insured</p>	<p><b>SERVICES</b></p> <p><b>GENERAL CONTRACTING</b></p> <ul style="list-style-type: none"> <li>• Carpentry • Roofing</li> <li>• Siding • Windows</li> <li>• Painting • Bathrooms</li> </ul> <p>Also, Handyman Jobs</p> <p>- Great References -</p> <p>Call <b>617.980.6558</b></p>	<p><b>SERVICES</b></p> <p><b>FOR HIRE</b></p> <p>Garages, Decks Torn Down Rubbish Piles Moorings Moved</p> <p>OR ME WITH DUMP &amp; LIFTGATE OR 18FT BOX TRUCK</p> <p><b>\$75/HR.</b></p> <p>"Your Trash is my Ca\$h"</p> <p><b>(617)479-5410</b></p>	<p><b>SERVICES</b></p> <p><b>Jim Riley</b></p> <p><b>Riley Construction</b></p> <p>Commercial &amp; Residential Roofing All Phases Windows and Gutters</p> <p>Quincy, MA 02169 (617) 472-3335 rileyconstruction@live.com</p> <p>Licensed &amp; Fully Insured Mass Reg #138824 Free Estimates</p>			
<p><b>ACE WATERPROOFING INC.</b></p> <p>All Construction Exteriors 35 YEARS EXPERIENCE</p> <p>Licensed and Insured</p> <p>acewpinc@yahoo.com</p> <p>Masonry Waterproofing Roofs Call Jim Healy 617-230-4156</p>	<p><b>Costa painting</b></p> <p>interior &amp; exterior</p> <p>Quality begins here!</p> <p>FULLY INSURED</p> <p>857-505-6872 • 857-880-9125</p> <p>dcpainting03@gmail.com</p>	<p><b>SERVICES</b></p> <p><b>DG'S YARD MAINTENANCE</b></p> <ul style="list-style-type: none"> <li>• LAWN MOWING</li> <li>• Mulching, Weeding &amp; Edging</li> <li>• Small Tree Removal</li> <li>• Hedge &amp; Shrub</li> <li>• Overseeding/Sod</li> <li>• Trimming or Removal</li> <li>• FULLY INSURED</li> <li>• Rototilling &amp; Dethatching</li> </ul> <p>Serious about Service... Reasonable Rates</p> <p><b>CLEAN-UPS</b></p> <p>617-786-9558...FREE ESTIMATES</p>	<p><b>J.F. ROOFING Co.</b></p> <p>QUINCY, MA</p> <ul style="list-style-type: none"> <li>• Shingles</li> <li>• Rubber</li> <li>• Slate</li> <li>• Copper</li> <li>• Vinyl Replacement Windows</li> </ul> <p><b>617-471-8216</b></p> <p>CREDIT CARDS ACCEPTED</p> <p><b>WE PAY CASH FOR HOUSES, CONDOS OR LAND</b></p> <p>Any Condition, Any Area, Any Issue</p> <p><b>NO REALTOR COMMISSIONS</b></p> <p><b>QUICK CLOSING</b></p> <p>CALL OR TEXT ANYTIME <b>(617) 249-3961</b></p>			
<p><b>M&amp;M SALVAGE</b></p> <ul style="list-style-type: none"> <li>- CLEANOUTS</li> <li>- CASH FOR CARS</li> <li>- FREE SCRAP REMOVAL</li> </ul> <p><b>617-842-8205</b></p>	<p><b>JOHNNY'S PAINTING &amp; DRYWALL</b></p> <p><b>617-549-7539</b></p>	<p><b>WIGS</b></p> <p>Patricia &amp; Company</p> <p>Quality &amp; Affordable</p> <p>Call for an appointment</p> <p>Weymouth</p> <p><b>781-335-4700</b></p>	<p><b>The Quincy Sun</b></p> <p><b>CLASSIFIED AD FORM</b></p> <p>MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169</p> <p>PAYABLE IN ADVANCE. Payment must accompany order.</p> <table border="0"> <tr> <td> <p><b>INDEX</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Services</li> <li><input type="checkbox"/> For Sale</li> <li><input type="checkbox"/> Autos</li> <li><input type="checkbox"/> Boats</li> <li><input type="checkbox"/> For Rent</li> <li><input type="checkbox"/> Wanted</li> <li><input type="checkbox"/> Help Wanted</li> <li><input type="checkbox"/> Work Wanted</li> <li><input type="checkbox"/> Pets</li> <li><input type="checkbox"/> Lost &amp; Found</li> <li><input type="checkbox"/> Real Estate</li> <li><input type="checkbox"/> Antiques</li> <li><input type="checkbox"/> Flea Markets</li> <li><input type="checkbox"/> Yard Sales</li> <li><input type="checkbox"/> Instruction</li> <li><input type="checkbox"/> Day Care</li> <li><input type="checkbox"/> Personal</li> <li><input type="checkbox"/> Miscellaneous</li> </ul> </td> <td> <p><b>RATES</b></p> <p><b>1 WEEK</b></p> <p><b>2-4 WEEKS</b></p> <p><b>5-10 WEEKS</b></p> <p><b>11 WEEKS OR MORE</b></p> </td> <td> <ul style="list-style-type: none"> <li><input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.</li> <li><input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.</li> <li><input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.</li> <li><input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.</li> </ul> </td> </tr> </table> <p>Enclosed is \$ _____ for the following ad to run _____ weeks in <b>The Quincy Sun.</b></p> <p>COPY: _____</p> <p>NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.</p>	<p><b>INDEX</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Services</li> <li><input type="checkbox"/> For Sale</li> <li><input type="checkbox"/> Autos</li> <li><input type="checkbox"/> Boats</li> <li><input type="checkbox"/> For Rent</li> <li><input type="checkbox"/> Wanted</li> <li><input type="checkbox"/> Help Wanted</li> <li><input type="checkbox"/> Work Wanted</li> <li><input type="checkbox"/> Pets</li> <li><input type="checkbox"/> Lost &amp; Found</li> <li><input type="checkbox"/> Real Estate</li> <li><input type="checkbox"/> Antiques</li> <li><input type="checkbox"/> Flea Markets</li> <li><input type="checkbox"/> Yard Sales</li> <li><input type="checkbox"/> Instruction</li> <li><input type="checkbox"/> Day Care</li> <li><input type="checkbox"/> Personal</li> <li><input type="checkbox"/> Miscellaneous</li> </ul>	<p><b>RATES</b></p> <p><b>1 WEEK</b></p> <p><b>2-4 WEEKS</b></p> <p><b>5-10 WEEKS</b></p> <p><b>11 WEEKS OR MORE</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.</li> <li><input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.</li> <li><input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.</li> <li><input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.</li> </ul>
<p><b>INDEX</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Services</li> <li><input type="checkbox"/> For Sale</li> <li><input type="checkbox"/> Autos</li> <li><input type="checkbox"/> Boats</li> <li><input type="checkbox"/> For Rent</li> <li><input type="checkbox"/> Wanted</li> <li><input type="checkbox"/> Help Wanted</li> <li><input type="checkbox"/> Work Wanted</li> <li><input type="checkbox"/> Pets</li> <li><input type="checkbox"/> Lost &amp; Found</li> <li><input type="checkbox"/> Real Estate</li> <li><input type="checkbox"/> Antiques</li> <li><input type="checkbox"/> Flea Markets</li> <li><input type="checkbox"/> Yard Sales</li> <li><input type="checkbox"/> Instruction</li> <li><input type="checkbox"/> Day Care</li> <li><input type="checkbox"/> Personal</li> <li><input type="checkbox"/> Miscellaneous</li> </ul>	<p><b>RATES</b></p> <p><b>1 WEEK</b></p> <p><b>2-4 WEEKS</b></p> <p><b>5-10 WEEKS</b></p> <p><b>11 WEEKS OR MORE</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.</li> <li><input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.</li> <li><input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.</li> <li><input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.</li> </ul>				

**Want to pick up a copy of The Quincy Sun?**  
Here are stores in Quincy that sell it on their newsstands:

<p><b>GOODIE'S STORE</b> 1250 Hancock St., Presidents Place</p> <p><b>NEW STORE ON THE BLOCK</b> 1183 Hancock St., Quincy Ctr. T Station</p> <p><b>HANCOCK MARKET</b> 5 Cottage Ave.</p> <p><b>MIGNOSA'S FRUIT BASKET</b> 138 Granite St.</p> <p><b>STAR MARKET</b> 130 Granite St.</p> <p><b>WALGREENS</b> 132 Granite St.</p> <p><b>HANCOCK PARK LOBBY SHOP</b> 164 Parkway</p> <p><b>FRANKLIN ST. BP</b> 60 Franklin St.</p> <p><b>7-11</b> 78 Franklin St.</p> <p><b>SHOP N SAVE LIQUORS</b> 20 Independence Ave.</p> <p><b>DONUT + DONUTS + MUFFINS</b> 33 Scammell St.</p> <p><b>PRESIDENTIAL LIQUORS</b> 25 Scammell St.</p> <p><b>ADAMS VARIETY</b> 22 Independence Ave.</p> <p><b>DAILY MART</b> 291 Quincy Ave.</p> <p><b>ROCHE BROTHERS</b> The Falls</p> <p><b>WALGREENS</b> 418 Quincy Ave.</p> <p><b>WALGREENS</b> 550 Adams St.</p>	<p><b>ARTERY GROCERY</b> 1000 Southern Artery</p> <p><b>7-11</b> 495 Washington St.</p> <p><b>DAIRY FARM</b> 330 Washington St.</p> <p><b>7-11</b> 230 Washington St.</p> <p><b>STOP &amp; SHOP</b> Southern Artery</p> <p><b>CVS</b> Southern Artery</p> <p><b>7-11</b> 650 Adams St.</p> <p><b>7-11</b> 678 Adams St.</p> <p><b>VILLAGE COMM. MARKET</b> 100 Willard St.</p> <p><b>COPELAND LIQUORS</b> 273 Copeland St.</p> <p><b>GRANITE MART</b> 308 Willard St.</p> <p><b>7-11</b> Copeland St.</p> <p><b>JOE'S PLACE</b> 260 Centre St.</p> <p><b>CORNER FOOD MARKET</b> 1060 Hancock St.</p> <p><b>200 FOOD MART</b> 200 Sea St.</p> <p><b>ADAMS SHORE SUPERMARKET</b> 494 Sea St.</p> <p><b>PALMER STREET MARKET</b> 231 Palmer St.</p> <p><b>BERNIE'S GENERAL STORE</b> 1147 Sea St.</p> <p><b>WEST ELM VARIETY</b> 139 W. Elm Ave.</p>	<p><b>7-11</b> 721 Hancock St.</p> <p><b>BEALE ST. NEWS AND TOBACCO</b> 17 Beale St.</p> <p><b>CVS</b> 42 Beale St.</p> <p><b>COFFEE BREAK CAFE</b> 12 Old Colony Ave.</p> <p><b>SUPREME LIQUORS</b> 615 Hancock St.</p> <p><b>MULLANEY'S VARIETY</b> 205 W. Squantum St.</p> <p><b>STOP &amp; SHOP</b> 65 Newport Ave.</p> <p><b>7-11</b> 363 Hancock St.</p> <p><b>WALGREENS</b> 324 Hancock St.</p> <p><b>SAM'S VARIETY</b> 125 Billings Rd.</p> <p><b>LUCKY'S WINE &amp; LIQUOR</b> 66 Newbury Ave.</p> <p><b>ATLANTIC MARKET &amp; LIQUORS</b> 247 Atlantic Ave.</p> <p><b>CARMINE'S CAFE</b> 69 Huckins Ave.</p> <p><b>7-11</b> 751 E. Squantum St.</p> <p><b>LUCKY SHAMROCK</b> 265 Beale St.</p> <p><b>ANDRE'S STORE</b> 20 Brook St.</p> <p><b>EVEREST MARKET</b> 121 Standish Ave.</p> <p><b>QUINCY MARKET</b> 33 Washington St.</p> <p><b>5 CORNER FOOD MART</b> 163 Newbury Ave.</p>
--	---	--

**HALLS FOR RENT**

**MORRISETTE LEGION POST**  
81-83 Liberty St., Quincy  
Function Hall Available  
Call for Details 617-770-4876  
Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings

**PERSONAL**

**THANK YOU**  
ST. JUDE, BLESSED MOTHER,  
ST. ANTHONY, ST. JOSEPH,  
ST. PEREGRINE,  
ST. THERESA

**J.D.**

**Happy Birthday**  
July 22  
Kyle Tapper  
We Love You

**Welcome to this crazy world Caroline!**  
We love you!  
Love, Morai and Pop

**FOR RENT**

**Beautiful, Freshly Painted 2 Car Garage for Rent in Marina Bay**  
One or Both Spots Available!  
Call 617-448-9984

**HELP WANTED**

**Experienced Waitstaff**  
evenings, apply within  
Cronin's Pub House  
23 Des Moines Road  
617-786-9804

**The Quincy Sun**

**CLASSIFIED AD FORM**

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET,  
QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

<p><b>INDEX</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Services</li> <li><input type="checkbox"/> For Sale</li> <li><input type="checkbox"/> Autos</li> <li><input type="checkbox"/> Boats</li> <li><input type="checkbox"/> For Rent</li> <li><input type="checkbox"/> Wanted</li> <li><input type="checkbox"/> Help Wanted</li> <li><input type="checkbox"/> Work Wanted</li> <li><input type="checkbox"/> Pets</li> <li><input type="checkbox"/> Lost &amp; Found</li> <li><input type="checkbox"/> Real Estate</li> <li><input type="checkbox"/> Antiques</li> <li><input type="checkbox"/> Flea Markets</li> <li><input type="checkbox"/> Yard Sales</li> <li><input type="checkbox"/> Instruction</li> <li><input type="checkbox"/> Day Care</li> <li><input type="checkbox"/> Personal</li> <li><input type="checkbox"/> Miscellaneous</li> </ul>	<p><b>RATES</b></p> <p><b>1 WEEK</b></p> <p><b>2-4 WEEKS</b></p> <p><b>5-10 WEEKS</b></p> <p><b>11 WEEKS OR MORE</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.</li> <li><input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.</li> <li><input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.</li> <li><input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.</li> </ul>
---	--	---

Enclosed is \$ \_\_\_\_\_ for the following ad to run \_\_\_\_\_ weeks in **The Quincy Sun.**

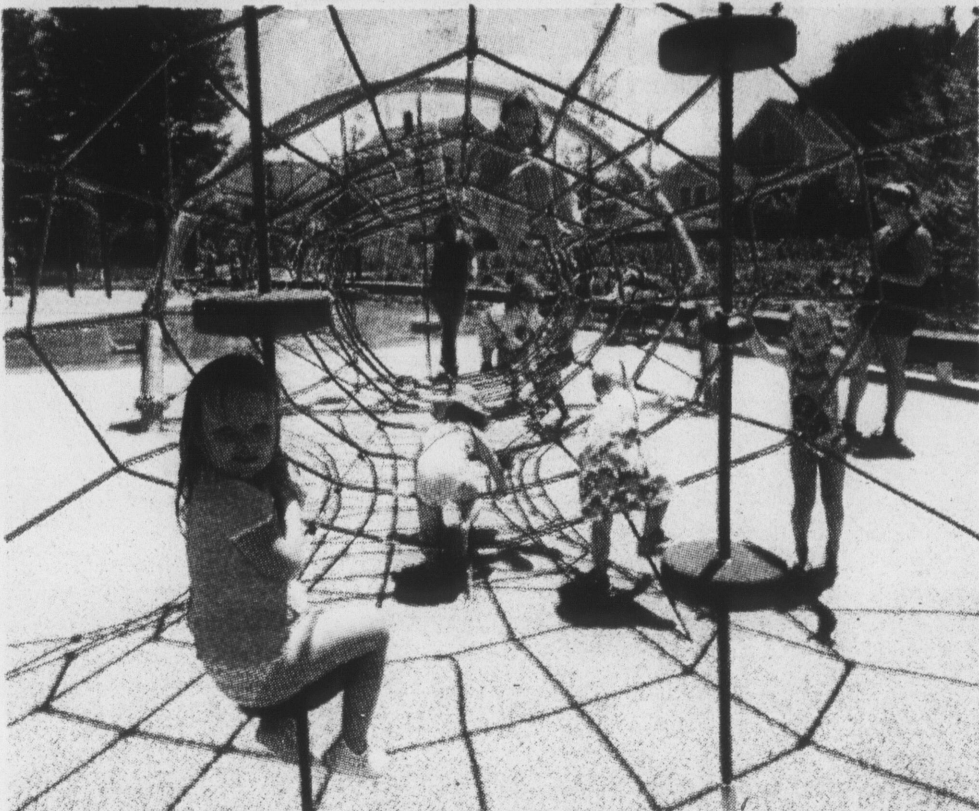
COPY: \_\_\_\_\_

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

J  
U  
L  
  
2  
3  
  
2  
0  
2  
0



# New Kincaide Park Opens After \$6.1 Million Renovation



**YOUNGSTERS CLAMOR** on the new playground equipment at the recently opened and renovated Kincaide Park in Southwest Quincy. *Quincy Sun photos/Tom Gorman*



**A PICKUP BASKETBALL** game is enjoyed on the new basketball courts at Kincaide Park.



**BASKETBALL COURTS** are featured at the new Kincaide Park.



**A TREE-LINED** walkway provides the entrance to the newly refurbished Kincaide Park on Roberts Street.



**A RUNNING TRACK** is a new feature at Kincaide Park.



**THE NEW SYNTHETIC** turf soccer field highlights the refurbished Kincaide Park.



**CHILDREN ENJOY** the new playground at the refurbished Kincaide Park in West Quincy.

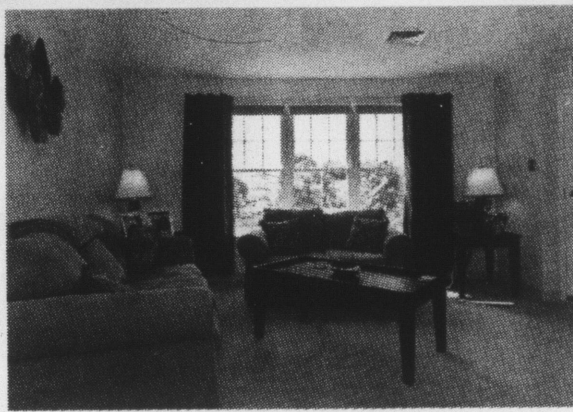


**YOUNGSTERS COOL OFF** at Kincaide Park as they run through the splash pad.



# AWARD WINNING 55+ COMMUNITY

## THE MOORINGS AT SQUANTUM GARDENS



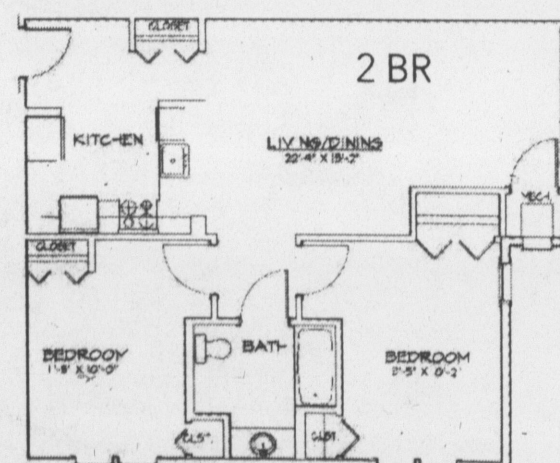
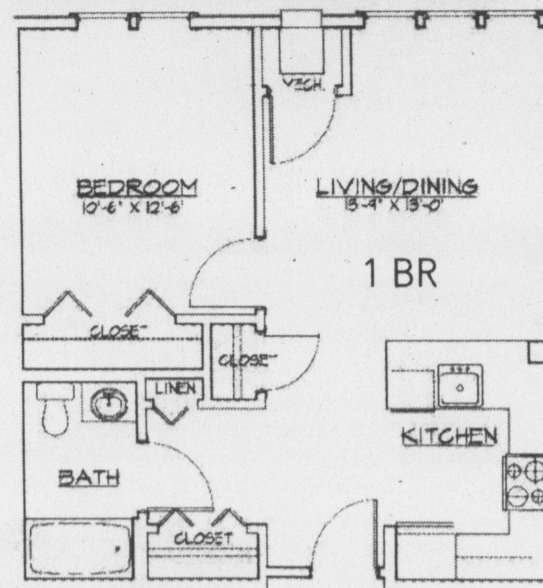
WELCOME HOME TO THE MOORINGS AT SQUANTUM GARDENS  
**EXPLORE THE POSSIBILITIES**

Independent and maintenance-free 55+ living apartment community with panoramic views of the Boston skyline and Quincy Bay.

### COMMUNITY HIGHLIGHTS

- Heat, hot water, and gas cooking included
- Central heating & cooling
- Green initiatives and eco-friendly touches; single stream recycling
- Vibrant community gathering spaces and caterer's kitchen
- Reading room with fireplace
- High-impact fitness center
- Laundry care suite on each floor
- Parking on-site
- Spectacular city scape and water views (select apartments)
- Lush manicured grounds, walking paths and centrally located gazebo
- 24-hour emergency maintenance
- Close by public transportation, major highways, recreational amenities, shopping, dining and medical centers
- Award-winning Community Of Quality and #1 Choice for Quincy - Retirement Living Residence - Reader's Choice Award

### SAMPLE FLOOR PLANS



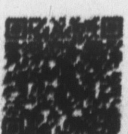
### Contact Us Today!



420 East Squantum St.  
Quincy, MA  
617.328.0586  
PeabodyProperties.com

### RENTS & INCOME LIMITS\*

Type	Rent	HH	Income Limit
1BR	\$1,350	1	\$53,760
2BR	\$1,600	2	\$61,440
		3	\$69,120
		4	\$76,740



How to scan QR code: On your phone, open the camera. Hold your device so that the QR code appears in the viewfinder in the camera app. Your device will recognize the QR code and you will be able to open the website.

A PEABODY PROPERTIES COMMUNITY

\*Income guidelines apply. Rents, Income limits & utility allowances based on HUD guidelines. Square footages are approximate and may vary slightly. Photos and images may vary from actual apartments. Pricing, availability and information contained herein subject to change without notice. For more info, language assistance, or reasonable accommodations for persons with disabilities, please call or email.



J  
U  
L

3  
0

2  
0  
2  
0